

MANAGER & STAFF BRIEFING

A Safe Return to the Workplace



Health and wellbeing

During the Coronavirus (COVID-19) health pandemic, the health and safety of our patients, service users and staff in the delivery of our services has been a top priority. This includes the health and wellbeing of you, our staff.

As a Partnership, we couldn't look after the health and social care needs of Glasgow citizens without our staff. As we restart our services and return to our workplaces, we want you to remain safe and would encourage you to keep healthy and take care of both your physical and mental health.

A range of national and local resources and supports continue to be available for health and social care staff to look after their health and wellbeing – both online and over the phone, and this briefing provides web links to them.

If you have any issues or concerns about returning to your workplace, please speak to your line manager in the first instance.

Health and wellbeing resources and supports

- [Glasgow City Council](#)
- [NHS Greater Glasgow and Clyde](#)
- [HSCP website](#)
- [Mental Health Check In](#)
- [National Wellbeing Hub](#) – Coping and Self Care
- [National Wellbeing Hub](#) – Anxiety around Restrictions being Lifted
- [National Wellbeing Hub](#) – Resources for Managers
- www.youtube.com/GlasgowCityHSCP – here you will find videos that can help you look after your health and wellbeing

