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Public Protection Bulletin  
23<sup>rd</sup> January 2024



Dear colleague,

Thanks to our new team, we are now back on our regular two weekly cycle. As usual, this edition carries a full range of research, articles, activities, and events covering the full spectrum of public protection. We hope that you find something of interest to you in the articles below.

If you have something new to share or publicise that might be of interest to our subscribers, then please do not hesitate to get in touch with Michelle Brown at [Michelle.Brown2@glasgow.gov.uk](mailto:Michelle.Brown2@glasgow.gov.uk)

Please stay safe and healthy.

Best wishes

Colin

Colin Anderson,  
Independent Chair  
Adult Support & Protection Committee/Child Protection Committee

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## Children, Young People & Education

### [Talk Trust Empower](#)

In 2021, the Internet Watch Foundation (IWF) ran a public awareness campaign with the aim of building public resilience to the threat of self-generated indecent imagery of children. Two separate campaigns were run; one aimed at parents, and one aimed at girls aged 11 to 13. This report presents the findings of secondary analysis of the data with the purpose of producing insights into both parents' and children's awareness, understanding and behaviour in relation to self-generated indecent imagery.

### [Child Sexual Abuse Response Pathway Resource](#)

An interactive online resource from the Centre of Expertise on Child Sexual Abuse to guide professionals through how they can protect and support children and their families when there are concerns of sexual abuse. It is designed to support professionals in identifying and responding to child sexual abuse and empower them to learn more about the role they, and their colleagues, can play to best protect and support children.

### [Taking a Children's Human Rights Approach: Guidance](#)

Guidance from the Scottish Government to provide information and resources to support public authorities and other organisations to implement a children's human rights approach. It may also assist public authorities to meet their current duties under the Children and Young People (Scotland) Act 2014 and to prepare for their duties under section 6 of the United Nations Convention on the Rights of the Child (Incorporation)(Scotland) Bill.

### [Online Safety Resources](#)

NSPCC Learning has created a resource page about online safety information for people working or volunteering with children. The online safety resources, guidance and training are designed to help create and maintain safer online spaces for children.

### [Children Committing Half of Reported Child Sexual Abuse Offences, New Figures Reveal](#)

Article from Sky News highlighting the increase of child-on-child sexual abuse which is impacted by access to violent pornography and smart phones.

### [Fixing Britain: Children in Care](#)

The BBC's Fixing Britain with Louise Casey podcast broadcasts an episode on the topic of 'Children in Care'. Louise asks how we can do better for children in care. Reaching back to 2007, she hears how one tragic case and the political and media response to it produced unexpected results throughout the system. She asks what prevents governments taking a comprehensive approach to the problem. And as she speaks to care experienced people and hears how they saw Scotland's independent care review as a step forward, she examines what is preventing progress on implementing it.

## OFFICIAL

### [A Systematic Review of Factors Associated with Disclosure of Child Sexual Abuse](#)

Disclosure of child sexual abuse (CSA) is key to victims having access to support and protection, but the current understanding of what factors play a key role is still limited. The present review aims to understand a range of socio-ecological factors that can either facilitate or obstruct the disclosure of CSA.

### [Interrupting A Cycle of Placement Instability With Short-Term Residential Care: Trauma-Informed Family-Like Relational Practice In One Specialist Unit](#)

Some children experience repeated instability and disruption when successive foster care placements end prematurely, sometimes under difficult circumstances. This paper reports on a service evaluation of a residential facility specialising in short-term placements for children who have experienced disruption, with the aim of interrupting the cycle of placement instability.

### [STAR \(Siblings Reunited\) Project Evaluation](#)

The [Independent Care Review](#) helped to highlight the importance of brothers and sisters maintaining relationships whether or not they are living together – and the extent to which, for many children in Scotland, this has not been happening. Set up in 2013, [Siblings Reunited \(STAR\)](#) is the only specialist service in Scotland offering support with family time together for brothers and sisters. There is an evaluation report and children and young people summary, in addition to briefings for caregivers, managers and policy makers, professionals and volunteers.

### [Brothers and Sisters: Full Briefing](#)

The Getting it Right for Brothers and Sisters Fund awarded grants to help organisations understand more about local needs and gather evidence on what works to ensure relationships between brothers and sisters are cherished and protected. The Brothers and Sisters Insights Briefings are an outcome of this work and represent the main learning from the engagement activities. There is also a [summary briefing](#).

### [Do Social Workers Hold Mothers Entirely Responsible for their Children's Safety?](#)

Article from Community Care exploring whether mothers are too often viewed as solely responsible for the care and safety of their children, overlooking the responsibilities of fathers.

## **Disability, Autism, ADHD & Learning Difficulties**

### [Recognising Behaviour as Distress in Practice](#)

A discussion paper from The National Autistic Taskforce focusing on the current social care response to what is often called 'behaviour which challenges' in autistic people and the persistent issue of the inappropriate detention of autistic people in institutional care settings. The paper proposes a rights-based approach to care which focusses on quality of life and calls for the widespread adoption of the National Autistic Taskforce's autistic-authored 'An independent guide to quality care for autistic people' and particularly recommendation, which advocates recognising behaviour as distress.

## OFFICIAL

### [Reasonably Adjusted Clinic for Patients with a Learning Disability](#)

A new video and toolkit, showcasing a reasonably adjusted clinic for patients with a learning disability, which aims to help health and social care professionals to better support patients with a learning disability, and help reduce the number of avoidable deaths through respiratory conditions. Although asthma focused, the learning and materials can be adapted for use across other long-term condition areas.

## Mental Health & Trauma

### [Reaching Out: Improving the Physical Health of People with Severe Mental Illness](#)

Report from the Centre of Mental Health detailing the findings of information gathering on the use of this outreach funding provided by NHS England to increase uptake of annual physical health (PHSMI) checks, Covid-19 vaccines and flu vaccines (where eligible) among people living with severe mental illness.

### [Mental Welfare Commission for Scotland's Report for Announced Visits to Leverndale Hospital Wards 3A & 3B](#)

Ward 3A is an adult acute mental health admission ward that covers the geographical area of South Glasgow, including Pollok and Crookston. The MWC visited the ward in May 2022/November 2022 and made recommendations. This report details the findings of a further visit on 28<sup>th</sup> November 2023 to follow up on recommendations and any progress made.

### [Mental Welfare Commission for Scotland's Report for Announced Visits to Leverndale Hospital Wards 4A & 4B](#)

Ward 4A is an adult acute mental health admission ward and covers the geographical area of Castlemilk (Glasgow City). Ward 4B is also an adult acute mental health admission ward and covers the geographical area of Govan and Ibrox (Glasgow City). Ward 4B has responsibility for ESTEEM, a mental health service for individuals aged between 16 and 35 years old, who appear to be experiencing a first episode of psychosis. The MWC visited the wards in May 2022 and made recommendations for the wards. This report details the findings of a further visit on 1<sup>st</sup> November 2023 to follow up on recommendations and any progress made.

### [Digitally Enabled Therapies for Adults with Anxiety Disorders: Early Value Assessments](#)

This guidance by National Institute for Health and Care Excellence provides insight into early value assessments for digitally enabled therapies for adults with anxiety disorders.

### [The Burnout Report](#)

This research sets out to gain greater insights into public awareness and understanding of burnout, explore people's relationship with stress and pressure both in and out of their working lives, and the factors that contribute to burnout for adults in the UK today.

### [Mental Health and Wellbeing Learning Resource for Early Years Professionals](#)

The SSSC has developed a new resource with partners that highlights learning materials to support learning around infants and young children's mental health and wellbeing.

## OFFICIAL

## Adults, Older People & Dementia

### [Physical Restraints in Nursing Homes: A Qualitative Study with Multiple Stakeholders](#)

This study aims to find out the perceptions of physical restraint of professionals in the care of the elderly in nursing homes and thus improve the understanding of the problems generated by the use of restraint in nursing homes holistically and provide tools to integrate the areas for improvement identified by different professionals in the nursing homes.

## Carers

### [Employment Support Needed for Scotland's Carers](#)

A new report from Carers Scotland reveals that unpaid carers across Scotland trying to juggle caring responsibilities with work are being let down by national and local government as well as employers.

## Housing & Homelessness

### [Report Exposes Critical Links Between Refugee Resettlement and Rising Rates of UK Street Homelessness](#)

A report released today by the Centre for Homelessness Impact sheds light on the challenges faced by refugees being resettled in the UK.

### [Living Rent Calls for Action Over Concerns About the End of Rent Cap](#)

Tenants' union, Living Rent has called for further protections for tenants as the Scottish Government seeks consultation regarding measures to transition away from emergency legislation.

### [Scottish Homelessness Levels Expected to Rise by a Third in Two Years](#)

Homelessness levels in Scotland are projected to increase by a third in the space of just two years if ministers fail to change their approach, a new report has found.

### [More Than a Quarter of Scotland's Households in Housing Need](#)

A comprehensive survey into the housing needs of the population has found that more than a quarter (28%) of households in Scotland do not live in accommodation that adequately meets their needs.

### [I'm Working but Homeless and Bottom of the Housing List](#)

BBC News article exploring the increase in numbers of people in Scotland described as experiencing 'core homelessness'.

## Substance Use & Addictions

### [Gambling Harms in Adult Social Care: Developing an 'Introductory' Question to Identify Gambling Harms Among Service Users](#)

Gambling harms are disproportionately experienced among disadvantaged groups and as such, adult social care (ASC) practitioners are well-placed to identify and support affected individuals. There exists no evidence-based 'introductory' question for practitioners to identify those at risk of gambling harms, which includes family and friends ('affected others'). This study details a scoping review of possible introductory questions and provides two which can be tested by local authorities.

## Equality & Poverty

### [Tens of Thousands of Scots 'Forced onto Pay-As-You-Go Energy Meters'](#)

Tens of thousands of people in Scotland have been forced onto pay-as-you-go energy meters against their will, new analysis from Citizens Advice Scotland (CAS) has suggested.

### [New Local Housing Allowance Rates to Come into Force in April](#)

Around 1.6 million private renters across the UK are set to receive a substantial boost to their housing support in April after the UK Government laid legislation to increase Local Housing Allowance (LHA).

## Gender Based Violence

### [Fixing Britain: Violence Against Women](#)

The BBC's Fixing Britain with Louise Casey podcast broadcasts an episode on the topic of 'Violence against women'. Speaking to people from across the political spectrum who have worked hard to improve the effectiveness and sensitivity of the criminal justice system's response to these crimes, Louise tries to get to the bottom of why they have not been more effective. And she speaks to those working on preventing the problem in the first place, by addressing attitudes and behaviours which can, if left unaddressed, end up in violence.

### ['Who's got my back?': Worker Safety in the Context of Domestic Abuse](#)

This paper reports on a subset of findings from a practice-led research project focused on capacity-building workers and their organisations to address domestic abuse, which highlighted the ongoing concerns expressed by practitioners - particularly female practitioners - about their own physical, emotional, and professional safety.

## Refugees, Asylum, Trafficking and Immigration

### ["The will to survive": The Lives of Young People with "No Papers" in the United Kingdom](#)

An article considering how undocumented youths in the UK survive and construct their everyday lives in precarious circumstances. The paper illustrates how these young people focus on the future and engage in purposeful activities as a way of enduring the everyday challenges of living with no papers.

### [Homelessness, Refugees and Resettlement](#)

This report aims to shed light on the challenges faced by refugees being resettled in the UK. Exploring the connection between poverty, education, health inequalities and housing, it emphasises the role housing plays in shaping the destiny of those on the edge of society.

## Crime, Justice & Prisons

### [Justice Social Work Statistics In Scotland: 2022-23](#)

Publication from the Scottish Government presenting national-level information on justice social work activity in Scotland. It includes data on justice social work services and social work orders, as well as characteristics of the individuals involved.

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### [Best Practice in Working with People with Mental Health Problems on Probation](#)

A review from Clinks examining the evidence about the mental health of those on probation, the benefits of focusing on mental health, the organisation of mental health care, current initiatives, and challenges to providing high-quality care, what good quality care on probation looks like and improving the evidence base and provision of care.

## **Social Care, Practice & Workforce Matters**

### [Guidance for Providers of Care Homes for Children and Young People on the Emergency Relaxation of Conditions of Numbers](#)

A publication from the Care Inspectorate providing updated guidance for providers of care homes for children and young people on the emergency relaxation of conditions of numbers.

### [Matching Looked After Children and Young People: Admissions Guidance for Residential Services](#)

Guidance from the Care Inspectorate setting out their expectations for services to plan for and assess the needs of children and young people before a placement begins, to consider how the needs of individual children and young people will be met. It aims to support commissioners, planners, purchasers, and providers in offering the best placements for children and young people moving into a new residential setting, and in developing admissions policies and procedures to support positive outcomes for children and young people which comply with legislative requirements and best practice, including the SHANARRI principles of Getting it Right for Every Child and the Health and Social Care Standards.

### [Consultation: Protecting People from Illegal Harms Online](#)

Ofcom, regulator of the new Online Safety Act, is launching the Illegal Harms consultation as part of their work to establish the new regulations over the next 18 months. It focuses on their proposals for how internet services that enable the sharing of user-generated content ('user-to-user services') and search services should approach their new duties relating to illegal content.

### [National Care Service Forum 2023 Report](#)

Report from the Scottish Government providing an overview of the second annual National Forum as part of the ongoing development of the National Care Service (NCS), held on 30<sup>th</sup> October 2023. The aim of the annual forum was to provide an opportunity for people to come together and talk about the future of community health and social care in Scotland and to update people on the progress of the NCS. You can find the reports from the regional events by visiting [www.gov.scot/ncs](http://www.gov.scot/ncs). [There is also an easy read version of the report.](#)

## **Online & Financial Harm**

### [Scam Share](#)

Trading Standards Scotland produce a weekly Scam Share bulletin. It looks at the latest phone, email and online scams affecting Scottish consumers. If you receive any emails to your work account which you suspect are phishing emails, please report these to the integrity mailbox at [integrity@glasgow.gov.uk](mailto:integrity@glasgow.gov.uk) as soon as possible. [Sign up to the Trading Standards Scotland Scam Share e-bulletin.](#)

## OFFICIAL

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### [Crown Office to Examine 'Potential Criminality' of Selling Home Insulation Products](#)

Trading Standards Scotland has welcomed reports that the Crown Office and the Procurator Fiscal are examining potential criminality in the selling of home insulation products.

## Events & Courses

### [Multi-Agency Suicide Intervention Skills Workshops: Three Courses February to April 2024](#)

As part of an Action Plan to reduce suicide in Glasgow, the Glasgow City Suicide Prevention Partnership aims to provide key training to staff through a multi-agency approach with a series of Suicide Intervention Skills training workshops. There are three courses available and all are supported by NHS GG&C Mental Health Services and the Scottish Government. Courses are delivered and have been created to meet the needs of staff and ultimately those of persons with thoughts of suicide. This training is delivered by LivingWorks. Please be mindful that when booking, or nominating staff, to attend a course that they discuss the subject of suicide in some depth.

### [Lipreading Course - Online & In-Person Weekly from 16th January 2024](#)

Deaf Action are holding lipreading courses, which are tailored for adults aged 16+ with any degree of hearing loss and who use spoken English to communicate with other people. The courses are taught by experienced teachers of lipreading for adults and can provide you with the opportunity for self-help, mutual support, and friendship with people who understand your problems. Visit the website to sign up.

### [Third Sector Networking Breakfast - 16/02/24 10am - 12 Noon Albany Centre, Glasgow](#)

GCVS is hosting a networking breakfast for anyone working or volunteering in the third sector in Glasgow, as well as supporting organisations and partners. There will be the opportunity to meet the team, learn about new projects, make connections, say hello to old friends, and share your latest news. This is a free event, although registration is required.

### [Multiply - Numeracy Core Skills Course - Online/In-Person Various Dates](#)

GCVS's Numeracy Core Skills course, fully funded through the Multiply Grant, allows learners to improve their practical numeracy skills and provides a recognised qualification. Rather than concentrate on complex mathematical ideas and concepts, this course aims to develop tools that are useful in daily life. It can help widen access to the jobs market and support the hardest-to-reach learners. Recognised as SCQF level 5, Numeracy is one of five core skills considered 'key to learning and working in today's world. The courses are free, although registration is required. [For further details and to register visit GCVS's Eventbrite webpage.](#)

### ['Five Nations' Adult Support, Protection and Safeguarding Seminar Series: Rights, Choices and Decisions Webinar- 02/02/24 10.30am - 12.30pm](#)

A series of free online seminars on safeguarding and adult protection themes for 2024. This webinar is 'Rights, Choices and Decisions' with speeches from Brendan Kelly, Professor of Psychiatry at Trinity College Dublin and Consultant Psychiatrist at Tallaght University Hospital, Dublin and Ellie Atkins, a registered social worker, Manager and Safeguarding Lead for The Rough Sleeper Social Work Team in

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Manchester. This is a free event. The link and passcode to join this webinar is contained in the attached flyer.

### [Webinar: Role of Integrated Care Systems in Developing and Delivering Virtual Wards - 01/02/24 12 Noon - 1.30pm](#)

This webinar in the integrated care webinar series, run by the System Transformation team at NHS England and hosted by SCIE, explores how virtual wards allow patients who otherwise would be in hospital to receive acute care, monitoring and treatment at home. This can have benefits for individual patients and their outcomes, as well as for the flow of patients through the wider health and care system by helping to prevent avoidable admissions and support safe and timely discharges.

### [Expert Voices: A Presumption Against Short Prison Sentences for Women - 30/01/24 12.30pm - 1.30pm](#)

A webinar from Expert Voices, with two experts - Dr Shona Minson, British Academy Postdoctoral Fellow at the Centre for Criminology, University of Oxford and Fiona Deacon, Greater Manchester Probation Service Strategic Lead for Women - exploring the potential impact the presumption against short sentences legislation could have on women. [This event follows the recent event which looked at the Scottish experience of presumption against short sentences.](#)

### [Building Cyber Resilience in Social Services - Abertay cyberQuarter, Dundee 28/02/24 9.30am-3.30pm](#)

As part of Cyber Scotland Week 2024, the SSSC is hosting a free event to help improve cyber resilience across Scotland. This event will be of interest to organisations and individuals involved in the delivery of social work, social care, children and young people's services and housing services. Attendees will have the opportunity to hear from senior leaders in organisations who have been subject to cyber-attacks, learn about what support and advice is available for organisations and their workforce and explore how we can help the people who use these services stay safe. This is a free, in-person event and will not be recorded. Lunch and refreshments will be provided. Registration is required through Eventbrite.

### [Leadership Links Webinar: Intersectionality in the Care of Marginalised Communities - 18/04/24 12.30pm - 1.30pm](#)

A webinar from Leading to Change discussing how communities who experience multiple and compounding inequalities experience the health and social care system in Scotland. They will explore how to create environments that centre equality and fairness for those most marginalised. This is a free event, but registration is required.

### [Adult Support and Protection Multi Agency Training Awareness Webinar](#)

A multi-agency webinar delivered by Learning and Development, Glasgow HSCP to support practitioners to gain a basic understanding of Adult Support and Protection (ASP) legislation. It may be used as a basic awareness or if you already have some knowledge of ASP and wish to refresh your skills. This is a multi-agency awareness session and will be a webinar based with a maximum of 60 participants. There will not be a waiting list so if you are unsuccessful you will require to reserve an alternative date. Participants will:

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- Develop their understanding of what we mean by an adult at risk within the context of the Adult Support and Protection (Scotland) Act 2007
- Define who may be an adult at risk of harm
- Recognise forms of harm adults may experience
- Know how to report their concerns
- Explain their responsibility in relation to Adult Support and Protection

Due to the high demand for the training, we recommend that you book 1 place but having up to 8 additional staff members join in your room and attend this training session.

Dates are as follows:

21/03/2024 - [SIGN UP HERE](#)

16/04/2024 - [SIGN UP HERE](#)

23/05/2024 - [SIGN UP HERE](#)

18/06/2024 - [SIGN UP HERE](#)