



Pictured: Jane Grant, Chief Executive, NHSGGC, Doris Williamson, Health Improvement Lead (Prisons), Claire Murphy, Health Improvement Senior (Prisons), Donna Lang, Health Improvement Senior (Tobacco), Fiona Dunlop, Health Improvement Lead (Tobacco), Cathy Williamson, Health Improvement Practitioner (Tobacco), Linda de Caestecker, Director of Public Health, NHSGGC.

Welcome

Welcome to the December 2019 Newsletter. This month we recognise the achievements of staff at the NHSGGC Celebrating Success Awards. In the Public Health Local Staff Award category, the Prison Smokefree Services Team, hosted by Glasgow City HSCP, received the Celebrating Success Local Staff Award (pictured above).

We also look at the range of activities to increase awareness of dementia and other supports for mental health.

For all the news remember to look at the Partnership's [website](http://www.glasgowcity.hscp.scot) and follow us on Twitter [@GCHSCP](https://twitter.com/GCHSCP).



www.glasgowcity.hscp.scot



[@GCHSCP](https://twitter.com/GCHSCP)

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Chief Officer's Message



Susanne Millar, Interim Chief Officer

Welcome to the December edition of Glasgow City Health and Social Care Partnership's newsletter – the final edition for 2019.

As ever, the newsletter is full of articles that showcase the work of our Partnership. I hope you've enjoyed reading the newsletter over the past year, and you would agree it's a valuable opportunity for us to keep you up-to-date with what's happening.

Over last few months, we've been busy working with Locality Engagement Forum/Network Members, staff, IJB Members and partners among others to get feedback on and finalise our draft Locality Plans 2019 – 22 for each of our Partnership's three localities – North East, North West and South.

The Locality Plans show how our Strategic Plan 2019 – 22 is being implemented locally and are updated each year to reflect feedback from stakeholders, ensuring services reflect local health and social care priorities and needs of communities. The final Plans will be considered at our Integration Joint Board's next meeting at the end of January 2020.

In this edition of the newsletter you can read more about our recent success at NHS Greater Glasgow and Clyde's Celebrating Success Platinum Staff Awards.

The newsletter also features the recent 8th Annual Care Leavers Open Day held during National Care Leavers Week, which celebrated individual and collective achievements of the incredible talents of Glasgow's Care Leavers.

Among many stories we have a focus on a range of activities to support mental health, which includes support for young people and new parents.

We also feature our new social media campaign, #spotlightondementia, using our Partnership's twitter account [@GCHSCP](https://twitter.com/GCHSCP). The campaign runs until 24 December. It reminds people to look out for changes in the health of older relatives when visiting at Christmas and features an animation 'Nancy and Joe - A Christmas Story'.

Finally, I would like to take this opportunity to wish everyone a Merry Christmas and Happy New Year. To our staff I hope that whatever you're doing over the festive period that you enjoy your break, and to the people we work with and support, I offer my best regards for the festive period. I continue to look forward to working with you in 2020.

Partnership Staff Recognised at NHSGGC Awards



Pictured: Susanne Millar, Interim Chief Officer with Chara Centre staff, Liz McDermid, Tricia Green, Geraldine Lynch and Debbie Graham and Jane Grant, Chief Executive, NHSGGC.

NHS Greater Glasgow and Clyde (NHSGGC) Celebrating Success Staff Awards were held on 4 November. The event showcases exceptional contributions to patient care. Glasgow City HSCP staff were recognised in several categories.

The Chara Centre received the Celebrating Success Local Staff Award for Glasgow City HSCP for their work with women experiencing homelessness.

In the Public Health Local Staff Award category, the Smokefree Services Team working with the Scottish Prison Service received the Celebrating Success Local Staff Award. The team is hosted by Glasgow City HSCP.

Since 30 November 2018 over 800 people have contacted the service requesting support not only to manage being smoke free but in some cases to stop using e-cigarettes and be nicotine free for leaving prison.

The NHSGGC Chairman's Awards were also awarded to staff at the event. This year the NHSGGC Chairman's Awards reflect the key aims of the organisation, renaming the categories to: Better Care, Better Health, Better Value and Better Workplace.

Glasgow City HSCP's Planning Manager (Older People's Services and South Locality) Alan Gilmour received a Silver Award in the Better Care category. This award commends staff who have contributed to better patient care.

Alan is responsible for the development and introduction of the Red Bag Scheme, which ensures care home residents' possessions and important documents are kept together when admitted to hospital and stay with them for the duration of their stay.

Partnership Staff Recognised at NHSGGC Awards

The NHSGGC Mental Health Improvement Team, hosted by Glasgow City HSCP, was awarded a Silver Award in the Better Health category. This award commends staff who have implemented an initiative to improve the health and wellbeing of patients, the public and/or staff.

The team developed 'Healthy Minds' – a suite of mental health and wellbeing awareness resources that are adaptable, simple and effective. The resource is available online and as a hard copy, and awareness raising sessions have been held across a wide range of staff groups.

Jane Grant, Chief Executive, NHSGGC said: "It is pleasing that this event recognises staff from across NHSGGC with each Directorate and HSCP represented. I am proud to be presenting the awards tonight to the overall winners but each nominee should also be congratulated for their success."

Susanne Millar, Interim Chief Officer, Glasgow City HSCP also attended the event. She said: "I was delighted that our staff were recognised in these categories. All of those nominated are winners and should be hugely proud of their achievements and contribution to delivering high quality health and social care services for the people of Glasgow."



Pictured: Jane Grant, Chief Executive, NHSGGC, Doris Williamson, Health Improvement Lead (Prisons), Claire Murphy, Health Improvement Senior (Prisons), Donna Lang, Health Improvement Senior (Tobacco), Fiona Dunlop, Health Improvement Lead (Tobacco), Cathy Williamson, Health Improvement Practitioner (Tobacco), Linda de Caestecker, Director of Public Health, NHSGGC.

New Woodside Health and Care Centre Officially Opened

On 18 November, Jeane Freeman MSP, Cabinet Secretary for Health and Sport visited Glasgow to officially open the new Woodside Health and Care Centre.

The new Centre opened to the public on 1 July at a cost of just over £20 million. It was delivered as a partnership with the Glasgow City HSCP, NHS Greater Glasgow and Clyde, Glasgow City Council and Hub West Scotland, and it was built by our construction partner Morgan Sindall.



Pictured: The new Woodside Health and Care Centre.

This new Centre will transform the standard of accommodation for patients, service users, visitors and staff. The mix of different services within the new Centre will provide a greater opportunity for more integrated working practices across services.

A broad range of services are now provided from the new facility, including eight GP practices, children's services, district nursing, health visiting, alcohol and drug recovery services, a day care centre for older people and a dental practice, as well as physiotherapy, podiatry and a number of other visiting services. Sexual health services will also be provided there, from early in the new year.

The local community has been involved throughout the process, from input to the process to select a preferred location for the Centre, through to representation on the Project Board and input to the design process and arts strategy.

Susanne Millar, Interim Chief Officer, Glasgow City HSCP said: "Glasgow City HSCP fully recognises the importance of investing in primary care and community services – helping to prevent ill-health wherever possible and maximise the opportunity for people to live healthy, independent lives in the community. The new Health and Care Centre, and more importantly the staff and services within it, will play a vital role in helping the HSCP to deliver on those aspirations.

"In the last few years we have seen the opening of new health and care centres at Possilpark, Maryhill and Gorbals – the Woodside Health and Care Centre represents the latest investment in our health and care services. This project, along with those others, is central to our commitment to deliver the highest quality, person-centred care as possible for local communities."

Project Search Hosts a Musical Meet and Greet

Project SEARCH hosted a marvellous meet and greet afternoon at the University of Strathclyde on 22 November that unexpectedly turned musical.

The event encouraged family, friends and staff to come together and have a cuppa to talk about the incredible progress that this year's Project SEARCH interns have achieved so far.



Pictured: Project Search event.

Project SEARCH is a one-year transition programme that provides employability training, education and opportunities for young people on the autistic spectrum or with learning disabilities. The Glasgow programme is enjoying major success, with more than 30 of its interns going on to paid employment. This contrasts with figures from the national Project SEARCH UK, which show that 75% of young people with a learning disability want to work, but just 6% are in paid employment.

What made this year's meet and greet stand out was the surprising singing performance of the song 'Memory' from the musical 'Cats' performed by one of the interns, accompanied by violin played by a member of staff from Autism Network Scotland, one of the partners at Project SEARCH. The duo received a standing ovation for their impressive performance by all attending and made this meet and greet one to remember.

This year Project SEARCH took on nine interns to take part in three 10-week placements, to help them gain valuable work experience. Gary, Project SEARCH Intern, is currently working as a Conference and Events Assistant. Gary said: "This placement has given me hands-on challenges that give me more of a chance to grow as an individual. Project SEARCH is a brilliant chance to find yourself and I think I've grown in my maturity."

Angie Black, Service Manager for Glasgow City HSCP's Supported Employment Service, said: "This event was incredible. It was great to see everyone mix together and have a good time. Our interns are doing fantastically well and we are very proud to see all the progress they've made since joining this programme. We are looking forward to watching continued progress in the next internships which start before Christmas."

Find out more about Project SEARCH at <https://www.dfnprojectsearch.org/>

Find out more about the Glasgow Supported Employment Service at <https://www.glasgow.gov.uk/supportedemployment>

Young People Promote Child and Youth Mental Health

On 25 November, the North East Health Improvement Team held their annual 'Bitesize' event. The event used short one-hour workshops to raise awareness of child and youth mental health. The event was open to anyone working or volunteering with children and young people.

This year's event was very unique as it was the first time that the workshops were designed and delivered by young people. Five workshops took place across the morning with 49 people in attendance.



Pictured: Young people at the event.

The workshops were based around the six key elements of the NHS Greater Glasgow and Clyde (NHSGGC) children and young people's early intervention mental health improvement framework, which includes the importance of promoting a trusted, supportive 'One Good Adult' in a young person's life and providing resources, skills and confidence to build resilience in our schools and communities.

The workshops were delivered by young people from St Mungo's Academy, MCR Pathways, Bannerman High School, YoMo and Scottish Sports Future.

A graphic facilitator drew images showing the impact that the workshops had on participants, and there was a further evaluation for the young people in their role as facilitators.

Kenna Campbell, Health Improvement Senior said: "Young people confidently presented information and spoke of their own experiences and the impact these experiences can have on their mental health. Today they have helped break down barriers around stigma and discrimination by speaking openly and positively about mental health."



Pictured: Images drawn by graphic facilitator.

Supporting New Parents - Perinatal Mental Health

Becoming a parent is often portrayed as a joyous time; however, for many the reality is very different with reports showing that one in five women and one in 10 men are affected by mental health problems during pregnancy and the first year after birth. The stigma and fear associated with perinatal mental health can leave those affected feeling inadequate as a parent, isolated and vulnerable and can impede or delay getting help, treatment and recovery.

The NHS Greater Glasgow and Clyde (GGC) Perinatal Mental Health Network is a multi-disciplinary group working collaboratively to plan and deliver on the perinatal mental health agenda.

Michelle Guthrie, Health Improvement Senior (Mental Health) who chairs the group says: “The network is made up of a range of partners from across Greater Glasgow and Clyde (GGC) including Health Improvement, Family Nurse Partnership, Nurse Consultant and a host of third sector organisations, all in contact with new and expectant parents. Our ethos is very much about sharing practice, research and evidence and identifying gaps in support and provisions across GGC and how we can work together to address these.

“The network has developed a prevention and early intervention guide to support staff to have conversations with parents about their mental health during the perinatal period and signpost to supports appropriate to their needs to avert a mental health crisis from developing.”

If you would like to find out more about the guide and how to access copies please contact michelle.guthrie@ggc.scot.nhs.uk



Pictured: The new resource.

Consultation on Glasgow's Children's Services Plan

The Children and Young People Act (Scotland) 2014 established a duty on local authorities and health boards to produce Integrated Children's Services Plans.

The GCVS Everyone's Children project and the Third Sector Citywide Forum are now working in partnership with the Glasgow City Health and Social Care Partnership (HSCP) to produce the next plan, which is due to be submitted by the end of March 2020.

The HSCP want to consult widely with voluntary and community organisations who provide services to children, young people and families and organisations representing children and young people, to get their views about the priorities for this Plan.

We are hosting an event on 20th January 2020 to provide an opportunity for people to take part and express their views. You can register to attend [here](#). You can also submit your views via the online survey [here](#).

MCR Pathways: Help a Young Person Succeed

Mentoring programme MCR Pathways is hoping to reach even more young people in 2020 and it is easy to get involved. The MCR team recruit and train volunteer mentors who are matched with a young person based on personality, interests and experiences. Mentors meet with their young person in school for just one hour a week and provide a compassionate, listening ear.



Pictured: Bryan and Giulio.

Bryan's Story

Each young person in MCR's Young Scottish Talent programme has unique challenges to overcome, but each is matched specifically with a mentor who

can help them succeed. Bryan had a difficult home life, often struggling with his parents and shying away from new relationships. Before he met his mentor, Giulio, in S3 Bryan said: "I was a wee bit quiet, never really had any pals and just walked about, did my school work and never really went with people, just stuck to myself."

They met each week, and over four years Bryan and Giulio established a strong, trusting relationship that helped Bryan come out of his shell and feel more confident.

Bryan continued: "I've always known what I wanted to do, but he just gave me the push that I needed, even when I'm feeling like 'I can't do this'. He's just been there as a support and kept me going. The things I'm going to be taking on for my next steps is the confidence boost it's given me in letting me know that I can do whatever I want to do - and that is down to me as well. And just to let me know that I'm not alone again and that you don't have to struggle by yourself."

Bryan has since left school and is studying at college in Glasgow.

Become a Mentor

MCR Pathways is supporting 1,000 young people each week through mentoring in Glasgow and hopes to reach another 250 with the help of Glaswegians like you. Our mentors come from all walks of life, but what they share in common is their desire to help young people find, grow and use their talents.

Sign up today at <http://mcrpathways.org/get-involved/>

Hear why Children's Worker, Marie Clarke and Kim Duncan, retired Principal Officer in Glasgow City HSCP got involved in mentoring and would encourage others to sign up in this short film [Marie & Kim GCHSCP](#).

Scotland's First Heroin Assisted Treatment Unveiled

Scotland's first addictions service treating patients with pharmaceutical grade heroin has been unveiled in Glasgow.

The pioneering Enhanced Drug Treatment Service (EDTS) will treat patients with the most severe, long-standing and complex addictions issues.

The EDTS will focus on people whose addictions impact most severely on their own health, as well as on their communities, public services and the city centre.



Pictured: The new service.

It is aimed at people whose addiction persists, even after they have received conventional treatment and care services, which can include methadone, support from community addictions services and residential rehabilitation.

Glasgow City HSCP's new service aims to help save lives by reducing the risk of overdoses and the spread of blood borne viruses such as HIV. It will also help reduce public injecting by those receiving this treatment.

The new £1.2million facility is licensed by the Home Office and based in Glasgow's city centre alongside existing homelessness health services. Patients will not only receive treatment for their physical health, including any infections, wounds or abscesses, there will also be a holistic assessment of their social, legal and psychological needs. They will then be helped to access other Glasgow City HSCP services to tackle any other problems highlighted.

The new service will operate between 9am and 5pm daily, and it will be delivered by a specialist multi-disciplinary team, supported by other health and social care services.

Independent evaluation will be carried out on the pilot project, which is expected to treat up to 20 patients in its first year and up to 40 patients in year two.

Patients must be totally committed to the treatment and will have to attend the centre twice a day, seven days a week. Injectable opiate (or heroin assisted) treatment will only be available to patients who are already involved with Glasgow's Homeless Addiction Team. People's suitability for the treatment will be assessed and those who meet the criteria will receive a prescription for pharmaceutical grade diamorphine injections.

The diamorphine must be injected in a secure clinical room under the strict supervision of, and observed by, trained nursing staff. Doses will never be dispensed for use elsewhere and patients will be continually monitored.

Continued on next page

Scotland's First Heroin Assisted Treatment Unveiled

Evidence from similar services in Vancouver and Zurich indicate that once stabilised, patients will gradually progress from diamorphine injections to oral treatments. This means more patients are able to be treated over time.

Susanne Millar, Chair of Glasgow's Alcohol and Drug Partnership and Interim Chief Officer of Glasgow City HSCP said: "Sadly, Glasgow suffered a record number of drug related deaths last year and there was also an increased number of non-fatal overdoses. This challenging social issue demands innovative treatments and this Gold Standard service is leading the way in Scotland.

"It is aimed at people with the most chaotic lifestyles and severe addictions who have not responded to existing treatments.

"People might question why health services are spending money providing heroin for people with addictions - the answer is 'we can't afford not to'. Not only are we striving to save the lives of individuals themselves, we also aim to reduce the spread of HIV and to reduce the impact of addictions on Glasgow families and communities.

"Successfully treating a person's addiction not only helps them, it reduces pressures on frontline health and criminal justice services while reducing antisocial behaviour and drug related crime in communities."

Glasgow also plans to open a Safer Drug Consumption Facility to help prevent more loss of life. The facility would be a safe, clean place where people could use their own street drugs in the presence of trained medical staff who could react in the event of an overdose. Addictions experts also believe this type of facility would safeguard the wider public by reducing the number of publically discarded needles in the city.

A report by the Scottish Affairs Committee recently concluded that there was "a strong evidence base for a safe consumption facility in Glasgow which would be a practical step to reducing the number of drug-related deaths in Scotland."

Dr Saket Priyadarshi, Associate Medical Director and Senior Medical Officer, Glasgow Alcohol and Drug Recovery Services welcomed the new Enhanced Drug Treatment Service.

He said: "This is a much needed and welcome addition to the comprehensive treatment and care services already existing in Glasgow. We have known for a number of years that there are people who continue to experience harm despite receiving conventional treatment. It is only appropriate that, as in other branches of medicine, we can offer addictions patients the next line in treatment.

"Heroin Assisted Treatment is a highly evidence based intervention and it will be delivered with intensive psycho-social support to address the wide range of harm and social care needs that this population experiences."

Glasgow National Care Leavers Week Open Day 2019

Glasgow City HSCP hosted its 8th Annual Care Leavers Open Day at the Barras Art and Design (BaAD) venue in the East End on 25 October. The event coincided with National Care Leavers Week and was a celebration of the individual and collective achievements of the incredible talents of Glasgow's Care Leavers. The Theme of this years' event was MOTIVATION.

The annual event demonstrates the partnership nature of support available to care leavers in Glasgow, with over 30 organisations and projects from the Council / Glasgow City HSCP, statutory services and the third sector forming a 'market place' of stalls at the event. The stalls provided information and advice to attendees on their various support roles in-between the formal programme.

Over 200 people attended the event, including social work staff, foster and supported carers, residential staff and various partners who deliver support services to young care leavers in the city, and of course young care leavers themselves.

The event was led by two young care leavers, Chloe and Shannon, who did a fantastic job of compering the event and introducing the various presentations. First on the programme was Karen Dyball, Head of Children's Services (North East), Glasgow City HSCP, who welcomed everyone to the event. Susanne Miller, Interim Chief Officer, Glasgow City HSCP also spoke to say she was very proud to have attended all eight of the annual events and that it is one of the highlights of her year, as Head of the Corporate Parent.

The event saw numerous performances including excerpts of a drama production by 'We are Citizens 2' company at The Citizens Theatre, an amazing vocal performance from the 'Hidden Rhythms' choir, plus individual vocal and musical performances, including an excellent keyboard performance of Elton John's 'Your Song'.

This entertainment was interspersed with formal presentations by care leavers and the support services. This included incredibly honest and hard-hitting testimonies from individual care leavers, referencing their ongoing struggles to get to where they are today.

The event culminated in the afternoon with a Masseur performance to Katy Perry's 'Roar'. Finally, the stage was taken over by care leavers who dragged up Susanne Millar to jointly lead all present in a life-affirming version of Kelly Clarkson's 'What Doesn't Kill You Makes You Stronger'.

The feedback from the day was very positive and included the following comments:

"Important that we take time to ensure we take time to celebrate our amazing young people."

"Lots for young people to be proud of."

"Can't wait until next year as it gets better every year."

"Young people led, taking charge, front and centre."

"Hearing young people's experiences / voices throughout the day was very touching."

New Resource Supports Film about Poverty

A new resource to explore the issues around poverty was launched in November at the Pearce Institute in Govan.

Glasgow City HSCP Health Improvement Team (South Locality) invited a variety of guests along to the event for a viewing of the film 'Poverty: Our Hidden Shame?', and to have a first look at the new resource materials that have been developed to support the film, which explores the impact of poverty in local communities.

Staff from the South Health Improvement Team previously worked in partnership with Plantation Productions, The Gal Gael Trust, Oxfam Scotland and the young people at Create Crew to deliver a youth-led participatory action research project. The result of the project was the youth-led documentary film 'Poverty: Our Hidden Shame?', which was short-listed at BAFTA for the Arts and Humanities Research Council (AHRC) Inspiration Award 2016.

Ann Duffy, Health Improvement Lead explained "The new resource encourages learners to explore further some of the issues raised in the film such as: what is poverty, who's in poverty, beliefs about poverty, poverty and understanding inequality by using participative exercises, group discussions and digital approaches."

Over 50 guests from across the voluntary, public and third sector attended the launch event. As well as viewing the film, guests had the opportunity to ask questions directly to some of the young people involved in the making of the film.

To view the film please visit: <https://www.hiic.org.uk/hidden-poverty>

For further information on the resource to support 'Poverty: Our Hidden Shame?' contact Pollok.HIAdmin@ggc.scot.nhs.uk

Visitors to the Partnership

During this past year, Glasgow City HSCP has welcomed visitors from two Chinese provinces, the Republic of Ireland and Liverpool to hear about how health and



Pictured: The visitors from China with Paul Adams and Ann Forsyth.

social care services operate in Glasgow. Both sets of visitors from China were keen to hear about how Primary Care Services, and they discussed the Primary Care Improvement Plan (PCIP) and health improvement activities with staff.

Paul Adams, Head of Older People's Services (North West Locality) and Ann Forsyth, PCIP Programme Manager, met with the visitors from Anhui Provincial Healthcare Security Administration. Paul said: "This was an opportunity to share the progress we have made in developing Primary Care Services to allow us to meet the demands of our population and to hear how health and social care services operate in other areas."

Govanhill Baby Café's Fifth Birthday

Over 1,200 new mothers have benefited from support from Glasgow Baby Cafés in the last five years, according to new figures from the National Childbirth Trust. (NCT).

The three cafés, based in Govanhill, Kirkintilloch and Barrhead, offer free support to local mothers who want to breastfeed.

To mark the cafés' fifth birthdays, and to celebrate helping so many local mums, all three cafés hosted parties.

The Govanhill Baby Café, based at the Daisy Street Centre in Govanhill and supported by Glasgow City HSCP's South Locality Health Improvement Team, held its party on 2 December.



Pictured: At the Govanhill Baby Café.

Lesleyann Currie, Infant Feeding advisor, South Locality said: "I am delighted that in the five years Govanhill Baby Café has been opened we have had 2,000 visits, and have helped 606 mothers with breastfeeding. Baby Cafés are a free service that provide a welcoming atmosphere for pregnant women and new mums. While attending, they can access the social support of others in the same situation and receive information about breastfeeding from NCT peer supporters and Glasgow City HSCP Health Visiting staff.

"While breastfeeding rates within NHS GGC are improving, we are aware that there are still women within our communities who start breastfeeding but stop earlier than they would have liked to. Research shows that 80% of women who stop breastfeeding in the first few weeks would have liked to continue for longer. Baby Café is one of the ways we are able to provide women with the support and information they need to enable them to continue to breastfeed as long as they would wish."

Donna McSwiggan, Scottish Breastfeeding Programme Manager, NCT said: "We're delighted to have helped so many new mums in Glasgow to breastfeed. We set up Baby Cafés in areas where breastfeeding rates were low and these results have shown our peer supporters have had a significant impact.

"For those who can't attend our Baby Cafés, there's lots of information on the NCT website about breastfeeding and formula feeding, and a support line to help new parents with feeding."

Glasgow Baby Cafés are a partnership with NHS Greater Glasgow and Clyde and are commissioned by the Scottish Government.

Your Health Visitor can signpost to local breastfeeding support in your area. Baby Café details can be found online via [NCT's website](#) and on the NCT Glasgow [Facebook](#). The Scottish Government's Parent Club website <https://www.parentclub.scot/> also lists breastfeeding support groups.

New Campaign to Raise Awareness of Dementia

A range of activities have been taking place to support Glasgow City HSCP's Dementia Strategy Group and increase awareness of dementia and how people and their carers can be supported.

A social media campaign #spotlightondementia, using the Partnership's twitter account [@GCHSCP](#) in partnership with Alzheimer Scotland, is running from 13 to 24 December. The campaign reminds people to look out for changes in the health of older relatives when visiting at Christmas.

The campaign will highlight the Alzheimer Scotland leaflet '5 things you should know about dementia', which dispels myths about the disease.

An animation has also been developed, 'Nancy and Joe - A Christmas Story', which tells the story of how Nancy is visited by her son Joe and encouraged to visit her GP to discuss her memory problems. People are also being sign-posted to a range of sources of support, including NHS Inform and Alzheimer Scotland, as well as their GP.

Hamish Battye, Chair of the Partnership's Dementia Strategy Group said: "Our campaign encourages people to notice any changes in someone's behaviour and encourage them to visit their GP for a check. The GP can help rule out other conditions that can cause similar symptoms to dementia and may be easily treatable. The earlier you seek help, the sooner you can get the information, advice and support you need."

You can view the animation on YouTube at <https://www.youtube.com/watch?v=Yh3lftAPtq8&feature=youtu.be>

You can read the full story at <https://www.yoursupportglasgow.org/glasgow-homepage/pages/information-for-older-people/dementia/content/nancy-and-joe-full-story/>



Pictured: A still from the animation.

Dementia Sharing and Learning event

On 5 November Glasgow City HSCP hosted the first Spotlight on Dementia Sharing and Learning Event for staff and key partners at the City Chambers.

Christine Murphy, Service Manager and Event Chair welcomed everyone to the event, which informed delegates about services such as post diagnostic support, the young onset dementia service, stress and distress and telecare.

There was also a very engaging and interactive presentation from our allied health professional colleagues on meaningful activities for people with advanced dementia.

Information stands from a range of organisations were also available to offer advice and help.

Help and Support

If you want to talk to someone for further support about dementia concern speak to your GP or call the free 24 hour Dementia helpline on 0808 808 3000 or go to www.alzscot.org



National Power of Attorney Day

National Power of Attorney (POA) Day was 20 November, and a series of events were held over Scotland to encourage families to obtain a POA, to protect the wishes of family and friends in the event of illness or accidents.

POA is a legal document giving a nominated person authority to act or make decisions on your behalf if you lose mental capacity and are no longer able to look after your financial or personal affairs.

Partnership staff met local people at events held in libraries, carers centres, the Dementia Resource Centre in Bridgeton and at a Big Band show in Knightswood.



Pictured: Julie Murphy and Lisa Martin, South Locality hosted a stall at the New Gorbals Health and Care Centre.

Anyone interested in finding out more about POA should consult their lawyer or visit <https://mypowerofattorney.org.uk/> Some people may be eligible for a free service.

Provider Event

Over 130 people attended Glasgow City HSCP's Provider Event on 21 November at the Glasgow Royal Concert Hall. The event was aimed at providers of social care services, registered managers, HSCP senior management and HSCP commissioning and locality staff.

Susanne Millar, Interim Chief Officer, Glasgow City HSCP welcomed participants and gave an update on the Maximising Independence Transformational Change Programme, which will be taken forward by the HSCP working with a range of partners around the city, including the third sector.

Frances McMeeking, Assistant Chief Officer, Operational Care Services talked about the digital age of care and the opportunities for positive ageing and independence that assistive technology can offer. Examples include video calling, virtual care visits, inactivity monitoring and fall alerts.

Liz Crichton, Service Manager for Adult Support and Protection spoke about Adult and Support Protection legislation and the responsibilities of care providers.

Saantje Driver, Team Manager from the Care Inspectorate followed this with information from the Care Inspectorate.

The event continued with updates on the HSCP's Service Concerns process for contracted purchased services and Brexit.

Geri McCormick, the HSCP's new Head of Commissioning, also introduced herself and outlined the next steps.

Frances McMeeking closed the event thanking all participants and asking them to contribute ideas for future events. Frances said: "There was lots of energy in the room from our provider partners. It is crucial they are given opportunities to inform our thinking and help co-design service models across all our service user groups to ensure we are diverse in our thinking and that services in the communities reflect the needs of our citizens moving forward."

Locality Plans 2019 - 22

Glasgow City Integration Joint Board's Strategic Plan and Locality Plans cover health and social care services across Glasgow City. Each of the three local areas (North East, North West and South) that make up Glasgow City HSCP develop their own Locality Plan with partners including patients, service users, carers and the third and independent sectors.

The Locality Plans show how the Strategic Plan is being implemented locally and are updated each year to reflect feedback from stakeholders, ensuring services reflect local health and social care priorities and needs of communities.

The draft Locality Plans and their summaries for the period 2019 - 22 are available on Glasgow City HSCP's website: <https://glasgowcity.hscp.scot/strategic-and-locality-plans>

Feedback on the Locality Plans has been collected over the past weeks from a range of meetings held with local people. This feedback will be used to inform the final versions of the plans, which will be available on Glasgow City HSCP's website in early 2020.

Help and Support for Carers

Glasgow Carers Partnership held several events on Carers Rights Day, 21 November, in their centres across Glasgow. Each year Carers Rights Day helps ensure that carers are aware of their rights; carers know where to get help and support and raise awareness of the needs of carers.

For more information about support available to carers in Glasgow, please call the Information Line on 0141 353 6504 or visit

<https://www.yoursupportglasgow.org/glasgow-homepage/pages/are-you-an-unpaid-carer/content/your-right-as-a-carer/>



Pictured: Display for Carers Rights Day.

Review of Business Administration Support Function

The business administration support function plays a vital role in supporting Glasgow City HSCP and its Integration Joint Board to meet its vision for health and social care services in Glasgow City.

To ensure the administration support function meets our expected and future needs, a review is now being undertaken. This review will complement the transformational change taking place across the service. The scale and scope of the review will ensure that as well as supporting the service:

- administration staff are given the support they need to provide a professional service
- administration staff are given access to training and opportunities to develop and
- staff are clear on the role and remit of admin support.

At present the administrative support function is largely delivered within two separate Council and Health Board structures. Glasgow City HSCP is committed to engaging with all the staff involved in the process and that all partnership staff are kept updated on our progress, along with working in partnership with Staffside organisations and consultation with Trade Unions.

Transforming our administration support will also allow Glasgow City HSCP to provide a competent, confident and valued joint workforce. It will further assist the HSCP to develop an integrated approach to service delivery and to provide first class services to patients, service users, carers and other stakeholders, including managers and staff.

What Integration Means to Me by Frances McMeeking, Assistant Chief Officer, Operational Care Services



Frances McMeeking,
Assistant Chief Officer,
Operational Care Services.

Cordia Care Services returned to Glasgow City Council under the leadership of Glasgow City HSCP in September 2018, and it has meant a period of tremendous change for myself and my 3,000 strong team of care services staff.

It has seen Home Care, the largest in Scotland, delivering 97,000 visits a week become truly integrated with the other frontline Social Care Services such as Older People Residential and Day Care. It has enabled myself and the wider management team to have a strong voice in new emerging agendas such as Maximising Independence and planning for a new Carers Academy.

Glasgow City HSCP is indeed a large and diverse organisation and change takes time. However I truly believe the HSCP is committed to investing in its people, its most valuable asset, whether it is frontline home care, a district nurse, a social care worker or a member of our office support team.

I look forward to a future where our focus is on improving the outcomes for our service users and that shared agendas are our primary focus.

Get in Touch...

If you require this newsletter in an alternative format or wish to be added to our distribution list then please email GCHSCP_Communications@glasgow.gov.uk

Find out what is happening across the Partnership and Localities on a daily basis by following us on Twitter [@GCHSCP](https://twitter.com/GCHSCP).

For more information on Glasgow City Health and Social Care Partnership

- ▶ **Our People:** You can view our [Structure Chart](#)
- ▶ **Our Papers:** You can read our [Integration Joint Board papers](#)
- ▶ **Our Places:** Glasgow City Health and Social Care Partnership (GCHSCP) headquarters at Commonwealth House, 32 Albion Street, Glasgow, G1 1LH

Glasgow City Health and Social Care Partnership's website:
www.glasgowcity.hscp.scot

For information on health and social care services please go to:
[Your Support Your Way Glasgow](#)