

Flourishing Communities, Healthier Lives

# continership Molers briefing



# August 2021

Welcome to Glasgow City HSCP's 'Partnership Matters' briefing, to keep you more up to date with some of what's happening across our HSCP with partners. <u>Current</u> <u>and past briefings</u> continue to be available on our HSCP's website, and they can be accessed from work and personal ICT devices. We hope that you find our briefing useful. Any comments or suggestions for future topics are welcome, and they can be shared by contacting us at <u>GCHSCP\_Communications@glasgow.gov.uk</u>.

# Message from Susanne Millar, Chief Officer

There's no question that the importance of health and wellbeing has been brought to the forefront even more during the Coronavirus (COVID-19) pandemic. This isn't to say that health and wellbeing, especially mental health, hasn't been a priority for us and partners before the pandemic nor will it cease to be post-pandemic. But it's particularly played a part in each of our lives in different ways since March last year, whether it be at work, at home or in our communities.

Here in our HSCP, health and wellbeing has been a big part of ensuring the health and safety of our patients, service users, carers and staff in our on-going response to the impact of COVID-19 on our services and the health and social care needs of our city. But for us, health and wellbeing is a big part of what we do.

We kick off August's Partnership Matters Briefing featuring the unveiling of Leverndale Hospital's stunning new mural, which is part of a wider project to transform the campus. The mural is the product of partners on the Design in the Dale Group, who have been working closely together over a number of years to improve the health and wellbeing of people on site through arts and health activities. One of the aims of the mural was to provide a more appropriate setting to treat those impacted by mental ill-health. As the mural demonstrates, our physical environments play an important role in our health and wellbeing.

# Inside this Edition

- Message from Susanne Millar, Chief Officer
- New Mural Brings Life to Leverndale Hospital
- Survey Still Open for Care Experienced Young People
- HSCP Senior Health Nurse up for RCN Award
- Glasgow City HSCP
  Website Updates
- COVID-19 Update
- News, Meetings & Events



#### Keep Up to Date

I'd like to congratulate all those involved in improving the physical space. The mural has truly made the space a more welcoming and caring environment for us to work in and support our patients and their families.

We also launched in early July a survey for our care experienced young people to share their views about mental health services, open to our young people in care aged 12 to 26 both current and past. We're keen to know what their experiences of support have been like and how services can improve. The survey continues to be open until 17 September, so please promote the survey and encourage eligible young people to take part. More information about the survey and how to access it is included in our briefing.

This month we also feature Craig Davidson, who is a Senior Health Nurse in our HSCP's Asylum Health Bridging Team. Craig is a finalist in this year's national Royal College of Nursing Awards along with Mental Health Nurse Clare Manley from Pennine Care NHS Foundation Trust. Craig and Clare are being recognised in the 'Innovations in Your Speciality' category for their podcast series that were developed to tackle the challenge of nursing retention. Read more in our feature about how the podcasts came about and were developed, and in the meantime we wish Craig and Clare all the best at the awards ceremony.

Our HSCP's website is one of the main ways in which we keep people up to date with what's happening across our HSCP and with partners, and we've made a couple of new additions to it this month that we thought would be helpful to share. Our IJB's fifth <u>Annual Performance Report 2020 – 21</u> is now available in its summary and full versions, and we also have a dedicated webpage for the upcoming review and development of our next <u>Strategic Plan 2023 – 26</u>.

As in previous briefings, we continue to include recent news articles available on our HSCP's website and upcoming events and meetings. You can read them by selecting their relevant link.

An update on how we continue to respond to and manage the impact of the COVID-19 pandemic on our health and social care services is also provided.

Moving beyond Level 0 with most COVID-19 restrictions being lifted on 9 August has been a real milestone for us in the pandemic, and I hope that we've felt more normality returning to our lives. This is because we were seeing the number of COVID-19 cases falling, as well as the number of people requiring hospitalisation declining.

Many times throughout the pandemic we've talked about that 'light at the end of the tunnel.' Whilst we've made big gains, we can't become complacent; COVID-19 is still with us. We must continue to do all that each and every one of us can do to suppress the virus and keep ourselves and others safe, and there's still protective measures that are staying in place. This includes taking opportunities to get vaccinated, participating in testing, self-isolating when required, continuing to wear face coverings as appropriate and following other Government and Public Health measures.

As we've seen, new variants can happen very quickly and impact on the gains that we've made. And as the First Minister reported this week, the number of daily cases are high and there can be no guarantee that previous restrictions won't be reintroduced. Over the next period, the virus may well pose challenges for us again as a result of more people being able to move more freely and meet up in larger groups. We'll also have the challenges that the winter months usually bring.

#### Keep Up to Date

Within our HSCP, our Executive Group and our Accommodation, Social Distancing and Recovery Group continue to manage and respond to the impact of the virus on our services, and we continue to ensure that we comply with Government and Public Health Guidelines on COVID-19. The health and safety of our patients, service users and staff in our service delivery arrangements remains paramount.

With the summer months coming to a close, I hope that you've been able to enjoy a break at some point. Our HSCP's Senior Management Team and I remain ever thankful and grateful for all of the work of our staff and partners in keeping the health and social care needs of our city supported. As I've said before, you are what makes Glasgow uniquely Glasgow.

Susanne

## New Mural Brings Life to Leverndale Hospital

A stunning new mural has been unveiled at Glasgow's Leverndale Hospital as part of a wider project to transform the campus, improving both indoor and outdoor spaces, increasing greenspace and biodiversity and improving the environment for our patients, staff and the local community.

The Design in the Dale group, which includes patients and service users, carers, third sector providers, staff and volunteers, has been working over a number of years to improve the health and wellbeing of people on site through arts and health activities that are transforming the hospital. Described by one service user as 'bland and depressing', one ward in particular was seen as being drab and uninviting. One of the aims of the project was to provide a more appropriate setting to treat those impacted by mental ill-health.

The current landscaping project has already addressed many of the issues raised, radically improving the greenspace of the facility in the south side of the city. Working with Urban Roots, corporate volunteers, the Royal Conservatoire and landscape designers, Erz, among others, the work has been shaped by people who use the site, creating a landscape that's filled with biodiversity and accessible to people with mobility issues.

Lead artist Lindsay Perth @Lippi spent time working with those who use the facility to gather their opinions and designs, many of which have been incorporated in the final work. The gable end mural was designed by Lindsay based on feedback from people and the final design was opened up to a vote with every person on site being given the opportunity to cast their vote.

Lindsay said: "The mural can be seen from several points on site. The gable end has been turned into a mindful landscape scene in a bold graphic style with a soft blended sunrise using the colour palette that links the tiles and the seats. The mural has a horizon, a visual path through the rolling hills and a bird in flight hovers in the sky above the rising sun."

Samantha Flower, Care Group Occupational Therapist, Glasgow City Health and Social Care Partnership (HSCP) and NHS Greater Glasgow & Clyde (NHSGGC) project lead for this work, said: "When I'm out and about everyone comments on how peaceful the site is. People are amazed by the mural and regularly stop to admire it as it has taken shape." The project, which will develop further in the coming months, includes an outdoor seated area for Recreational Therapy. Lucy Dolan, a nurse in Perinatal Services, likes to eat her lunch there. She said: "It's nice and relaxing - it's a good place for people to bring visiting relatives, who have commented on the nice colours."

Funding for the project has been secured from Volunteer Services Scotland, Smarter Choices Smarter Places, Creative Scotland, The Green Exercise Partnership and the NHSGGC and Glasgow City HSCP Endowment funds.

Hazel Thomson, Inpatient Services Manager at Leverndale commented, saying: "The upgrading of the paths and walkways around the site has really been the first step in enhancing access and promoting full use of this large hospital site. There has been significant investment into planting of trees, shrubs and wild flowers across the site and seating areas have been introduced. The mural is spectacular and has been a huge hit."

## Survey Still Open for Care Experienced Young People

There's still time for our care experienced young people to share their views about mental health services in our HSCP's web-based survey, which continues until 17 September. Open to our young people in care aged 12 to 26, both current and past, we're keen to know what their experiences of support have been like and how services can be improved. You can read <u>more information about</u> <u>the survey</u> or <u>directly access it</u> by selecting the links. Please encourage as many eligible young people as possible to take part.

### HSCP Senior Health Nurse up for RCN Award

One of Glasgow City Health and Social Care Partnership's (HSCP) Senior Health Nurses, Craig Davidson, is a finalist for a prestigious <u>Royal College of Nursing</u> (RCN) Award in the 'Innovations in Your Speciality' category sponsored by Nursing & Midwifery Council.

Craig is one of the co-hosts of nursing podcast series <u>'Retaining the Passion: Journeys Through</u> <u>Nursing'</u>. Together with his co-host and friend, registered Mental Health Nurse Clare Manley from Pennine Care NHS Foundation Trust, they discuss and raise awareness on retention in nursing being a significant problem, and this year they're being recognised by the RCN for the impact and reach that their podcast has had.

Craig's passion for nursing started at a very young age when he started visiting the hospital where his mum worked as a Neonatal Intensive Care Nurse. Craig said: "Nursing was always a big part of my life, and I always knew I wanted to do something that allowed me to help people."

After graduating with a BSc Hons (1st) in Nursing Studies from Glasgow Caledonian University, Craig joined our HSCP in April 2021 as a Community Staff Nurse in the Asylum Health Bridging Team and was promoted to Senior Health Nurse in July 2021.

Jim McBride, our HSCP's Head of Adult Services (Homelessness) said: "Since joining the Asylum Health Bridging Team, Craig has been a real asset. His motivation to always go above and beyond has definitely been noticed and we're proud to have him as part of our team."

#### Keep Up to Date

Craig said: "In the Asylum Health Bridging Team, I love that we're the first port of call when our patients first access health care in Scotland. We only have one chance to make the right first impression, so it has to be a good one."

As well as dedicating himself to his nursing career, Craig is incredibly passionate about the impact that his podcast has had. 'Retaining the Passion' started in October 2020 and is focused on shining a light on critical issues affecting the nursing profession and society by speaking to various guests about their stories and lived experiences. Clare and Craig then reflect on these discussions and how they and other nurses can improve their nursing practice. They interview guests including fellow nurses, health professionals, patients, carers and advocates about their experiences. The series is entirely self-funded, edited and published and is hosted via their website <u>www.podrtp.com</u>. It's shared across eight listening platforms and has amassed over 4,000 listeners from 24 countries.

Craig reflected on being an RCN finalist saying, "It's absolutely amazing. Me and my friend Clare, who is also a nurse, came up with the idea of starting this podcast to bring light to the low retention rates in nursing. It's unbelievable to think that what started as a way to spread a positive message about nursing has become something that's really making an impact."

Currently, Craig is an advocate for health equity and fair and accessible nursing for all. He's passionate about representing and advocating for populations who traditionally face discriminatory attitudes and behaviours. To this extent, he sat on the working group that developed the NHS Scotland Pride Badge initiative.

Join us in wishing Craig and Clare the best of luck at the awards!

### **Glasgow City HSCP Website Updates**

We've made a couple new additions this month to our HSCP's website. Our IJB's fifth <u>Annual</u> <u>Performance Report 2020 – 21</u> is now available in its summary and full versions. We also have a dedicated webpage for the upcoming review and development of our next <u>Strategic Plan 2023 – 26</u>, where you can find more information about it, keep up to date on its progress and share any questions / comments or get involved. Select their links to access the webpages.

#### **COVID-19 Update**

Keep up to date on how we're managing and responding to the impact of COVID-19 across our health and social care services in Glasgow with our most recent COVID-19 briefing available on our <u>HSCP's COVID-19 webpage</u>. Past briefings are available, too, as is a briefing on our main open and closed buildings. Our webpage also has useful links to national and local information relating to COVID-19.



#### News

We also regularly publish <u>news articles, briefings and bulletins</u> on our HSCP's website about specific topics or work happening across our HSCP with partners – whether it be about current services, projects, service developments or achievements. If you would like to have something featured, please email <u>GCHSCP\_Communications@glasgow.gov.uk</u>. Some recent news items include:

- <u>Knightswood Connects at Cool Jazz Afternoon</u>
- <u>New Videos Encourage Women with Learning Disabilities to Attend Cervical Screening</u>
- In-person Macmillan @ Glasgow Libraries Services Restarted
- <u>Glasgow Nurseries Continuing on their Gender Equality Journey</u>
- <u>Community Support Service for Older People with Dementia Expands Across Glasgow</u>
- Glasgow Takes Part in Research into Creation of Drug Checking Services
- <u>New Nature Reserve Opens Near Woodside Health and Care Centre</u>
- Help for New Mums New Telephone Breastfeeding Support Service
- Public Protection Bulletin

#### **Meetings & Events**

We have regular meetings and events to discuss and / or make decisions about health and social care in Glasgow. More information about them with upcoming dates is available below:

- Glasgow City Integration Joint Board (IJB) 22 September and 1 December
- IJB Finance and Audit Scrutiny Committee 8 September and 20 October
- IJB Public Engagement Committee 24 November
- <u>North East Locality Engagement Forum</u> TBC
- <u>North West Locality Engagement Forum</u> 31 August
- South Locality Engagement Forum TBC

# **Our Vision & Priorities**

The City's people can flourish, with access to health and social care support when they need it. This will be done by transforming health and social care services for better lives. We believe that stronger communities make healthier lives.



Prevention, early intervention & harm reduction



**Providing greater** 

self-determination

& choice

Shifting the

balance of care



Enabling independent living for longer



Public protection



#### Keep Up to Date