

## Your Views Sought On Palliative and End of Life Care

Glasgow City Health and Social care Partnership (HSCP) is consulting on a draft Palliative and End of Life Care Plan.

A key priority of the Draft Plan is to deliver effective and accessible palliative care that supports people, their families and carers and enables them to remain safely at home wherever possible. It ties in with the Scottish Government Strategic Framework on Palliative and End of Life Care and other national strategies.

### Get Involved

The consultation is open until 30th November 2017 and you can share your views in a number of ways:

- Register to attend our consultation session on the Palliative and End of Life Care Draft Plan on 30th November, 9.30—11.30am, Albany Centre, Glasgow. Please contact Lisa Martin using the details on Page 3.
- Visit the HSCP website, read the Draft Plan and fill out the consultation form here:  
<https://glasgowcity.hscp.scot/palliative-and-end-life-care-plan-draft>
- Request a paper copy of the Draft Plan and consultation form from Lisa Martin using the details on Page 3.

### Health Improvement Team Pick Up Award

South Locality Health Improvement Team was amongst the winners at this years' prestigious NHS Greater Glasgow and Clyde Chairman's Awards.

The Govanhill and East Pollokshields Community Swimming Programme has successfully improved access to swimming for a range of people facing multiple barriers when it comes to fitness, health and well being. Staff worked in partnership with the Govanhill Baths Community Trust to deliver the programme which has been enthusiastically welcomed in the local community.

Participants come from a diverse range of backgrounds and reported a range of benefits including feeling fitter, happier and having improved mental well being.

The team are now planning the next block of sessions.

## Balmore Ward 'Bring A Bulb Event' Success



Above: carer feedback at recent engagement event

Balmore Ward at Leverndale Hospital celebrated the launch of their recently upgraded garden with an event in October for patients, carers and staff. Those present were able to plant a variety of spring bulbs in the new accessible planters, followed by lunch and live entertainment courtesy of staff nurse (and talented singer) Chantelle. Thanks to Polly Mark from Alzheimer's Scotland for volunteering and Shona Mackie from the Mental Health Network for supporting the carer engagement programme.

Balmore Ward is one of four national Dementia Demonstrator Pilot sites and staff, carers and staff have been working closely with carers to get feedback on their experiences and their involvement is helping to shape the improvement programme as it goes forward. For more information contact Lisa using the details on page 3.

## Dementia is Everyone's Business

Allied Health professional (AHP) staff have set out their approach to supporting people living with dementia in Scotland in a landmark policy document 'Connecting People Connecting Support'. The document sets out how AHP's support people with dementia and their families, partners and carers to lead positive, independent and fulfilling lives. The approach focuses on five key elements:

- Supporting families and carers as equal partners
- Enhancing daily living
- Adapting everyday environments
- Maximising psychological wellbeing
- Maximizing physical wellbeing

Christine Steel (opposite) has the overall lead for the roll out of the policy document. Locally, Samantha Flower, Occupational Therapy Mental Health Adviser for Older Adults will be working with key partners to progress this work. To find out more you can contact Samantha at: [Samantha.Flower@ggc.scot.nhs.uk](mailto:Samantha.Flower@ggc.scot.nhs.uk)



Christine Steel,  
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## Ways to Get Involved

Are you interested in health and social care services and issues in South Glasgow? You can get involved in a number of ways:

- Join the South Locality Engagement Network for notice of events, consultations and engagement opportunities and a quarterly news bulletin
- Take part in one of our engagement events for service users, patients and the wider public
- Are you a community representative, group or project? Do you have knowledge and experience of, and contact with, specific care groups? Please get in touch using the details below to discuss how we can involve you and those you work with in our engagement activities.



**Glasgow City HSCP has its own website. It provides information about the HSCP including:**

- **Membership of the Integrated Joint Board**
- **Notice and minutes of meetings and other policy documents**
- **A directory of local health and social care services**
- **For news, information on HSCP services and more please visit:**

**[glasgowcity.hscp.scot](http://glasgowcity.hscp.scot)**

For more information on any aspect of our locality engagement arrangements, to request this newsletter in an alternative format or to unsubscribe from this mailing list please contact Lisa Martin, Community Engagement Officer at: [Lisa.Martin@ggc.scot.nhs.uk](mailto:Lisa.Martin@ggc.scot.nhs.uk) or call 0141 427 8269. Thank you.