



Public Protection Bulletin 8th May 2024

Dear colleague,

People continue to tell us these bulletins are a valuable source of information and we will continue to seek out the latest news, research, articles and events. In order to ensure that the bulletin meets the needs of our readers in Glasgow, we have included a link to a short survey so that you can tell us what you think of the bulletin and how it could be improved. We would very much appreciate it if you would take 5 minutes to complete it - https://www.smartsurvey.co.uk/s/6XEUMG/

As usual, this edition carries a full range of research, articles, activities, and events covering the full spectrum of public protection. We hope that you find something of interest to you in the articles below.

If you have something new to share or publicise that might be of interest to our subscribers, then please do not hesitate to get in touch with Michelle Brown at Michelle.Brown2@glasgow.gov.uk

Please stay safe and healthy. Best wishes

Colin Anderson, Independent Chair Adult Support & Protection Committee/Child Protection Committee

OFFICIAL Children, Young People & Education

Children's Social Work Statistics 2022-23 - Looked After Children

Scottish Government Looked After Children Statistics for Scotland for 2022 to 2023 that cover data on children who are looked after, young people in continuing care, and young people eligible for aftercare services.

Early Child Development Statistics: Scotland 2022 to 2023

This release by Public Health Scotland (PHS) provides an update on children's development as assessed during the 13-15 months, 27-30 months, and 4-5 years child health reviews. The latest information presented comes from reviews provided to children becoming eligible for review between April 2022 and March 2023.

What Do We Know About Children's Representation in Child Protection Decisions? This paper presents an overview of existing research about children's representation in child protection decision-making and identifies the knowledge gaps.

Improving Mental Health and Wellbeing with and Through Education Settings

A report from Child of the North, which sets out an evidence-based plan to improve the mental health and wellbeing of children through schools to support the 1 in 5 children with a probable mental health condition. The report calls for widening of Mental Health Support Teams to all schools, new 'one-stop-shop' hubs for parents and children to find local support, and national roll out of local wellbeing surveys to track 'emotional temperature' of school children. It also urges political parties to put children's wellbeing at the heart of their future government plans to reduce the prevalence of children's poor mental health by half over the next 10 years.

Not in School: The Mental Health Barriers to School Attendance

A report from the Centre of Mental Health exploring school absence rates since the pandemic. The briefing finds that school absences are rising amidst escalating rates of mental health problems among children and young people, with long waiting lists and rejected referrals preventing them from engaging fully with education. Absences have spiked alongside rates of child poverty, where families struggling with the cost of living may be unable to afford the basics for their children to attend school, such as school uniform, transport or food. The briefing also finds that pupils with special educational needs and disabilities (SEND) are much more likely to miss school, exacerbated by long waits for diagnosis and a lack of support to meet their needs.

Thinking Differently: A Manifesto on Prevention and Early Intervention and Closing the Gap in Children and Young People's Mental Health

One in five young people in England has a probable mental health disorder. And while requests for services have more than doubled since 2018, only 32% more patients are being seen compared to March 2021. This manifesto from the Anna Freud brings together young voices, scientific insight, research and our 71 years of expertise to call for a new way to tackle the problem and improve children and young people's lives. There is also an accessible version and an executive summary.

Working With Children and Young People Who Have Displayed Sexually Harmful Behaviour

This Scottish Government guidance is intended for practitioners and service leads who work with children, young people and their families and aims to provide a deeper understanding of how to respond to all forms of harmful sexual behaviour displayed by those under the age of 18. It defines what harmful sexual behaviour is

and identifies a continuum of responses to children and young people who have displayed harmful sexual behaviour. This continuum ranges from early community-based identification and support with low-risk behaviours, to assessment, intervention and intensive work with those children and young people who present the highest risk behaviours and needs. It also covers services available for children and young people across Scotland, key resources in relation to assessment and interventions and information on suitable services for working with children and young people where sexual behaviour is a concern.

Disability, Autism, ADHD & Learning Difficulties

'So the Child Feels Loved': Mothers with learning disabilities' experiences of attachment and emotional relationships with their children

Mothers with learning disabilities' voices are still underrepresented in research, with less known about those who are actively parenting their children. This study aimed to explore mothers' perceptions of developing emotional relationships with their children.

Relationships and Sex: What Does Good Support Look Like?

People with learning disabilities and autistic people want to have relationships and relationships are an important part of everyone's lives. However, institutional and attitudinal barriers may prevent them from exercising and enjoying this fundamental human right. In this article, Clinical Psychologists Dr Kelly Asagba and Dr Sophie Doswell discuss the factors that can help people with learning disabilities and autistic people develop positive relationships.

Mental Health & Trauma

Three Years of NHSGGC Mental Health Service for Pregnant Women

The Specialist Perinatal Mental Health midwives marked their three year milestone with NHS Greater Glasgow and Clyde this week. Developing on from the existing clinical psychology service, the NHS Greater Glasgow and Clyde (NHSGGC) Maternity & Neonatal Psychological Interventions (MNPI) service was expanded in April 2021 and is a hospital-based team of clinical psychologists and specialist midwives who provide psychological support to families that have experienced a complex pregnancy, birth, neonatal complications, or recurrent loss.

Carers. Consent. and Confidentiality

This updated good practice guide from the Mental Welfare Commission, gives advice on how families can be involved when their relative is being treated for mental ill health and other conditions. The guide is for family members, carers, and friends of people who are receiving care and treatment and for the health, social work and social care professionals involved in their care. The guide also gives advice for parents and young carers.

The 'Revolving Door' of Mental Illness: A Meta-Analysis and Systematic Review of Current Versus Lifetime Rates of Psychological Disorders

Therapists have long observed a phenomenon referred to as the 'revolving door' of mental health services, in which individuals often develop, seek treatment for, and recover from multiple mental illnesses across their life. However, this has not been systematically examined. If this phenomenon is widespread, one would expect that the number of lifetime disorders would exceed that of current disorders. The aim of this meta-analysis was to test this hypothesis.

'Known to Services' or 'Known by Professionals': Relationality at the Core of Trauma-Informed Responses to Extra-Familial Harm

Efforts to shift from criminal justice to welfare-based responses to exploitation and other forms of extra-familial risks and harms, have centred on relational approaches. In particular, the role that relationships between professionals and young people can play in providing a sense of safety as well as a route to wider support services when young people come to harm beyond their families is under consideration. In parallel, trauma-informed practice is increasingly promoted as a tool for creating service conditions in which relational practice can thrive. In this paper we present data from an institutional ethnography of two social care organisations in the UK which are endeavouring to adopt trauma-informed responses to extra-familial risks and harms.

Adults, Older People & Dementia

Dementia Patients at Risk from Antipsychotic Drugs

Use of antipsychotic drugs in people with dementia is associated with higher risks of a range of serious health outcomes compared with non-use, according to a study. Higher rates of stroke, blood clots, heart attack, heart failure, broken bones, pneumonia, and acute kidney injury were seen in dementia patients given the drugs, compared with those who were not, data gathered over two decades suggests.

Immigration Act 2016: Draft Revised Guidance on Adults at Risk in Immigration Detention

Draft guidance from the UK Government, that specifies the matters to be taken into account when determining whether a person would be particularly vulnerable to harm if they were detained, or if they remained in detention, and, if they were particularly vulnerable in those circumstances, whether they should be detained or should remain in detention.

Is Lifetime Abuse Forgivable in Old Age?

Old age is characterised by reflection and a retrospective examination of the multiple meanings of various life experiences, including lifelong abuse. Forgiveness is found to have a salutary effect, especially for older adults. To understand the place and role of forgiveness in the reflective process during aging, the authors of this study performed a secondary analysis of in-depth, semi-structured interviews with older women survivors of abuse, with the aim of understanding the place and role of forgiveness in the reflective process in ageing.

Carers

"I never planned for it": Exploration of Expectations of Caring for Older Parents

The projected increase in older dependent adults will continue straining formal care services whilst increasing the reliance on unpaid carers, in England and internationally. While motivations and willingness to care among unpaid carers have been explored, expectations around the caregiving role remain under-researched. This article delves into expectations of middle-aged individuals around providing care to an older parent in the future.

Housing & Homelessness

Taking a Public Health Approach to Homelessness Prevention

Guest blog contributor and Chief Executive of the Cyrenians homeless charity, Ewan Aitken, discusses the current housing crisis in Scotland and how taking a public health approach can be part of the solution.

Substance Use & Addictions

Drug Related Hospital Statistics: Scotland 2022 to 2023

This release by Public Health Scotland (PHS) presents information on hospital activity relating to illicit drug use in Scotland during the period 1996/97 to 2022/23. The topics covered include: the number of hospital stays, the number and characteristics of patients, substances used and geographical variations. These data are published in a full report and dashboard.

Addiction and Recovery Employment Scheme Grows

The Scottish Drugs Forum (SDF) last week celebrated the new cohort of 30 graduates from its National Traineeship programme, marking two decades of supporting and training people with experience of drug and alcohol problems to work in social care.

Equality & Poverty

Scottish Government Responds to Rishi Sunak's 'Heartless' Benefits Proposals

The Scottish Government has responded to Rishi Sunak's "heartless proposals" to change the welfare system to end "sick-note culture" and "over-medicalising the everyday challenges and worries of life".

NHS Scotland Anchors and Inequalities Briefing Paper

A paper describing how NHS Scotland can help reduce inequalities by being an effective anchor. It looks at some of the key opportunities that NHS Scotland has as an anchor.

Gender Based Violence

What Works Evidence Notes: Domestic Abuse and Homelessness

An overview of the evidence on the intersection between domestic abuse and homelessness, from Centre of Homelessness Impact, with a particular focus on women survivors.

Embedding Domestic Abuse Informed Systems

This Improvement Service project aims to support to local authority areas and partnerships that are working to embed domestic abuse-informed practice with high quality evaluation tools, resources and learning. It will provide opportunities for organisations to share learning, experience and work through any challenges, and will capture insights into key enablers and barriers to making progress while using available evidence to measure and demonstrate progress being made across Scotland. The Improvement Service is working in partnership with the Safe & Together Institute to deliver this project and will work in close collaboration with local implementation leads.

Refugees, Asylum, Trafficking and Immigration

Handbook for Forensic Child Interviews in Presumed Cases of Trafficking

The aim of the handbook is to support professionals in carrying out investigative interviews in presumed cases of trafficking in children. This handbook introduces some aspects of forensic child interviews, while acknowledging that there is no "one size fits all" method for the various situations children may find themselves in, including when they may themselves be suspected of committing crimes in relation to their exploitation.

Crime, Justice & Prisons

<u>Triangle Trust Funding for Community and Voluntary Organisations Working with</u> Young Women in the Justice System

The Triangle Trust offers grants between £10,000 and £80,000 for community and voluntary organisations who can demonstrate a track record of working with young women and girls caught in the criminal justice system or vulnerable hard to engage young women on the edge of the criminal justice system. Find out more about the application process on their website.

No Easy Journey: The Cost and Barriers to Visiting Prison for Families

Travel costs, geographical challenges, personal circumstances, and limitations in terms of local travel options are some of the many reasons families affected by imprisonment face significant challenges when trying to maintain effective contact with a person in prison. This paper from Families Outside details some of the current context, challenges, and potential solutions that need more consideration.

Identification and Support of Autistic Individuals within the UK Criminal Justice System

A paper that sets out a practical approach to the identification and support of autistic individuals within the UK Criminal Justice System, based upon professional consensus with input from lived experience.

Social Care, Practice & Workforce Matters

Missed Opportunities - An Investigation into the Death of Mrs F

A new investigation by the Mental Welfare Commission examines the care and treatment of Mrs F, a woman who died by suicide two days after being discharged from a mental health assessment unit in Scotland. The report finds missed opportunities in three areas at the mental health assessment unit - in engaging with Mrs F's husband; in sharing information between departments, and in creating a meaningful safety plan.

The SSSC Codes of Practice

The Scottish Social Services Council (SSSC) published the new Codes of Practice on 1st May 2024, for those who work in social services in Scotland. The Codes of Practice set out the standards of practice and behaviour expected of everyone who works in social services in Scotland and the standards expected of employers of social service workers in Scotland.

Wellbeing and the Social Work Practitioner

An article from Kerry Musslebrook with reflections on presentations from Drs Pearse McCusker and Emma Miller, who shared findings from a three-year University of Edinburgh study on self-care in social work education, and the Setting the Bar for Social Work in Scotland report on what makes people want to stay in or leave the profession.

UK Policy Denying Visas to Children of Care Workers Faces Legal Challenge

An organisation that supports migrant workers has launched a legal challenge against the government's new policy to bar care workers from bringing children and partners to the UK, warning that it is "tearing families apart".

Online & Financial Harm

Scam Share

Trading Standards Scotland produce a weekly Scam Share bulletin. It looks at the latest phone, email and online scams affecting Scottish consumers. If you receive any emails to your work account which you suspect are phishing emails, please report these to the integrity mailbox at integrity@glasgow.gov.uk as soon as possible. Sign up to the Trading Standards Scotland Scam Share e-bulletin.

Events & Courses

Online Safety Clinic: Understanding and Preventing Sextortion Webinar - 14/05/24 - 9.15am - 10.45am

An expert-led session, from UK Safer Internet Centre, which aims to provide crucial insights into the alarming rise of sextortion crimes, as recently highlighted by the National Crime Agency. This educational clinic is designed to empower participants by deepening their understanding of sextortion, recognizing the signs of exploitation, and learning preventive strategies to safeguard themselves and others in the digital world. Please note that there is a cost to attend this event.

Mental Health in Schools Webinar - 21/05/24 - 4pm - 5.30pm

A webinar by NSPCC which provides valuable insights, practical strategies, and resources to support and nurture the mental health of students in today's challenging environment. The webinar will consider the profound impact of children's mental health on their academic performance, social development and overall well-being. With David Underwood and Kevin Hartley, NSPCC education safeguarding consultants. Please note that there is a cost to attend this event.

Love, Attachment and Intellectual Disability: Meeting Emotional Needs and Developmental Trauma Webinar - 05/06/24 - 1pm - 2pm

The webinar will give an accessible overview of some of the key theories that have informed our understanding of the emotional development of people with intellectual disabilities. Drawing on chapters from his book with co-author Victoria Shimmens, Love, Attachment and Intellectual Disability: Meeting Emotional Needs and Developmental Trauma, Allan will talk about taking a trauma-informed approach to caring for people with intellectual disabilities. The author's aim is to shift the focus from managing behaviour which challenges to looking at attachment theory and practices to support individuals' wellbeing to promote positive change.

<u>Safeguarding Children Who Go Missing: Risk, Harm and Empathy Online Webinar - 18/06/24 10am - 12 noon</u>

This webinar is about children who go missing, the harm they experience while they are missing, and how we care for them when they return. Those who harm and exploit children rely on us not taking missing episodes seriously enough and not forming the kinds of trusted relationships with children that can disrupt patterns of abuse. This webinar is for those who you work with children and want to stop them going missing and being at risk of harm. This is a free event.

<u>Safeguarding Network: Safeguarding and Mental Health Conference 2024 - 10/07/24</u> - Manchester

Safeguarding Network, in partnership with Anna Freud, are hosting our first conference on the interplay between mental health concerns for young people and the duties on education settings to keep them safe. Keynote speakers include, Dame Rachel De Souza, Children's Commissioner for England; Dr Lesley French, Head of Clinical Help in Schools and Consultant Clinical Psychologist, Anna Freud; David Trickey, Co-Director of UK Trauma Council and Consultant Clinical Psychologist. Please note that there is a cost to attend this event.

No Wrong Door Update Online Session – 14/05/24 10am - 11.30am

The Child Poverty Pathfinder team are working on a No Wrong Door approach to address fragmented service provision and improve access to support. Learn more about the city's cross-sector approach to tackling child poverty in an information event and consider joining the No Wrong Door network. To attend this online session on Thursday, 14 May, 10am-11.30am - please contact Kathleen.Caskie@gcvs.org.uk.

<u>Children in Scotland's Annual Conference – 29/05/24 9am - 30.05.24 4pm - Murrayfield Stadium, Edinburgh</u>

Children in Scotland are hosting their annual conference at Murrayfield Stadium in Edinburgh. Further details about the two-day programme can be found at the Children in Scotland website. Please note that there is a cost to attend this event.

NOTA Scotland Conference - 09/09/24 - 10/09/24 - Stirling

NOTA is the National Organisation for the Treatment of Abuse. This two day conference will bring together keynote addresses and give delegates the opportunity to take part in a series of workshops aimed at supporting professionals to prevent sexual abuse. Please note that there is a cost to attend this event.

Hate Crime Awareness Online Sessions

A multi-agency webinar which is aimed at staff with a particular interest and/or who work with people within the protected characteristic groups. This opportunity forms part of a multi-agency approach to tackle hate crime in the city and within the context of wider Public Protection aims to support staff increase awareness of the subject. Course delivery partners will include Police Scotland, The Advocacy Project and staff from Glasgow Heath and Social Care Partnership. By the end of the session you will be able to:

- define hate crime;
- name the current forms of prejudice covered under Scottish Legislation;
- locate and complete the online Hate Crime Form.

Click on the relevant date to sign up: Wednesday, 29 May 2.30pm to 4.30pm

Adult Support and Protection Multi Agency Training Awareness Webinar

A multi-agency webinar delivered by Learning and Development, Glasgow HSCP to support practitioners to gain a basic understanding of Adult Support and Protection (ASP) legislation. It may be used as a basic awareness or if you already have some knowledge of ASP and wish to refresh your skills. This is a multi- agency awareness session and will webinar-based with a maximum of 60 participants. There will not be

a waiting list so if you are unsuccessful you will require to reserve an alternative date. Participants will:

- develop their understanding of what we mean by an adult at risk within the context of the Adult Support and Protection (Scotland) Act 2007;
- define who may be an adult at risk of harm;
- recognise forms of harm adults may experience;
- know how to report their concerns.
- explain their responsibility in relation to Adult Support and Protection.

Due to the high demand for the training, we recommend that you book 1 place but having up to 8 additional staff members join in your room and attend this training session.

Dates are as follows:

23/05/2024 18/06/2024