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## Public Protection Bulletin 22<sup>nd</sup> May 2024



Dear colleague,

People continue to tell us these bulletins are a valuable source of information and we will continue to seek out the latest news, research, articles and events. In order to ensure that the bulletin meets the needs of our readers in Glasgow, we have included a link to a short survey so that you can tell us what you think of the bulletin and how it could be improved. We would very much appreciate it if you would take 5 minutes to complete it - <https://www.smartsurvey.co.uk/s/6XEUMG/>

Mental Health Awareness week took place from 15<sup>th</sup> – 19<sup>th</sup> May. This year's theme was movement and what it can do for our mental health and wellbeing. Physical activity and movement can act as a brilliant addition to traditional types of treatment for mental health conditions and can provide community and connection for people who might be isolated or marginalised by their mental health condition. Find out more on the [Mental Health Foundation website](#)

As usual, this edition carries a full range of research, articles, activities, and events covering the full spectrum of public protection. We hope that you find something of interest to you in the articles below.

If you have something new to share or publicise that might be of interest to our subscribers, then please do not hesitate to get in touch with Michelle Brown at [Michelle.Brown2@glasgow.gov.uk](mailto:Michelle.Brown2@glasgow.gov.uk)

Please stay safe and healthy.  
Best wishes

Colin Anderson,  
Independent Chair  
Adult Support & Protection Committee/Child Protection Committee

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### Adults, Older People & Dementia

#### [Myth-Busting - The First Steps of the Care Revolution: Briefing Report](#)

This briefing report from Scottish Care sets out the need for a 'care revolution' in Scotland, to ensure all care is person-led and human-rights-based, and that the services that provide it are sustainable.

#### [Care Home Data Review Summary Report](#)

The Care Home Data Review (CHDR) is multi-agency (Scottish Government, Public Health Scotland, and Care Inspectorate) review of the national data landscape relating to care homes for adults. It aims to ensure a coherent suite of data collections, reduce the burden on data providers and meet the existing and emerging needs of data users. In addition, the review will consider how best to ensure data gathering is flexible/responsive to meet emerging data requirements and will recommend a process to ensure any new data requirements are considered at a strategic level and met in an appropriate way.

#### [Why Moving More is Important For Your Older Relative](#)

A publication from the Care Inspectorate which highlights that staying active, connected and doing things that personally matter can all have positive benefits for your older relative.

### Carers

#### [ALLIANCE Scottish COVID-19 Inquiry Evidence – Impact on Unpaid Carers](#)

The ALLIANCE's Chief Officer, Sara Redmond, was invited by the Scottish COVID-19 Inquiry to give evidence on the impact of the pandemic on unpaid carers on 8 May 2024. This article includes an overview of the briefing and recommendations.

### Children, Young People & Education

#### [Education, Children and Violence](#)

A practice guidance report and toolkit for schools, colleges and alternative provision leaders, on how to reduce children's involvement in violence. There is also a [toolkit which provides an overview of existing research on approaches to preventing serious youth violence](#).

#### [The Internalizing Paradox – Youth Anxiety and Depression Symptoms](#)

The Association for Child and Adolescent Mental Health (ACAMH) has published a new podcast episode examining a research paper on youth anxiety and depression. In this Papers Podcast, Dr. John Weisz discusses his paper 'Research Review: The internalizing paradox – youth anxiety and depression symptoms, psychotherapy outcomes, and implications for research and practice'.

#### [Preventing 'Self-Generated' Child Sexual Abuse](#)

A research report from Internet Matters, funded by Nominet and carried out with Praesidio Safeguarding, explores effective methods to prevent the sharing of 'self-generated' child sexual abuse material among pre-teens.

#### [Care Inspectorate: Corporate Parenting Report 2021-23](#)

The report from the Care Inspectorate reflects how over the last three years, they have fulfilled their corporate parenting duties to complement and support the actions

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of parents, families, and carers to deliver positive change for children and young people.

### [Proposed Measures to Improve Children's Online Safety](#)

Ofcom has published a package of proposed measures that social media and other online services must take to improve children's safety when they're online. In their article, they explain some of the main measures and the difference they're expected to make.

### [The Promise: Plan 24 - 30](#)

Fiona Duncan is Independent Strategic Advisor for The Promise. As part of her role, she's creating Plan 24-3, which will soon have its own dedicated website. She her blogs on the Plan's progress are hosted here on The Promise Scotland's website.

### [Supporting the Shared Responsibility to Identify and Respond to Child Criminal Exploitation Now](#)

A CELCIS Emerging Insights Series Webinar recording from 1<sup>st</sup> May 2024. This webinar provided an opportunity to highlight some of the complex challenges around multi-agency partnerships being able to identify and respond to the criminal exploitation of children and how to bring together existing knowledge, policy and legislation to better support ways to meet the recommendations of the review to protect all children.

### [Exploring Outcomes Relating to Adoption](#)

A literature review, commissioned to support practitioners in care planning for children, that looks at the outcomes for different types of permanency. The document is for use by those directly involved in care planning. It also aims to provide some support for those writing care plans and court reports for children needing permanency away from their family.

### [Childhood Trauma, Migration and Asylum Toolkits](#)

The UK Trauma Council has released toolkits for professionals supporting children and young people seeking asylum in the UK, including those working in education settings, community organisations and supported accommodation.

### [Under Sixes Manipulated into 'Disturbing' Sexual Abuse While Playing Alone Online as IWF Says Regulation Can't Wait](#)

New data from the Internet Watch Foundation (IWF) reveals thousands of images and videos of three to six year old children who have been groomed, coerced and tricked into sexually abusive acts, are now being found on the open internet.

### [Are Disabled Children Visible in Scotland's Children's Statistics?](#)

This analysis assesses the quality of the disabled children's statistical data that is reported across Scotland's children's services, bringing it together for the first time, and compares this to UK and international data. The review also specifically considered how visible disabled children are in Scotland's children's care and protection data. While disabled children have been found to be at increased risk of harm, abuse and neglect compared to their non-disabled peers, this increased risk is not reflected in Scotland's child protection and 'looked after' children statistics.

### [Children \(Care and Justice\) Bill Passed](#)

MSPs have backed Stage 3 of the Children (Care and Justice) Bill, enshrining in law age-appropriate care and justice for vulnerable young people across the country.

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### [Financially Motivated Sexual Extortion: Alert for Education Settings](#)

The National Crime Agency has issued guidance in response to the growing risk of “sextortion” for young people. This will help professionals to: recognise and understand financially motivated sexual extortion; raise awareness and help seeking behaviours amongst children and young people; give suitable messaging and support to parents and carers; support victims of financially motivated sexual extortion.

### [Physical Punishment of Children in the UK](#)

Physical punishment (such as smacking and hitting) is the most common form of violence against children. Scotland and Wales have recently prohibited physical punishment in all settings, while physical punishment in the home remains legal in England and Northern Ireland. This research briefing from University College London presents data from large, representative UK cohort studies on the prevalence of child physical punishment in the UK, and changes over time.

## Crime, Justice & Prisons

### [The ‘12Cs’ Collective Safeguarding Responsibility Model](#)

The 12Cs sets out 12 key components which facilitate effective criminal justice multi-agency safeguarding practice, encompassing distinct yet interlinked issues relating to ‘practitioners and agencies’ and those relating to ‘structures and processes’.

### [“Where the Hell Am I Going to Get That money From?”: The Impact of Court Fines on People on Low Incomes](#)

This report explores the impact that criminal court fines have on people on low incomes, finding it disproportionately affects them, pushing them further into poverty, destitution and worse mental health.

### [Prevent Duty Guidance: Guidance for Specified Authorities in Scotland](#)

This is statutory guidance for Scotland, issued under Section 29 of the Counter-Terrorism and Security Act 2015. Subject to Parliamentary approval, it will come into force on 19 August 2024. The Prevent duty guidance for Scotland 2015 will continue to be in force until 19 August 2024. Specified authorities in Scotland must have regard to the updated guidance from 19 August 2024.

## Disability, Autism, ADHD & Learning Difficulties

### [Adaptations and Reasonable Adjustments for Autistic People in Housing – User Guide](#)

A user guide to help autistic people better understand their rights and think about the reasonable adjustments or adaptations that may work for them when renting a home.

### [How to Provide Mental Health Support for People with Learning Disabilities](#)

As part of Mental Health Awareness Week, this article shines a light on the presentation and management of mental health problems in people with learning disabilities. People with learning disabilities have higher rates of poor mental health than the general population, but their symptoms can often be missed. Here, Professor Eddie Chaplin explains the importance of good communication and appropriate assessment tools.

### [‘It Does Matter’: Public Attitudes Towards Deaf People and People with Hearing Loss](#)

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There are at least 12 million deaf people and people with hearing loss in the UK. For the first time, RNID has published research which has highlighted the impact that negative attitudes and a lack of understanding are having on our communities in their daily lives.

## Equality & Poverty

### [Poverty stigma: A Glue That Holds Poverty in Place](#)

The Joseph Rowntree Foundation's current focus on poverty stigma has grown out of decades-long programmes of participation and advocacy work with organisations that are led by, and/or centre the voices and experiences of people and communities with lived experiences of poverty. In this work, themes of stigma and shame are repeatedly highlighted across all poverty areas.

### [Would Increasing Scotland's Childcare Offer Help to Meet the Child Poverty Targets?](#)

An article from the Fraser of Allander Institute exploring whether increasing early childcare would help persistent levels of childhood poverty.

### [Fund to Wipe School Meal Debt Opened in Scotland](#)

A £1.5m fund to help councils cancel school meal debt is being opened by the Scottish government. First Minister John Swinney said the move would help ensure children are not "penalised" during the cost of living crisis. Local authorities will be able to apply to the "emergency one-off" fund for debt built up to 31 March 2024.

### [Tales from Easterhouse - Understanding the Resilience of Lone Mothers Across Generations](#)

Dr Mhairi Ross, a recent PhD graduate, discusses her thesis on lone mothers' experiences in Easterhouse since the 1980s, emphasising the significance of female social networks and the impact of gender-based inequalities and structural violence.

## Events & Courses

### [Managing Stress and Distress: How to Help, Understand and Support Children and Young People Webinar - 12/06/24 - 11am](#)

In this webinar, Stan Godek, Child Development Specialist will talk about distress and how to help; principles of stress reduction; mindfulness – 'what it is' and 'what it can do'. The webinar is a practical session on regulating children's moods and emotions, followed by a Q&A session with Stan. This is a free event.

### [Keeping the Promise for Dads? Seminar - 12/06/24 9am - 1.30pm Edinburgh](#)

Four years on from the publication of The Promise, an event is being held in Edinburgh to explore the role of dads in making sure Scotland's children are loved, safe and respected. Including speakers from the University of Lincoln and Fathers Network Scotland, the event will take place on Wed 12th June at Gorgie Mem, 338 Gorgie Road, Edinburgh, EH11 2RQ.

### [Vulnerability, Exploitation and the Cost of Living Crisis Webinar - 30/05/24 - 10am - 12 Noon MS Teams](#)

This webinar will look at how the cost of living crisis has impacted the vulnerability of women and girls and how this has led to an increase risk of being exploited. You will hear from expert speakers on their experiences when it comes to Financial Inclusion,

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Illegal Money Lending, Commercial Sexual Exploitation and the overarching Equally Safe Strategy.

### [Love, Attachment and Intellectual Disability: Meeting Emotional Needs and Developmental Trauma Webinar - 05/06/24 - 1pm - 2pm](#)

The webinar will give an accessible overview of some of the key theories that have informed our understanding of the emotional development of people with intellectual disabilities. Drawing on chapters from his book with co-author Victoria Shimmens, Love, Attachment and Intellectual Disability: Meeting Emotional Needs and Developmental Trauma, Allan will talk about taking a trauma-informed approach to caring for people with intellectual disabilities. The author's aim is to shift the focus from managing behaviour which challenges to looking at attachment theory and practices to support individuals' wellbeing to promote positive change.

### [Safeguarding Children Who Go Missing: Risk, Harm and Empathy Online Webinar - 18/06/24 10am - 12 noon](#)

This webinar is about children who go missing, the harm they experience while they are missing, and how we care for them when they return. Those who harm and exploit children rely on us not taking missing episodes seriously enough and not forming the kinds of trusted relationships with children that can disrupt patterns of abuse. This webinar is for those who you work with children and want to stop them going missing and being at risk of harm. This is a free event.

### [Safeguarding Network: Safeguarding and Mental Health Conference 2024 - 10/07/24 - Manchester](#)

Safeguarding Network, in partnership with Anna Freud, are hosting our first conference on the interplay between mental health concerns for young people and the duties on education settings to keep them safe. Keynote speakers include, Dame Rachel De Souza, Children's Commissioner for England; Dr Lesley French, Head of Clinical Help in Schools and Consultant Clinical Psychologist, Anna Freud; David Trickey, Co-Director of UK Trauma Council and Consultant Clinical Psychologist. Please note that there is a cost to attend this event.

### [Children in Scotland's Annual Conference – 29/05/24 9am – 30/05/24 4pm - Murrayfield Stadium, Edinburgh](#)

Children in Scotland are hosting their annual conference at Murrayfield Stadium in Edinburgh. Further details about the two-day programme can be found at the [Children in Scotland website](#). Please note that there is a cost to attend this event.

### [NOTA Scotland Conference - 09/09/24 - 10/09/24 - Stirling](#)

NOTA is the National Organisation for the Treatment of Abuse. This two day conference will bring together keynote addresses and give delegates the opportunity to take part in a series of workshops aimed at supporting professionals to prevent sexual abuse. Please note that there is a cost to attend this event.

### **Hate Crime Awareness Online Sessions**

A multi-agency webinar which is aimed at staff with a particular interest and/or who work with people within the protected characteristic groups. This opportunity forms part of a multi-agency approach to tackle hate crime in the city and within the context of wider Public Protection aims to support staff increase awareness of the subject. Course delivery partners will include Police Scotland, The Advocacy Project and staff from Glasgow Health and Social Care Partnership. By the end of the session you will be able to:

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- define hate crime;
- name the current forms of prejudice covered under Scottish Legislation;
- locate and complete the online Hate Crime Form.

Click on the relevant date to sign up:

[Wednesday, 29 May 2.30pm to 4.30pm](#)

### **Adult Support and Protection Multi Agency Training Awareness Webinar**

A multi-agency webinar delivered by Learning and Development, Glasgow HSCP to support practitioners to gain a basic understanding of Adult Support and Protection (ASP) legislation. It may be used as a basic awareness or if you already have some knowledge of ASP and wish to refresh your skills. This is a multi-agency awareness session and will be webinar-based with a maximum of 60 participants. There will not be a waiting list so if you are unsuccessful you will require to reserve an alternative date. Participants will:

- develop their understanding of what we mean by an adult at risk within the context of the Adult Support and Protection (Scotland) Act 2007;
- define who may be an adult at risk of harm;
- recognise forms of harm adults may experience;
- know how to report their concerns.
- explain their responsibility in relation to Adult Support and Protection.

Due to the high demand for the training, we recommend that you book 1 place but having up to 8 additional staff members join in your room and attend this training session.

Dates are as follows:

[Monday 12 August 2024](#)

[Thursday 19 September 2024](#)

[Monday 7 October 2024](#)

[Tuesday 10 December 2024](#)

## **Gender Based Violence**

[The REACH Plan: A five-year plan to find out what works to prevent domestic abuse & support child victims](#)

Foundations, a leading research centre examining family support services, has published its new Researching Effective Approaches for Children (REACH) Plan, a five-year study that aims to find out what works to prevent domestic abuse, support child victims and ensure that public money is spent on the most effective schemes.

[Forced Marriage Unit Statistics 2023](#)

Statistics on the cases reported to the Forced Marriage Unit through its public helpline and email inbox during calendar year 2023.

## **Housing & Homelessness**

[Glasgow City Mission Details Busiest Year Yet for Overnight Welcome Centre](#)

Glasgow City Mission has released its report into the Overnight Welcome Centre (OWC) which ran from 1 December 2023 until 31 March 2024.

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### Mental Health & Trauma

#### [Mental Welfare Commission for Scotland Visits: Twelve New Reports – May 2024](#)

The Mental Welfare Commission for Scotland has published new reports. The reports highlight positive and negative findings from the Commission's visits. They make recommendations for change where necessary. The Commission expects a response to each of its recommendations within three months of the reports being published. The reports are for:

- [Gartnavel Royal Hospital, Intensive Psychiatric Care Unit \(IPCU\) - 12/03/24](#)
- [Gartnavel Royal Hospital, Timbury Ward - 13/03/24](#)
- [Leverndale Hospital, Wards 5, 6, Boulevard, Bute, and Campsie House Low Secure Forensic Service - 05/02/24](#)
- [HMP YOI Stirling - 07/12/23](#)

#### [Mental Capacity Report - May 2024](#)

39 Essex Chambers' monthly reports on aspects of mental capacity law in the UK.

#### [Becoming a Parent Whilst Healing from Complex Trauma](#)

A resource that seeks to equip would-be parents, new parents and professionals supporting new parents with complex trauma with the knowledge and skills they need to navigate this transformational life stage.

### Online & Financial Harm

#### [Scam Share](#)

Trading Standards Scotland produce a weekly Scam Share bulletin. It looks at the latest phone, email and online scams affecting Scottish consumers. If you receive any emails to your work account which you suspect are phishing emails, please report these to the integrity mailbox at [integrity@glasgow.gov.uk](mailto:integrity@glasgow.gov.uk) as soon as possible. [Sign up to the Trading Standards Scotland Scam Share e-bulletin.](#)

### Refugees, Asylum, Trafficking and Immigration

#### [Unaccompanied Asylum Seeking Children and Leaving Care: Funding Instructions 2024 to 2025](#)

Funding instructions from the Home Office which set out the conditions under which local authorities may claim reimbursement of costs for supporting and caring for unaccompanied asylum seeking children.

#### [Home Office Faces Legal Challenge Over Risk of Lone Children Being Sent to Rwanda](#)

Home Office faces legal challenge over risk of lone children being sent to Rwanda. Charity says children could be deported as adults before age can be formally determined.

### Social Care, Practice & Workforce Matters

#### [Assessing the Impact of an Increase in Pay on Adult Social Care Labour Supply in Scotland](#)



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An impact assessment analysis that estimated the impact, on recruitment and retention, of an increase in the minimum wage for adult social care workers from £10.90 to £12.00 per hour in Scotland.

### [Care Services are at Risk from Delayed Payments](#)

Hundreds of thousands of pounds in delayed payments for care packages delivered by Scotland's independent care sector is jeopardising the 'vital services' they provide, Scottish Care has today revealed. Every single social care provider surveyed by Scottish Care reported that they are operating with payments overdue from local authorities.

### [Joint Inspection of Adult Services Integration and Outcomes – Focus on People Living with Mental Illness: Inverclyde Health and Social Care Partnership](#)

A thematic inspection that considered how effectively the Partnership is working together, strategically and operationally, to deliver seamless services that achieve good health and wellbeing outcomes for adults, through the lens of people living with mental illness.

### [Report of a Joint Inspection of Services for Children and Young People at Risk of Harm in East Lothian Community Planning Partnership](#)

A report of an inspection carried out between October 2023 and April 2024 by the Care Inspectorate in partnership with Education Scotland, Healthcare Improvement Scotland and HMICS

## Substance Use & Addictions

### [Government to Fund Drug Rehab Projects](#)

The Scottish government has announced an additional £3.6m for frontline organisations working to support those living in Scotland affected by drug-related harms, including four new rehab initiatives. Ministers says this new funding will help 'save and improve lives' as part of its National Mission on Drugs.