

### South Glasgow Locality Issue 3 **Engagement Forum Bulletin**

May 2018

### **Transforming Health and Social Care For The Future**

An information event hosted by Glasgow City HSCP (South Locality)

#### **Moving Forward Together**

The way that health and social care services are provided is changing. We explain why we are making these changes and how you can be involved

#### **Primary Care Improvement Plans**

These plans describe how changes set out in the new GP contract will be put into practice locally

### When and Where?

Thursday 7th June 2018, 9.30am—1.00pm (including refreshments and lunch)

Touchbase, Sense Scotland

43 Middlesex St, Kinning Park, G41 1EE

#### **Review of Out of Hours Services**

We explain why we need to review Out of Hours Services including GP Out of Hours, Emergency Social Work and Mental Health Services

#### **HSCP Strategic and Locality Plans**

How is Glasgow City HSCP planning for these changes? What will health and social care services look like in the future?



A display area will be available for community groups and projects to share information, leaflets and resources, just let us know if you are bringing anything.

### **Getting to Touchbase**

By Subway:

Kinning Park 8 min walk Shields Rd 10 min walk By Bus: Paisley Rd Toll 3 min walk

Firstbus 9/9A/10/121 Arriva 25/36/38/39

By car:

From (A8) Paisley Rd West turn on to Portman St and right on to Milnpark St. There is limited local on-street parking.

Places are limited so please book early (no later than Friday 1st June) by contacting:

Helen Johnston, Business Support Assistant on 0141 427 8300 or

Helen.Johnston@ggc.scot.nhs.uk







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Participants at Govan Home Conference Centre on 8th February 2018

# Spotlight on Mental Health Services in South Glasgow

Over 70 people attended a public engagement session on 8th February to discuss the recently published Five Year Strategy for Adult Mental Health Services for NHS Greater Glasgow and Clyde.

The session also highlighted a new Suicide Safer Communities initiative and showcased examples of projects, programmes and activities being led by users of mental health services across South Glasgow.

Katrina Phillips, Head of Adult Services explained the vision to offer a comprehensive, high quality and person centred service that is increasingly community based, gradually reducing the number of inpatient stays and offering mental health patients and service users a wider range of choices, options and treatment. She highlighted the stronger focus on prevention, especially given the evidence that 50% of adult mental health issues begin by the age of 15 years and 75% begin by the age of 18 years.

Paul Lafferty, Health Improvement Lead highlighted the work of the Choose Life programme and gave an update on progress towards achieving the Suicide Safer Communities Award in South Glasgow. An event in late February provided a further opportunity from anyone with an interest in the issue to become involved in developing an action plan to take the initiative forward.

Shona Mackie, Capacity Building Worker at the Mental Health Network (Greater Glasgow) showcased a number of positive examples of service user involvement in local programmes and activities including the Design in the Dale Art Strategy Group. Shona and her colleagues also work to gather patient and service user feedback including in-patient and community settings.

Those attending had an opportunity to discuss what they had heard and a commitment was made to continue to inform, engage and consult with people as the aims of the Five Year Strategy is taken forward. PlatForum, a local mental health service user forum agreed to work with the HSCP to achieve this.



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### Macmillan @ Glasgow Libraries

If you're affected by cancer you may want to know there's someone you can turn to for help. Someone who can help find answers to your questions, whatever they may be. Glasgow Libraries are working with Macmillan Cancer Support to provide Macmillan Cancer Information and Support Services in your community.

#### How Can We Help?

Emotional support or just someone to talk to

Information and booklets on all aspects of living with and beyond cancer Help to arrange free counselling and/or complementary therapy appointments provided by Cancer Support Scotland Putting you in touch with your local Macmillan Benefits Adviser who can help you with any financial worries Direct you to good quality internet sites for cancer information and support Help to access a wide range of other local services from physical activity classes to carers support

For more information or to get involved as a Macmillan Cancer Information and Support Volunteer please just drop in. Or call us on 0141 287 2999, email <a href="macmillan@glasgowlife.org.uk">macmillan@glasgowlife.org.uk</a> or visit glasgowlife.org.uk/macmillan.

If you're affected by cancer you may want to know there's someone you can turn to for help. Someone who can help find answers to your questions, whatever they may be. Glasgow Libraries are working with Macmillan Cancer Support to provide Macmillan Cancer Information and Support Services in your community.

If you want to find information, support and practical help or would just like someone to talk to, come along to Macmillan @ Glasgow Libraries. No appointment is required and you can come along with a loved one to talk through issues and concerns with trained volunteers.

**Pollok Civic Realm**: Every Monday from 10.30am - 2.30pm and every Wednesday from 11am - 1pm

Langside Library: Every Tuesday from 10.30am - 2.30pm

Elder Park Library in Govan: Every Friday from 10am - 2pm

Gorbals Library: Every Friday from 10am - 2pm

**Ibrox Library** (temporarily moved from Cardonald Library):

Every Thursday 10am - 2pm



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Photography exhibition, mulling over the entries



Samantha Flower, Chair of the Group (Left) and Margaret McMillan, competition winner (Right)

# Leverndale Hospital Design in the Dale Art Strategy Group Unveil Winning Images

The Design in the Dale Art Strategy Group welcomed friends, staff, volunteers and supporters to the unveiling of their latest photography competition.

The idea for the competition came from service user members of the Design in the Dale Art Strategy Group. As well as hoping to improve the ward spaces and grounds of the Leverndale site, the group aim to ensure that any initiatives help to break down mental health stigma.

To this end the competition was advertised widely amongst a variety of local community networks and the hospital site. Any amateur photographer living in the south locality could submit an entry. 90 entries were received and a shortlist of 30 entries was created in four different categories.

Over 80 people attended an evening event organised and run by the Recreational Therapy at Leverndale Hospital and voted for the winning images. Winners received vouchers kindly donated by Silverburn Shopping Centre. The pictures were framed by rEstart trainees and look absolutely stunning, making the hospital Café a more attractive place to relax and enjoy a coffee and bite to eat.

If you would like to know more about the Design in the Dale Art Strategy Group please email <a href="mailto:Samantha.Flower@ggc.scot.nhs.uk">Samantha.Flower@ggc.scot.nhs.uk</a>.

Finally, a huge thanks to all the group members for their continued hard work.

For more information on any aspect of our locality engagement arrangements, to request this newsletter in an alternative format or to unsubscribe from this mailing list please contact Lisa Martin, Community Engagement Officer at: Lisa.Martin@ggc.scot.nhs.uk or call 0141 427 8269. Thank you.