

partnership matters briefing



Susanne Millar, Chief Officer

July/August 2022

Welcome to Glasgow City HSCP's 'Partnership Matters' briefing, to keep you more up to date with some of what's happening across our HSCP with partners. [Current and past briefings](#) continue to be available on our HSCP's website, and they can be accessed from work and personal devices. We hope that you find our briefing useful. Any comments or suggestions for future topics are welcome, and they can be shared by contacting us at GCHSCP_Communications@glasgow.gov.uk.

Message from Susanne Millar, Chief Officer

Since we formally began our Health and Social Care Integration journey in 2016, we've been working across our teams and with partners to ensure that the people who need our support get the right care and support, in the right place and at the right time. To do this we need to make sure that the health and social care services that we provide or develop reflect the priorities and needs of local people and communities. To get this right, it's really important that we engage with people who are supported by us, deliver our services or have a role or interest in them.

We kick off the summer issue of our Partnerships Matters Briefing featuring [the review of our current Strategic Plan and the development of our next one](#), which we've been doing a lot of engagement work on. A number of updates have been provided in past issues of our briefing ([May 2021](#), [September 2021](#) and [March 2022](#)).

After working together with a range of organisations, networks and groups that represent and deliver services to people across the city, we've been able to develop a draft Strategic Plan. It's now out for consultation so that a final draft, which takes into account feedback from across the city, can be completed and in place for 1 April 2023. If the next Strategic Plan is going to properly reflect the views and priorities of people within the city then it's important that people take the chance to give us their feedback. The consultation survey will be available until the end of September, so please be a part of the conversation and share your views.

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Visit our website glasgowcity.hscp.scot or follow us on Twitter [@GCHSCP](https://twitter.com/GCHSCP) to find out more about what we're doing for health and social care in Glasgow City.

Early Intervention and Prevention continues to be a key strategic priority for our Health and Social Care Partnership (HSCP) and the city, particularly in the area of mental health, and our briefing features the [Togetherall service](#). This service helps young people aged 16-24 receive quick, anonymous and free mental health resources that contribute to their health and wellbeing. It supports immediate and longer-term mental health or situational distress, enabling young people to feel more in control of their emotional health.

We also feature our first [draft Domestic Abuse Strategic Plan](#), and it's out for consultation. The Plan pledges to improve our services to people who are or have been affected by domestic abuse and our response to those who cause harm through domestic abuse. Again, we're keen for you to share your views.

One of our key documents that helps us to plan and deliver our services to reflect the needs of Glasgow's population is our [Demographics and Needs Profile](#), and an annual update is now available on our HSCP's website. It includes a breakdown of the general population (current and projected) at locality and city levels, and it also includes a profile of health and other factors that can impact health and wellbeing.

I'm sure you'll agree with me that it's welcome news that we're now past the peak of the most recent wave of COVID-19, and we've seen less infections in our communities and less hospitalisations. As I've said a number of times, the vaccines, treatments, protection measures and all of our individual and collective efforts have got us to this point. However, it's still important to remember that the virus is still with us and I'd encourage you to continue to keep yourself and others safe by using ['COVID sense'](#).

I hope you continue to find our Partnership Matters Briefing useful as one of the ways to keep you up to date with some of the work that's happening across our HSCP with partners. If you have something that you'd like to feature, then please email us at GCHSCP.Communications@glasgow.gov.uk. We always welcome suggestions for new articles.

It won't be long before we're at the end of our summer and I hope you've been able to enjoy it so far. And I truly hope that our staff and partners supporting our health and social care efforts throughout the pandemic have managed to enjoy a break. Our HSCP's Senior Management Team and I remain grateful and thankful for your continued support, and without you we could not continue to support our city's health and social care needs in the way that we have. Thank you.

Susanne

Consultation on the draft Glasgow City HSCP Strategic Plan

Health and social care integration is about ensuring that people who use health and social care services get the right care and support whatever their needs, at the right time and in the most appropriate place.

The way that health and social care services are delivered to achieve this by Glasgow City Integration Joint Board (IJB), through Glasgow City Health and Social Care Partnership (HSCP), is



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described in its Strategic Plan. The Plan is the key way that the IJB and HSCP define how they aim to achieve the outcomes our citizens desire.

As part of the review of the current Plan, we engaged with a range of individuals, groups and organisations to get an understanding of what the next Strategic Plan should look like. Information was received back through surveys, meetings, focus groups and events, many of which were arranged and completed by our partners throughout the city. The information received was used to prepare the new draft Plan.

The next step is to share the draft Plan and ask for feedback to enable us to refine the draft, taking into account the views of people, groups and organisations across the city. We're again working with partners to plan the best way to encourage people to get involved in the consultation exercise and will seek to make getting involved as accessible as possible for those who wish to do so. The easiest way to provide feedback is to complete our online [consultation survey](#). The survey enables you to tell us what you think of the draft Plan, what we've missed and what you like about it. You can answer as many questions as you like and we want as many people as possible to leave us their views.

If the HSCP's next Plan is going to properly reflect the views and priorities of people within the city it is very important people take the chance to give us their feedback. We understand that an online survey is not everyone's preferred way to do this so if you would like to get involved but would prefer not to do so through an online survey, please let us know by contacting us on our [dedicated webpage on our HSCP's website](#) or by email at gchscpstrategicplan@glasgow.gov.uk

If you're already working with or on behalf of people who receive health and social care services please let them know about the draft Plan and encourage them to be part of the conversation. We can provide materials to help you capture the views of the people you work with or for.

If you're a member of staff involved in planning or delivering health and social services we would like to hear from you also so please access the survey and tell us what you think.

The consultation survey will be available until the end of September and other consultation activity will be taking place during the summer. After the consultation period ends the comments that we receive will be used to update the draft Strategic Plan and prepare a final version for the IJB in March 2023.

For more information on what we're doing and how to get involved, or to provide any comments on the Strategic Plan visit our [dedicated webpage on our HSCP's website](#) or contact us by email at gchscpstrategicplan@glasgow.gov.uk

This is your opportunity. Be part of the conversation!



Glasgow Offers Everyone Aged 16-24 Free Mental Health Support

High demand, GP appointments and mental health stigma are making it increasingly challenging for some to access Mental Health support, especially for young people.

To address this, Glasgow City Council Education Services commissioned the innovative Togetherall service that's freely available to anyone aged 16-24 with a Glasgow postcode.

Togetherall is an evidence-based, clinically moderated, 24/7 online peer-to-peer mental health community.

Members join the community anonymously and are immediately supported on a wide range of mental health and wellbeing issues, from anxiety, depression and isolation, to relationship issues and lifestyle challenges.

In addition to 24/7 support, members of Togetherall all have the safety and accessibility of Wall Guides who are all trained mental health professionals and are there to make sure everyone remains safe and supported. On the platform there's also the opportunity to access a wealth of resources and self-help courses covering all mental health and lifestyle topics from 'Coping with Grief and Loss', to 'Problem Solving', 'Health Anxiety' and 'How to Stop Procrastinating'.

Togetherall supports immediate and longer-term mental health or situational distress, enabling members to feel more in control of their emotional health. This approach to granting access to readily available mental health support aligns with our Health and Social Care Partnership's (HSCP) priority of early intervention and prevention, which aims to improve the mental and general wellbeing of our citizens, providing them with the necessary tools and resources to manage their own journey to improving their health.

Recently, all Glasgow GPs have been handed out information on Togetherall and how to promote this as a first port of call for poor mental health. They've also been invited to attend a virtual session highlighting the benefits of the free mental health support platform.

Karen Dyball, our HSCP's Head of Children's Services (North East), said: "Togetherall offers young people between 16-24 in Glasgow the unique opportunity to access free and instant mental health support. It's important to find out more about this service and talk about it with people you think may benefit from it".

Signing up to Togetherall is incredibly easy. Access the service by visiting the [Togetherall website](#), and when asked 'Which describes you?', select 'My area is registered'. Fill in your postcode, anonymous details and instantly access free mental health support.

Visit Togetherall for more information at www.togetherall.com/en-gb/



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Share your views on our draft Domestic Abuse Strategic Plan

We're now seeking your views on our HSCP's draft [Domestic Abuse Strategic Plan](#). It's the first of its kind, and it pledges to improve our services to people who are or have been affected by domestic abuse and our response to those who cause harm through domestic abuse. You can share your views directly by completing [the online consultation survey](#).

Demographics and Needs Profile

Our latest [Demographics and Needs Profile \(2022\)](#) is now available. The profile is a reference tool to help us plan and deliver our services in Glasgow City. It includes a breakdown of the general population (current and projected) at locality and city levels. It also includes a profile of health in the city with information on life expectancy and mortality, patterns of illness / disease and other factors that can impact health and wellbeing, including lifestyle and behaviours, social capital, poverty and deprivation, education and employment and crime.

[Read more about our Demographics and Needs Profile.](#)

News

We also regularly publish [news articles](#) and [briefings / bulletins](#) on our website about specific topics or work happening across our HSCP with partners – whether it be about current services, service developments or achievements to celebrate. If you would like to have something featured, please email GCHSCP_Communications@glasgow.gov.uk. Some recent news items include:

- [Come and Meander for Mental Health with us on 10 September](#)
- [Feedback on Recent HSCP Locality Engagement Forum Events](#)
- [Recent Awards and Nominations for Glasgow City HSCP Staff and Projects](#)
- [Care Home Nursing Team Hosts First Carers Development Event](#)
- [Let's Get Communities Connected App Launched to Reduce Risk of Re-offending](#)
- [HSCP Staff Encouraged to Become Mentors and Change a Young Person's Life](#)
- [HSCP Staff Help College to be First in Scotland to Receive Breastfeeding Friendly Accreditation](#)
- [Hundreds of Ukrainian Refugees in Glasgow Supported by NHS and Council Teams](#)
- [Launch of Socially Connected Glasgow Strategy](#)
- [Glasgow City HSCP Home Care News – Summer 2022](#)
- [Occupational Therapy Continuous Improvement Briefing – Summer 2022](#)
- [PCIP Bulletin](#)



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Meetings & Events

We have regular meetings and events to discuss and make decisions about health and social care in Glasgow. More information about them with upcoming dates is available below:

- [Glasgow City Integration Joint Board \(IJB\)](#)
- [IJB Finance and Audit Scrutiny Committee](#)
- [IJB Public Engagement Committee](#)
- [North East Locality Engagement Forum](#)
- [North West Locality Engagement Forum](#)
- [South Locality Engagement Forum](#)

Our Vision & Priorities

The City's people can flourish, with access to health and social care support when they need it. This will be done by transforming health and social care services for better lives. We believe that stronger communities make healthier lives.



Prevention, early
intervention &
harm reduction



Providing greater
self-determination
& choice



Shifting the
balance of care



Enabling
independent
living for longer



Public
protection



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