



Public Protection Bulletin 4th June 2024

Dear colleague,

People continue to tell us these bulletins are a valuable source of information and we will continue to seek out the latest news, research, articles and events. In order to ensure that the bulletin meets the needs of our readers in Glasgow, we have included a link to a short survey so that you can tell us what you think of the bulletin and how it could be improved. We would very much appreciate it if you would take 5 minutes to complete it - <u>https://www.smartsurvey.co.uk/s/6XEUMG/</u>

As usual, this edition carries a full range of research, articles, activities, and events covering the full spectrum of public protection. We hope that you find something of interest to you in the articles below.

If you have something new to share or publicise that might be of interest to our subscribers, then please do not hesitate to get in touch with Michelle Brown at <u>Michelle.Brown2@glasgow.gov.uk</u>

Please stay safe and healthy. Best wishes

Colin Anderson, Independent Chair Adult Support & Protection Committee/Child Protection Committee

Adults, Older People & Dementia

Day Centre Resources Hub

This resource hubs aims to help support day centre sustainability by improving knowledge about them, supporting their operation, and encouraging joint working. The hub includes background materials to support decision-makers, commissioners, investors or collaborators understand day centres better; tools and resources to support day centre self-audit and to support service development; 35 case study examples; and templates and signposts to external materials.

Commission on the Future of Long Term Care in Scotland Report

The remit of the Commission was to consider how to tackle the existing lack of strategic planning and commissioning and how to address the future long term needs of older people and people with advancing dementia. It also explored the current inequalities that exist within long term care provision for older people and people with advancing dementia and considered how their increasing healthcare needs are met and paid for in care homes in a fair and equal way.

Reablement, Rehabilitation, Recovery: Everyone's Business

In spring 2023, the British Geriatrics Society published <u>Joining the Dots</u>, outlining why investing in high-quality, joined-up care for older people improves outcomes for individuals and their carers, reduces demand for services, increases the resilience of health and social care systems, and delivers economic and societal benefits. This new report takes a deeper dive into the recommendation to protect and preserve the right to rehabilitation for all older people who need it and presents evidence and examples of rehabilitative approaches designed to optimise recovery and improve the functional ability, health and wellbeing and social participation of older people at home and in different care settings.

Carers

Unpaid Care Has Huge Impact on Mental Health and Affects Low Income Households

The Eurocare research, published on 29 May 2024, examined unpaid care provided by people of all ages across Europe. It was carried out by University College London and St George's, University of London, with support from Carers Trust and research teams in Spain, Norway and Germany. The research conducted across Europe has shown unpaid care has a huge impact on mental health. The same research also found unpaid care is more likely to be provided by people from low income households.

Children, Young People & Education

Into the Light Index

Into the Light Index is one of Childlight's contributions to bringing together different types of data from around the world about Child Sexual Exploitation and Abuse (CSEA) and see what picture it paints. They have brought together data from national surveys, research and practice to give our estimates of the prevalence of online CSEA victims and offenders, and the scale and nature of child sexual abuse material (CSAM) online. They intend to track and update this data over time, to show what does and doesn't work to protect children and prevent abuse.

When Data Tells us the What but Not the Why

CELCIS's Data Lead, Micky Anderson, takes a look at the latest social work statistics in Scotland for clues about what is happening in the support for children in need of care and protection and their families.

<u>Guidance: Develop and Use Data Analytics Tools in Children's Social Care</u> The Department for Education in England has published guidance for local authorities who are developing and using data analytics tools in children's social care.

New Analysis Shows Disparity in Statistics Collected about Disabled Children in Scotland

This analysis assesses the quality of the disabled children's statistical data that is reported across Scotland's children's services, bringing it together for the first time, and compares this to UK and international data.

The Adoption Barometer: A Stocktake of Adoption in Scotland

The Adoption Barometer is Adoption UK's annual stocktake of the impact of policy and practice in adoption and related issues on the lives of adoptees and adoptive families. It is based on the results of a nationwide survey open to adopted people aged 18 and over, adoptive parents of children aged 0-25 and prospective adopters, mainly focusing on respondents' experiences during 2023.

Articulate Animation: Language That Cares

A short animation and professional guide which focuses on the language used in the Children's Hearings System. The short film is a joint initiative with Our Hearings, Our Voice (OHOV) Children's Hearings Scotland (CHS) and SCRA. The animation stemmed from the work of Language Leaders, a group which is made up of young people with lived experience and adults with lived and professional experience across the Hearings System. The video is accompanied by <u>a guide which has been created to support professionals and volunteers in their use of language</u>.

Podcast: Absenteeism in Schools

A podcast from NSPCC Learning where you can learn more about why children miss school and the potential safeguarding implications. If children miss school, the ability that schools have to offer them the support they need is compromised. And missing school may be an indicator of broader child protection concerns.

Approaches for Supporting Youth Dually Involved in Child Protection and Youth Justice Systems: An International Policy Analysis

The high representation of children involved across both child protection and youth justice systems remains a pressing concern. Contributing factors include unnecessary police intervention for behavioural difficulties in residential care, and deficient systems integration particularly between child protection and youth justice. Policy reforms in the past 15–20 years have aimed to prevent and address this concern across jurisdictions such as Australia, New Zealand, Canada, the United Kingdom, and the United States. This study offers an updated review and analysis of these policies, targeting researchers, policymakers, and practitioners in the field.

Impact of Regulation on Children's Digital Lives

Recent years have seen significant developments in legislation and regulation covering children's privacy and safety in response to growing public concern and evidence of risks to children online. The UK Age Appropriate Design Code took effect in 2021, and the Online Safety Act passed into law in 2023 and is now in a transitional period. The European Union has passed the Digital Services Act, which

took full effect in 2024. More established legislation such as the General Data Protection Regulation and the US Children's Online Privacy Protection Act also continue to play a role in regulation. This research sought to understand how these new developments in legislation and regulation may benefit children's digital lives. The report examines the impacts of legislative and regulatory measures focused on children's online privacy and safety over the period 2017–24.

Statistics Briefing: Harmful Sexual Behaviour

A briefing from NSPCC which introduces research data around harmful sexual behaviour (HSB). Statistics can help professionals and the organisations they work for make evidence-based decisions about how best to meet the needs of children who display HSB.

Crime, Justice & Prisons

The Box Training e-Learning Tool

The Box is a free e-learning tool designed for professionals working in the justice sector. It is designed to give professionals in the justice system the ability to identify communication issues and the skills to work successfully with individuals who have such issues.

Disability, Autism, ADHD & Learning Difficulties

Pinball Systems, Snakes and Ladders or Person-Centred Provision

This report written by Prof. Amanda Kirby is a must-read for anyone interested in learning more about neurodiversity and REDI (Racial Equity, Diversity, and Inclusion). It is a valuable resource for those who work with or support young people and for anyone looking to create more inclusive and equitable systems. The report highlights the fact that many neurodivergent young people who have experienced childhood adversity are not receiving the support they need. It calls for a more holistic approach to supporting these young people, one that considers their individual needs and experiences.

Equality & Poverty

Cash First in Glasgow's Community Food Sector

This report details the findings and recommendations of a research project commissioned by the Glasgow Community Food Network and funded by Scottish Government. The research explored how cash-first approaches might be implemented in community food settings. Cash First approaches aim to get money into people's pockets to reduce or eradicate the need for emergency food aid.

New statistics on Scottish Child Payment

New statistics published by Social Security Scotland have shown that more than 329,000 families with children under 16 are receiving the Scottish Child Payment (£26.70 weekly). The payment is part of a wider package of welfare payments including the Best Start Grants and Best Start Foods which provide financial support.

New Funding to Expand Access to Childcare Services

First Minister John Swinney has announced £16 million for childcare services to help deliver his vision of a Scotland free from child poverty.

Events & Courses

Safeguarding Children in Custody: Relationships, Advocacy and Power Webinar - 07/08/24 10am - 11.30am

A practice-focused webinar delving into how social workers, youth justice workers and Independent Reviewing Officers can play a positive safeguarding role in the lives of the children in custody they are responsible for. You will gain a deeper understanding of the types of harm a child in custody might come to, how you can determine if they have come to harm and how to ensure that any concerns you have are appropriately addressed.

Managing Stress and Distress: How to Help, Understand and Support Children and Young People Webinar - 12/06/24 - 11am

In this webinar, Stan Godek, Child Development Specialist will talk about distress and how to help; principles of stress reduction; mindfulness – 'what it is' and 'what it can do'. The webinar is a practical session on regulating children's moods and emotions, followed by a Q&A session with Stan. This is a free event.

Keeping the Promise for Dads? Seminar - 12/06/24 9am - 1.30pm Edinburgh

Four years on from the publication of The Promise, an event is being held in Edinburgh to explore the role of dads in making sure Scotland's children are loved, safe and respected. Including speakers from the University of Lincoln and Fathers Network Scotland, the event will take place on Wed 12th June at Gorgie Mem, 338 Gorgie Road, Edinburgh, EH11 2RQ.

Safeguarding Children Who Go Missing: Risk, Harm and Empathy Online Webinar - 18/06/24 10am - 12 noon

This webinar is about children who go missing, the harm they experience while they are missing, and how we care for them when they return. Those who harm and exploit children rely on us not taking missing episodes seriously enough and not forming the kinds of trusted relationships with children that can disrupt patterns of abuse. This webinar is for those who you work with children and want to stop them going missing and being at risk of harm. This is a free event.

Safeguarding Network: Safeguarding and Mental Health Conference 2024 - 10/07/24 - Manchester

Safeguarding Network, in partnership with Anna Freud, are hosting their first conference on the interplay between mental health concerns for young people and the duties on education settings to keep them safe. Keynote speakers include, Dame Rachel De Souza, Children's Commissioner for England; Dr Lesley French, Head of Clinical Help in Schools and Consultant Clinical Psychologist, Anna Freud; David Trickey, Co-Director of UK Trauma Council and Consultant Clinical Psychologist. Please note that there is a cost to attend this event.

NOTA Scotland Conference - 09/09/24 - 10/09/24 - Stirling

NOTA is the National Organisation for the Treatment of Abuse. This two day conference will bring together keynote addresses and give delegates the opportunity to take part in a series of workshops aimed at supporting professionals to prevent sexual abuse. Please note that there is a cost to attend this event.

Adult Support and Protection Multi Agency Training Awareness Webinar

A multi-agency webinar delivered by Learning and Development, Glasgow HSCP to support practitioners to gain a basic understanding of Adult Support and Protection (ASP) legislation. It may be used as a basic awareness or if you already have some

knowledge of ASP and wish to refresh your skills. This is a multi- agency awareness session and will webinar-based with a maximum of 60 participants. There will not be a waiting list so if you are unsuccessful you will require to reserve an alternative date. Participants will:

- develop their understanding of what we mean by an adult at risk within the context of the Adult Support and Protection (Scotland) Act 2007;
- define who may be an adult at risk of harm;
- recognise forms of harm adults may experience;
- know how to report their concerns.
- explain their responsibility in relation to Adult Support and Protection.

Due to the high demand for the training, we recommend that you book 1 place but having up to 8 additional staff members join in your room and attend this training session.

Dates are as follows:

Monday 12 August 2024 Thursday 19 September 2024 Monday 7 October 2024 Tuesday 10 December 2024

Gender Based Violence

Implementing Safe and Together Learning Event

Following the publication of the Implementing Safe & Together in Scotland: Creating Domestic Abuse-Informed Systems, Services and Workforces year two learning report the Improvement service, alongside the Safe & Together Institute, hosted a learning event in Edinburgh on 27 March 2024. You can access the presentations and recordings via the link.

Housing & Homelessness

Four Housing Associations to Benefit from New Southside Energy Advisers Southside Housing Association is set to launch a new advice project funded through the Energy Industry Voluntary Redress Scheme. The project will provide two energy advisers for a period of two years. The project will provide direct support to 1,100 vulnerable and excluded households and facilitate access to this and other fuel support services for those currently underrepresented.

Lesbian, Gay and Bisexual Population Face Housing Inequalities

Britain's lesbian, gay and bisexual population experience inequalities in accessing housing, according to a study led by the University of Stirling. The analysis of almost a decade of data from British households - thought to be the first of its kind in the UK - found that lesbian, gay and bisexual (LGB) people in Britain have poorer housing outcomes than their heterosexual counterparts.

Breaking the Cycle: Understanding the Challenges in Accessing Wrap-Around Support for People Experiencing Homelessness in Scotland

Launched at the Scottish Parliament yesterday, the Breaking the Cycle report warns that missing data makes it more difficult to effectively plan vital services and guide people into independent living programmes such as Housing First. The report makes

seven key recommendations to help ensure homelessness is rare, brief and unrepeated.

Mental Health & Trauma

<u>Risk Rates and Profiles at Intake in Child and Adolescent Mental Health Services</u> Children and young people (CYP) seen by child and adolescent mental health services (CAMHS) often experience safeguarding issues. Yet little is known about the volume and nature of these risks, including how different adversities or risks relate to one another. This exploratory study aimed to bridge this gap, examining rates at entry to services and profiles of risk using a latent class analysis.

Online & Financial Harm

Scam Share

Trading Standards Scotland produce a weekly Scam Share bulletin. It looks at the latest phone, email and online scams affecting Scottish consumers. If you receive any emails to your work account which you suspect are phishing emails, please report these to the integrity mailbox at integrity@glasgow.gov.uk as soon as possible. Sign up to the Trading Standards Scotland Scam Share e-bulletin.

Refugees, Asylum, Trafficking and Immigration

Refugee Festival Scotland 14th - 23rd June 2024

Refugee Festival Scotland will run between 14th and 23rd June and there are multiple events organised to celebrate music, dance, food, art, language and ideas that people bring when they settle in Scotland. Find out more about the events on the Refugee Festival website.

Social Care, Practice & Workforce Matters

<u>Mindfulness-Based Social Work and Self-Care with Social Work Professionals</u> Social workers are at high risk of work stress and burnout, with the COVID-19 pandemic reported to have amplified this risk. The Mindfulness-based Social Work and Self-Care programme (MBSWSC) has been found to support cognitive and emotion regulation of social workers, leading to improved stress, burnout, mental health, and well-being. This randomised controlled trial (RCT) aimed to replicate and expand the findings of an earlier RCT of MBSWSC, with a wider group of social work professionals (including managers), by evaluating the effects of MBSWSC versus an active control.

Enabling Social Support for People with Epilepsy: A Toolkit for Commissioners This resource, jointly developed by Iriss in partnership with Epilepsy Connections, Epilepsy Scotland, Lanarkshire Epilepsy and Quarriers, is a tool to assist evidenceinformed commissioning of sustainable social support for epilepsy that meets local need and contributes to national outcomes.

Social Care - Self-Directed Support: Framework of Standards

This updated framework from the Scottish Government consists of a set of standards for local authorities to provide them with an overarching structure, aligned to legislation and statutory guidance, for further implementation of the self-directed support approach to social care. The update includes standard descriptor and practice statement and core components and practice guidance.

Professional Curiosity

Siobhan Maclean and Wendy Roberts discuss the importance of professional curiosity. There is also an animation which provides a new way of looking more deeply at what it means. It develops on from the idea that professional curiosity is about looking beyond the face value of information. You can also watch the professional curiosity animation and the short version.