



Public Protection Bulletin 2nd July 2024

Dear colleague,

As usual, this edition carries a full range of research, articles, activities, and events covering the full spectrum of public protection. We hope that you find something of interest to you in the articles below.

If you have something new to share or publicise that might be of interest to our subscribers, then please do not hesitate to get in touch with Michelle Brown at Michelle.Brown2@glasgow.gov.uk

Please stay safe and healthy. Best wishes

Colin Anderson, Independent Chair Adult Support & Protection Committee/Child Protection Committee

Adults, Older People & Dementia

Predicting Short- to Medium-Term Care Home Admission Risk in Older Adults
Predicting risk of care home admission could identify older adults for early
intervention to support independent living but requires external validation in a
different dataset before clinical use. This study systematically reviewed external
validations of care home admission risk prediction models in older adults.

Music in Care Home Settings: Guidelines for Implementation and Evaluation Based on the Music Interventions for Depression and Dementia in Elderly Care (MIDDEL) Study

Music-based interventions are widely acknowledged to promote the wellbeing of care home residents, particularly those whose communication is impaired, such as through stroke or dementia. Yet in such settings the use of music is limited for reasons that are not entirely clear. The Music Interventions for Depression and Dementia in ELderly care (MIDDEL) trial in 16 English care homes was used as a case study to highlight key issues which appear to affect the successful implementation and evaluation of music-based interventions.

Carers

BBC Radio 4 Money Box Live: Care Leavers

Money Box Live, the BBC Radio 4 show on personal finance, has broadcast an episode looking at the financial help that care leavers across the UK are entitled to when they leave care, the financial challenges that care leavers face, and what more can be done. Kirsty Doull, Care and Transitions Lead at CELCIS, was a panel member for the episode, discussing the context in Scotland and the programme spoke to several young people with experience of care.

Children, Young People & Education

The Promise: Plan 24-30

The Promise Scotland has now launched Plan 24-30. This is intended to drive the next stage of progress to realise the ambitions of The Promise and improve support and care for Scotland's children, young people, their families and carers.

<u>Children and Young People's Commissioner Scotland Annual Report 2023-24</u>
The Children and Young People's Commissioner Scotland's Office released its annual report for 2023-24 which looks back at what has been achieved with the guidance of their Young Advisors.

The Index of Harms for LGBTQ+ Young People Aged 7 to 18

Internet Matters shares advice for professionals on how to support young LGBTQ+ people with a range of online harms they may encounter online. Includes the harms they might face and appropriate responses.

Be Internet Legends Programme

A programme for schools from Google and Parent Zone on internet safety and media literacy for children in the UK aged 7 to 11. It includes five themed activity packs, 12 ready-made lesson plans, and a Digital Wellbeing module.

<u>Sextortion Resources for Professionals, Young People, Parents and Carers</u>
Advice, resources, and best practice approaches on sextortion for professionals, young people, and parents/carers from the UK Safer Internet Centre.

Safeguarding LGBTQ+ Children and Young People

Best practice information from the NSPCC (National Society for the Prevention of Cruelty to Children) on protecting LGBTQ+ children and young people, including online.

Think Before You Share Campaign

A new campaign from the Internet Watch Foundation has been launched to help open a dialogue between parents and teens amid warnings that the sharing and soliciting of 'nudes' is becoming normalised among young people. The website includes information for teenagers, parents/carers, and teachers/educators.

Safeguarding Children Who Go Missing: Risk, Harm and Empathy

Those who harm and exploit children rely on us not taking episodes of missing seriously enough and not forming the kinds of trusted relationships with children that can disrupt patterns of abuse. We have to know and do better if we want to stop children from going missing and being at risk of harm. This video is a recording of the Care Knowledge Webinar in June 2024. It includes inputs from Charlie Hedges MBE, Missing Persons Advisor; Tanja Conway-Grim, Senior Specialist Coach, Mentor, Trainer & Facilitator with lived experience of being missing; Richard Eastwood, SafeCall Service Manager.

Artificial Intelligence in School

The Big Issue, UK Safer Internet Centre (UKSIC) and the Anti-Bullying Alliance have contributed to an article about how artificial intelligence (AI) is providing more opportunities for bullying and sexual exploitation in schools.

Supporting d/Deaf Children - Putting the Child at the Centre of Decision Making Language and communication barriers faced by d/Deaf children and young people can manifest in a way that increases safeguarding risk. It is important that there are professionals who can understand and communicate with a child or young person if they need to report or disclose any issues they are experiencing. In this podcast episode, a panel of experts from the Social Workers with Deaf Children and Professionals Working Group explore how the differing language and communication needs of d/Deaf children can affect their safety and the child protection support they receive.

<u>Understanding How Young People Transitioning from Out-of-Home Care Acquire</u> and Develop Independent Living Skills and Knowledge

Young people leaving state care often experience hardship in many areas of their life. At a population level, their outcomes in early adulthood are poorer compared to general populations. Effective preparation for leaving care and post-care support systems is vital to improving outcomes. Individual and systemic support for young people to acquire Independent Living Skills (ILS) in the following eight ILS domains have been identified: Financial Management, Knowledge of Accessing Available Supports, Managing Housing, Education Planning, Job Seeking, Health Risk Management, Domestic and Self-help Task, and Managing Relationships. This systematic review aimed to identify, summarise, and appraise longitudinal studies that address ILS across these domains to understand better how outcomes could be improved.

Scottish Children's Reporter Administration Official Statistics 2023/2024

This report presents the Scottish Children's Reporter Administration's (SCRA's) full statistical analysis on children involved in the Children's Hearings System between 1 April 2023 to 31 March 2024. The report is designed to follow the process by which a referral for a child is received by SCRA (Scottish Children's Reporter Administration) through to a final outcome being made either by the Reporter or by a Children's Hearing.

The Impact of the Online World on the Mental Health of Care-Experienced Children The latest addition to Coram BAAF resources aimed at supporting practitioners to work with children and young people and their online life. Developed by Dr. Vicki Walker from the Royal College of Paediatrics and Child Health and Jane Poore, our Adoption Consultant, these materials will be released over the next 12-18 months. Dive into the latest podcast episode, where they explore the impact of the online world on the mental health of care-experienced children and young people.

Crime, Justice & Prisons

Redress For Survivors (Historical Child Abuse In Care) (Scotland) Act 2021: Payment of Legal Fees and Related Decisions Made by Redress Scotland

This guidance is issued under section 106 of the Redress for Survivors (Historical Child Abuse in Care) (Scotland) Act 2021 ("the Act"). The guidance applies to all those with an interest in connection with the making, or consideration of an application for redress. This includes Redress Scotland, survivor applicants to the redress scheme, nominated beneficiaries, applicants for next of kin payments ("next of kin applicant") and their legal representatives. All persons to whom this guidance applies must have regard to it.

Recorded Crime in Scotland, 2023-24

This bulletin presents accredited Official Statistics on crimes and offences recorded by the police in Scotland in 2023-24. Statistics on recorded crimes and offences provide a measure of the volume of criminal activity dealt with by the police force in Scotland. This does not reveal the incidence of all crime committed as not all crimes are reported to the police.

Exploitation Practice Guide

This resource has been designed to guide legal professionals, and others working in the criminal justice system, to improve support for children and young people who have been exploited, or where exploitation may have taken place.

<u>Trans and Gender Diverse Offenders' Experiences of Custody: A Systematic Review</u> of Empirical Evidence

A systematic review that explored the experiences of detained trans and gender diverse offenders in countries with a comparable criminal justice system to that in England and Wales.

First Encounters: Young People's Perceptions of Criminal Justice

This study examined perceptions of criminal justice among young people suspected of a first, non-serious offence. Results revealed how the actions of crime-prevention professionals were mostly appraised as proportionate and beneficially intended. However, some participants reported negative encounters and lacking opportunities for agency. Findings are evaluated in relation to the long-term consequences of a first encounter with criminal justice.

Disability, Autism, ADHD & Learning Difficulties

<u>Scottish Commission for People with Learning Disabilities: Annual Review 2023-24</u> Annual review report from the Scottish Commission for People with Learning Disabilities covering the period from 2023 to 2024.

Essentials of Learning Disability Resource

NHS Education for Scotland's Learning disability team have produced a comprehensive learning resource for health and social care professionals, as well as anyone who has contact with people with learning disabilities. The resource aims to establish a strong foundation for understanding the needs and experiences of people with learning disabilities by offering a series of short e-learning modules that cover a wide range of topics.

The Cumulative Impact of Attention Deficit Hyperactivity Disorder, Autism and Intellectual Disability for Young People

A study that aimed to identify whether the number of neurodevelopmental conditions (irrespective of the nature of those conditions) is associated with an increase in behavioural and socio-emotional problems for young people.

Supporting Self-Determination of Individuals with Severe or Profound Intellectual and Multiple Disabilities According to Relatives and Healthcare Professionals: A Consept Mapping Study

This study aimed to identify perspectives of relatives and healthcare professionals regarding self-determination support for people with severe or profound intellectual and multiple disabilities, highlighting agreements and differences in their viewpoints.

Equality & Poverty

Experiences of Poverty Stigma and Mental Health in the UK

Poverty is a major cause of mental ill-health. This is because people living in poverty are more likely to experience stressful situations such as financial instability, inadequate housing and food insecurity that lead to anxiety and depression. Previous qualitative research in the UK and internationally has documented how people living on low incomes experience various forms of mistreatment, rejection, and exclusion from other people as well as institutions such as social security services. This recent systematic review also found evidence, predominantly from qualitative studies, that experiences of poverty stigma are associated with a range of mental health and well-being outcomes.

Events & Courses

Rethinking Domestic Abuse and Child Protection (RDAC): Messages for Policy webinar - 09/07/24 - 10am - 1pm

Research in Practice is hosting an open access event which will focus on the implications of the Rethinking Domestic Abuse and Child Protection (RDAC) project findings for policy. RDAC was funded by the Nuffield Foundation and brought together researchers from the Universities of Sheffield, Huddersfield, Kingston, as well as Research in Practice, SafeLives and FutureMen. This mixed methods study aimed to enhance the national response to domestic abuse and child protection generating novel findings involving practitioners and families.

The Invisible Principles of Child Development Online Event- 10/07/24 - 10am - 1pm Children in Scotland are hosting an online event on the invisible principles of child development. In this half-day session led by Nicola McAllister, the seven key principles of child development that are frequently overlooked but essential for a child to thrive in the home, early years, and school settings will be examined. Please note that there is a cost to attend this event.

<u>Safeguarding Network: Safeguarding and Mental Health Conference 2024 - 10/07/24</u> - Manchester

Safeguarding Network, in partnership with Anna Freud, are hosting their first conference on the interplay between mental health concerns for young people and the duties on education settings to keep them safe. Keynote speakers include, Dame Rachel De Souza, Children's Commissioner for England; Dr Lesley French, Head of Clinical Help in Schools and Consultant Clinical Psychologist, Anna Freud; David Trickey, Co-Director of UK Trauma Council and Consultant Clinical Psychologist. Please note that there is a cost to attend this event.

Mapping the Evolution of an Optimised Children's Information System Webinar - 12/07/24 - 9.30am - 12.30pm

Organisations are under increasing pressure to use data intelligence effectively. It can be difficult for organisations to know where to begin, how to balance competing priorities, and how to ensure balanced and impactful development across the system. In this open access webinar, attendees will reflect upon the transitions that are made at an individual, organisational and systemic level while developing and optimising children's information systems with a view to developing a shared language and benchmarks for improvement; consider how voice can be integrated into the design of children's information systems; contribute to the development of tools for organisations to support their journey to excellence.

<u>An Introduction to Sexually Harmful Behaviour - 23/07/24 - 9.30am - 4.30pm MS</u> Teams

An Introduction to Sexually Harmful Behaviour has been designed as a one day basic introductory training event that is suitable for a multi-agency audience. It was developed by Community Justice Scotland, in collaboration with CISSO and the Tay Project. In relation to Justice Social Work, it is recommended that practitioners attend this training before attending the RM2000 and Stable and Acute 2007 training. This will enable a broader knowledge and understanding of the subject before going on to consider risk. This is a free event.

Screening of the Old Oak - 28/07/24 - 2pm - Seamore Cinema, Maryhill

A screening of Ken Loach's film The Old Oak about strength, solidarity and resistance. Tensions rise in a previously thriving mining community when refugees are placed in empty houses in the village. The formation of an unexpected friendship between TJ and a young Syrian woman, Yara, opens up new possibilities for the divided community in this deeply moving drama about loss, fear, and finding hope. The film will be followed by a panel with colleagues from Scottish Refugee Council. You can submit your questions to the panel when purchasing your ticket.

<u>Safeguarding Children in Custody: Relationships, Advocacy and Power Webinar - 07/08/24 10am - 11.30am</u>

A practice-focused webinar delving into how social workers, youth justice workers and Independent Reviewing Officers can play a positive safeguarding role in the lives of the children in custody they are responsible for. You will gain a deeper

understanding of the types of harm a child in custody might come to, how you can determine if they have come to harm and how to ensure that any concerns you have are appropriately addressed. This is a free event.

Family Wellbeing Hub 2024 - 29/08/24 - 6.30pm - 8.30pm Glasgow City Chambers

The Family Wellbeing Hub is a one-stop destination to discover the array of support available to families in Glasgow. In light of the challenges posed by the past few years, including the impact of COVID-19, the Cost of Living Crisis, school disruptions, and mental health struggles, this event aims to reassure families that help is available and accessible. Hosted by the Glasgow City Parents Group, this inperson event will showcase a wide range of family services from across Glasgow and beyond. This is a free event.

NOTA Scotland Conference - 09/09/24 - 10/09/24 - Stirling

NOTA is the National Organisation for the Treatment of Abuse. This two day conference will bring together keynote addresses and give delegates the opportunity to take part in a series of workshops aimed at supporting professionals to prevent sexual abuse. Please note that there is a cost to attend this event.

Newly Qualified Social Worker Conference 2024 - 12/09/24 - 10am - 4pm - University of Dundee

The 2024 national conference for Newly Qualified Social Workers will take place on Thursday 12th September 2024. The conference is open to all newly qualified social workers in Scotland (up to two years since graduation) and all final year social work students (undergraduate, masters, PhD or equivalent). This conference is free to attend and is being hosted by the University of Dundee.

Adult Support and Protection Multi Agency Training Awareness Webinar

A multi-agency webinar delivered by Learning and Development, Glasgow HSCP to support practitioners to gain a basic understanding of Adult Support and Protection (ASP) legislation. It may be used as a basic awareness or if you already have some knowledge of ASP and wish to refresh your skills. This is a multi- agency awareness session and will webinar-based with a maximum of 60 participants. There will not be a waiting list so if you are unsuccessful you will require to reserve an alternative date. Participants will:

- develop their understanding of what we mean by an adult at risk within the context of the Adult Support and Protection (Scotland) Act 2007;
- define who may be an adult at risk of harm;
- · recognise forms of harm adults may experience;
- know how to report their concerns.
- explain their responsibility in relation to Adult Support and Protection.

Due to the high demand for the training, we recommend that you book 1 place but having up to 8 additional staff members join in your room and attend this training session.

Dates are as follows:

Monday 12 August 2024 Thursday 19 September 2024 Monday 7 October 2024 Tuesday 10 December 2024

Gender Based Violence

"It was one of the most revealing experiences of my life": Women's Views on Group Counselling for Survivors of Intimate Partner Violence

Groups are a common clinical intervention for women survivors of intimate partner violence (IPV). This secondary mixed-methods analysis from a study of 567 Canadian women from the prairie provinces compared the mental health and wellbeing of 131 women who had attended a IPV group to 436 women who had not attended any group.

Housing & Homelessness

The Effectiveness of Abstinence-Based and Harm Reduction-Based Interventions in Reducing Problematic Substance Use in Adults who are Experiencing Homelessness in High Income Countries

A systematic review that aimed to understand the effectiveness of different substance use interventions for adults experiencing homelessness.

Mental Health & Trauma

The Mental Welfare Commission: Annual Report 2023-24

The Mental Welfare Commission's annual report for 2023-24 shows the wide range of work the organisation completed last year, including visits to 149 wards and units around the country, meeting individuals, families, and staff.

Online & Financial Harm

Scam Share

Trading Standards Scotland produce a weekly Scam Share bulletin. It looks at the latest phone, email and online scams affecting Scottish consumers. If you receive any emails to your work account which you suspect are phishing emails, please report these to the integrity mailbox at integrity@glasgow.gov.uk as soon as possible. Sign up to the Trading Standards Scotland Scam Share e-bulletin.

Ask Silver Scam Protection

Ask Silver is a free AI-powered scam checking tool accessible via WhatsApp, designed to protect users from scams. Users can upload a screenshot of any suspicious texts, emails, or websites and receive a breakdown of any red flags and suggestions for next steps on staying safe. This information is checked against a number of data sources including the Financial Conduct Authority fraud warning list, Companies House, Google's WebSafe API, and their own database for red flags such as mismatched domain names.

Barriers and Enablers for Adolescents Accessing Substance-Use Treatment

Substance use is a persistent concern for adolescents in many countries due to the significant negative impact on mental, physical and social outcomes. Research in the United States has shown that while 4.1% of 12–17-year-olds require treatment, less than 10% of those who require it access it. This paper summaries the international literature available on the barriers and enablers to under 18s attending substance use treatment to inform policy and practice.