



Item No: 11

Meeting Date: Wednesday 23rd March 2022

Glasgow City Integration Joint Board

Report By: Mike Burns, Assistant Chief Officer, Children's Services

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Scottish Government Funding for Improved Mental Health Services for Children and Young People 2022 – 23

Purpose of Report:	To advise the IJB of the plan for the second year of investment in Tier 1 and Tier 2 mental health supports for children and young people by Scottish Government.
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Background/Engagement:	Scottish Government has announced another year of funding for mental health support at tier 1 and 2 levels, for service delivery and support costs associated with new and enhanced community mental health and wellbeing services for children and young people aged between 5 and 24, and their families and carers.
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Recommendations:	<p>The Integration Joint Board is asked to:</p> <ul style="list-style-type: none">a) Note the contents of the report;b) Approve the plan for the second year of community mental health and wellbeing supports;c) Note the progress made, as noted in Scottish Government progress report; andd) Seek a further progress report to IJB in March 2023, ensuring that the views of young people are incorporated, and the outcomes evidenced.
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Relevance to Integration Joint Board Strategic Plan:

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Community Mental Health and Wellbeing Framework

The HSCP Strategic Plan sets out the aim to implement the prevention components of the five-year Mental Health Strategy for Greater Glasgow and Clyde through the implementation of a **whole system programme**, which provides **seamless pathways** of mental health support.

The specific priority for mental health relating to children's services is to "develop care promoting wellbeing and working with children's services to promote strong relational development in childhood, protecting children from harm and enabling children to have the best start in life."

This report outlines the plan for the second year of funding to continue to deliver the tier 1 and 2 community level mental health supports in order to meet children and young people's mental health need, particularly where these do not require targeted clinical intervention, in line with the Scottish Government's framework. This ongoing investment will continue to complement and strengthen service responses, reflecting the aspirations of getting it right for every child and the current HSCP reform and change agenda, to deliver the *right help at the right time*. Furthermore, this investment will align the preventative spend in the city ensuring that the whole system operates in alignment and that support to children, young people and their families is coordinated and effective, ensuring best value and best outcomes for children, young people and families.

Implications for Health and Social Care Partnership:

Reference to National Health & Wellbeing Outcome:

This funding will contribute to some of the key National outcomes. In particular, that young people are assisted to improve their own health; that their quality of life is improved; that the role of carers is enhanced and supported; and that the framework and grant reduces health and social inequalities through learning from lived experience. Such outcomes remain aligned to the HSCP's transformational agenda and the desire to shift the balance of care, and secure better outcomes for all children and young people living in the City. Good mental health and wellbeing remains fundamental to that aspiration.

Personnel:

Some staff will be directly impacted through the additional resource, as they may be asked to work differently to continue to support the development of tests of change in order to explore approaches which are effective in meeting children and young people's mental health needs. For example, staff will be supported to build their understanding of neurodiversity in order to respond more effectively to children and young people's needs when they initially emerge, and to incorporate strengths-based and trauma informed practices into their approach. The aim is to promote a high quality and consistent preventative and early intervention response in order to avoid escalation and long delays for support, which may be exacerbated by waiting lists for services.

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Carers:	<p>Carers will benefit from increased mental health support and more seamless pathways into support, particularly in relation to responses to children and young people's needs which do not require more specialist support (e.g. from CAMHS). The aim is to provide a range of services which respond to all levels of needs, and to support carers (as well as staff) with understanding the range of children and young people's needs, and to provide a range of approaches where a medical diagnosis is not appropriate/ required.</p> <p>In addition, the challenge is to ensure that both parents and carers are guided through the current maze of service provision. It is hoped that a more aligned and coordinated neighborhood approach in tandem with Joint Support Teams in schools and primary care teams can ensure that children get the help they need when they need it.</p> <p>The investment will also seek to support young carers and supplement the current work done in this area. Furthermore, it is hoped that this additional grant and investment can complement the aspirations and objectives of the Family Support Framework.</p>
Provider Organisations:	<p>It is estimated that 84 organisations in Glasgow City provide mental health support for children and young people. Detailed discussions are underway with GCVS to support the development of a 'whole system' of mental health supports and services, which promotes a shared understanding of needs, and a more consistent response across the range of providers who contribute to improving children and young people's mental health and wellbeing.</p> <p>The desire is for greater alignment, coherence and consistency in order to get it right for every child, and to optimise children's and families' experience of frontline practice.</p>
Equalities:	<p>An EQIA has been undertaken in order to ensure that the range of supports being provided through this funding meet the diverse needs of children and young people, and also the individual needs of the population of LGBT+ children, children with disabilities, children with Additional Support Needs and those with a range of neurodevelopmental needs. The Framework will also seek to assist earlier access and support to cohorts of children with protected characteristics, and some funding has been channelled into direct service provision (e.g. to support LGBTQI+ children and young people) and scoping work to better understand the needs of children and young people (for example, Black</p>

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	and Ethnic Minority children and young people; report available on request).
Fairer Scotland Compliance:	The proposals in relation to investment to improve the mental health and wellbeing of children and young people will support meeting the wider strategic priorities of the IJB, including assisting young people to improve their own health, improving their quality of life and reducing health and social inequalities.
Financial:	<p>Scottish Government has allocated £1,759,000 for 2022/23 to continue to develop and expand community wellbeing and mental health supports. This report is seeking approval of the plan for the second year of funding.</p> <p>The existing HSCP workforce and our integrated Partners will provide additional resource in supporting and developing a whole system approach to meeting children and young people's mental health needs, and responding to the impact of the pandemic.</p>
Legal:	Normal legal processes and procedures for Glasgow City Council and the Health Board (e.g. in relation to commissioning processes and involvement of trade unions in the development of practitioners' roles) will be followed in developing a whole system approach to meeting children and young people's mental health and protection needs.
Economic Impact:	There will be positive economic impacts at a local neighborhood level as services are expanded to meet children and young people's mental health needs at tier one and tier two level, through preventing escalation to specialist services and moreover the delays caused by inappropriate referrals to more targeted services (often in the absence of other appropriate supports at community level).
Sustainability:	This work fully aligns with the children's transformational change programme, the principles of GIRFEC and the Christie Commission report, which emphasise the need to improve preventative and early intervention support for children and young people. Given that the key point of leverage to deliver the transformational change programme is to develop practice at the frontline – at the point of interaction with children, young people and their families – the current workforce represents a considerable resource in terms of its contribution to achieving sustainable change across all supports and services, including those addressing children, young people and families' mental health needs.

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	Fundamentally, a more effective and preventative approach towards children and young people's mental health may also divert demand from more targeted supports, and Adult Mental Health and Adult Services generally.
Sustainable Procurement and Article 19:	The procurement process will meet all legislative requirements, and article 19 of the UNCRC.
Risk Implications:	Failure to approve and implement this plan risks not meeting the range of current, and emerging, mental health needs of children, young people and their families, particularly at Tier 1 and 2 early intervention and prevention levels. Continuing challenges arising from the pandemic are likely to exacerbate mental health issues for a prolonged period, which will have an impact on broader wellbeing outcomes if appropriate supports, similar to those outlined in this plan, are not in place.
Implications for Glasgow City Council:	<p>This funding has the potential to develop a range of mental health and wellbeing supports for children and young people at tier one and two level, which will meet their needs earlier, and prevent escalation, thereby relieving pressure on more targeted supports, such as statutory Social Work Services (which is currently supporting around 10,500 children and young people, and their families), Specialist Children's Services and CAMHS.</p> <p>This funding is also aligned to the £18 million invested by the City Council into services for children through the new Community Fund and similarly this needs to be aligned to the £2.2m invested through the Care Experience Fund with Education. It should be noted that Scottish Government has also invested a further £1.3million into School Counselling.</p>
Implications for NHS Greater Glasgow & Clyde:	In line with the Greater Glasgow and Clyde Mental Health Framework and the Scottish Government framework, this funding aims to develop a whole system approach (aligned to getting it right for every child) to meeting mental health and wellbeing needs, with a focus on shifting the balance of care and improving transitions to adult services. The alignment across GGC and GCC highlights the potential for improved integration and partnership working and the increased likelihood of meeting children and young people's needs at a neighborhood and community level. This should enable targeted supports to be directed at those most in need of specialist care and support. The aim is to reduce the number of inappropriate referrals and delays caused by waiting lists and to ensure a more seamless pathway to specialist care for the children and young people who require it.

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Direction Required to Council, Health Board or Both	
Direction to:	
1. No Direction Required	<input type="checkbox"/>
2. Glasgow City Council	<input type="checkbox"/>
3. NHS Greater Glasgow & Clyde	<input type="checkbox"/>
4. Glasgow City Council and NHS Greater Glasgow & Clyde	<input checked="" type="checkbox"/>

1. Purpose

- 1.1. This report is a follow up to the reports presented to IJB in [January 2021](#), [May 2021](#), and [September 2021](#) which sought approval for the strategic direction, and the plan for the use of the Mental Health tier 1 and 2 funding, in the context of its alignment with the wider children's services transformational change programme. This report sets out the specific financial detail in relation to the plan and has been developed in partnership by the Assistant Chief Officer for Children's Services, the Senior Leadership team for Children's Services, and a range of partners.

2. Background

- 2.1. This paper sets out the financial plan for the £1,759,000 which has been awarded for 2022/23 by Scottish Government, and an overview with the progress of the spend so far. This funding was awarded "to deliver new and enhanced community based mental health and emotional wellbeing supports and services for children, young people, their families and carers", in line with the Community Mental Health and Wellbeing Framework. The financial plan for this award is outlined in Table 1.
- 2.2. Given the short-term nature of this funding in that it continues to be a one-year allocation and not recurring funding, there have been some challenges in relation to the timescales for planning and procuring services, therefore appropriate methods continue to be explored to govern this funding. HSCP will continue to utilise a variety of commissioning methods to ensure flexibility of service and maximum use of funding. Under these funding constraints, the HSCP will continue to utilise negotiated awards procedures and other similar approaches. All exercises will be undertaken in line with the relevant standing orders/ statutory financial instruments of the Council and the Health Board.

3. Financial Plan – Tier 1 and 2 Community Mental Health Support

- 3.1 This phase of funding will primarily be used to continue to deliver the supports and services outlined in previous reports.
- 3.2 The table below presents the full year spend from April 2022 to March 2023, except in cases where recruitment and/ or procurement timescales have been built in, as indicated in the table. Based on the current advice, the funding is to 31 March 2023. The learning and outcomes will continue to be monitored, and the Children's Services team will continue to look for opportunities to strengthen support to children, young people and families, and will update the IJB accordingly.

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Table 1: Financial plan for the award of £1,759,000 to continue to develop and expand community wellbeing and mental health supports in 2022/23

Service/ support	Description	Cost
HSCP Supports and Services		
Youth Health Service	One year of running costs associated with the delivery of the expanded model of Youth Health Services provision across the city.	£238,000
Children and Young People's Networking Team – in year cost from July 2022 – March 2023, based on project timescale for recruitment 1 x Band 7 temporary Project Manager post (to be managed by Central Parenting Manager and Specialist Children's Services Manager) Band 7 7 x Band 3 temporary Healthcare Support Workers	Support for children, young people and their families into the range of tier 1 and 2 mental health and wellbeing supports, and for professionals who are looking to identify appropriate supports to improve children's mental wellbeing. As well as improving the connectedness of services, this work will also help to build an understanding of the range of children and young people's neurodiversity needs across the partnership, which will help to further develop appropriate services, and is key to ensuring that children, young people and their families are routed to the right service, in line with the philosophy of GIRFEC.	£213,333
Tier 2 CAMHS Support Team 6 x Band 3 temporary Healthcare Support Workers (to be managed by Nurses working within CAMHS service)	Provision of tier 2 level support to families referred to CAMHS. This team has been set up in response to an analysis of the CAMHS waiting list which suggested that the needs of number of children with specific neurodevelopmental needs and anxiety issues could be more appropriately addressed through other types of support (particularly in cases where children and young people may not require or benefit from a formal diagnosis). As well as providing a direct source of earlier intervention support to the families of children and young people on the waiting list (pending formal assessment of their need), the support is also for children and young people who are referred to CAMHS but do not receive a service following assessment, with support beginning when children and young people are on the waiting list.	£188,166

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Service/ support	Description	Cost
Targeted support for Roma/ Refugee/ Asylum communities - 2 x one-year fixed term WTE posts at grade 4 (SWS) or Band 3 (NHS) equivalent level	Roma/ Refugee/Asylum Primary/Community Connectors	£62,722
Community outreach support for pregnant young mothers 2 x Band 3 one year fixed term posts, based on in year cost from July 2022 – March 2023, based on projected recruitment timescale	Community outreach and mentoring approach to support pregnant women under 24 (and under 26, if care experienced) who have previously experienced children being removed from their care, and who are not currently involved in services.	£47,042
One-year fixed term Assistant Service Manager post (Grade 8)	To support redesign of aftercare, through partnership work with Registered Social Landlords, attending to the mental health needs of young people and the impact of the pandemic.	£69,957
0.4 FTE Qualified Social Worker, based on in year cost from July 2022 – March 2023, based on projected recruitment timescale	Mental Health Support for Mothers aged 26 and under to develop connection and alignment between Infant Mental Health, Perinatal Health, GIFT and BEST programmes.	£17,281
Mental Health Services Evaluation and Coordination role (NHS Band 7; fixed term for one year)	To extend the initial start up funding provided by SG for coordination and evaluation support for an additional year, in order to support development of coordinated support and seamless pathways and to provide evaluation support.	£64,917
Mental health and wellbeing support for Unaccompanied Asylum Seeking Young People	Cost to run five 'Orientation to the City' courses, covering travel, cooking activities, interpreter services, ESOL courses and tutors etc.	£24,530

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Service/ support	Description	Cost
Provided Supports and Services		
Emotionally Based School Avoidance Project, based on in year cost of 7.5 support workers and 0.5FTE Senior Educational Psychologist post (from July 2022 – March 2023) to allow for projected recruitment and procurement timescales. Joint programme developed by HSCP and Education to meet the needs of young people who have a profile of need which results in school avoidance and accessing the education sector in general	Service providing in reach support within schools to children and young people with displaying emotionally based avoidant behaviours, including for young people who are struggling to engage following the impact of schools closing over the pandemic, for example, anxiety; issues related to autism/ neurodevelopmental profiles of need/ other mental health presentations; and those care experienced young people who are returning to Glasgow from placements in other local authorities etc. This programme will build an understanding of school avoidance in a multi-disciplinary team through providing training in developmental needs and techniques to encourage the transition from isolation in the home environment to better life outcomes such as return to school, engagement in positive destinations or seeking appropriate support through services to address other support needs. Support will also be extended to young people who are not attending school and have recently left school.	£414,872
Compassionate distress support	Cost of one year service to fund 4 Distress Response Workers to support young people aged 16 – 25 from 9am – 2am Monday to Friday and 5pm – 2am at weekends.	£158,335
Mental health support for LGBTQI+ children and young people	Targeted third sector support to meet specific needs of children and young people	£160,000
Online Mental Health Support	Online anonymised support platform to improve mental health and wellbeing, which is an open access forum for children and young people	£47,336
Child Poverty and MH Coordination	Role to support alignment of anti-poverty agenda with mental health and wellbeing workstreams	£52,509
Total Spend		£1,759,000

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4. Context

- 4.1 The new funding is focusing on reducing distress, and children and young people will be involved in the design, monitoring and evaluation of services. Approaches are being developed with Commissioning, Health Improvement and Education colleagues to involve young people in this process.
- 4.2 A progress report was submitted to Scottish Government in February 2022, covering the period from July to December 2021. In this period, a total 605 young people accessed the new and enhanced supports, with 281 out of 489 young people reporting improved outcomes following the emotional distress support received, and 123 out of 142 young people reporting improvement following positive mental health and wellbeing support. These are the categories determined by Scottish Government for reporting, in line with the Children and Young People's Mental Health and Wellbeing Supports and Services Framework. These outcomes relate to the services in place so far, and there are a number of other services which will be fully operational and included in the reporting for the next six months, including the Children and Young People's Networking Team and Tier 2 CAMHS Support Team. Support to address the emotional distress needs of children and young people will be a priority for these teams, and further scoping work will be carried out to determine the specific needs of young people aged under 16 who are unable to access Compassionate Distress Response Service. This scoping is being carried out in collaboration with the Principal Education Psychologist who is coordinating the School Counselling programme within the City, and will build on the learning, in order to align the support and create seamless pathways for young people.
- 4.3 Young people have provided very positive feedback about the new Compassionate Distress Response Service, including in relation to the speed of accessing service, the non-clinical nature of the service and the approach of the staff:

"it feels so good to be able to know I can handle situations and pull myself back now, thank you"

"I really like being able to sit in a non-clinical environment. It's class you are a younger person to relate to rather than a doctor who doesn't understand"

"I was so surprised at the response time, it's so good how quick you get in contact"

"Enjoyed chatting, felt like able to open up"

"Expressed gratitude multiple times and improved access to resources regarding housing issues"

Young people have also provided positive feedback about the targeted LGBT+ services in relation to peer support, and the impact on wellbeing:

"A wonderful group of people who are inclusive of everyone and simply lovely company. Great way to get more involved in local LGBTQIA+ community and meet like minded individuals whilst trying out new activities."

"I felt really calm after it. Even though I didn't know anyone else there I wasn't anxious and I feel more confident about going outdoors in my own time to see what plants I can find. I really enjoyed myself so much and will definitely be doing more of this Because it made me feel good."

"Lovely to interact with others and to remember how wonderful I feel to see art-making"

"It was really nice to see other LGBT members of the community and normalised myself"

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“thanks so much for putting together this event. you've been doing such a great job listening to the community in order to deliver services and support that the community needs. I hope you'll keep getting funding and support to continue the great job that you are doing, especially in today's climate”

- 4.4 Further detail on the outcomes achieved for young people is contained in the Youth Health Service Annual Report (report available on request).
- 4.5 These developments are part of the wider whole system change work to develop an aligned and effective single system for children's services across the Glasgow partnership, demanding radical improvement and effective collaboration from all services to ensure better outcomes for children and young people. It is recognised that a comprehensive, coordinated and aligned approach is necessary across all stakeholders in the partnership to ensure that the aspirations of GIRFEC are realised, in line with the integration agenda for Health and Social Care, and discussions are taking place with Community Planning Partners to coordinate this spend, and services in general, to ensure more seamless pathways of support for children, young people and their families.

5. Recommendations

- 5.1 The Integration Joint Board is asked to:
- a) Note the contents of the report;
 - b) Approve the plan for the second year of community mental health and wellbeing supports;
 - c) Note the progress made, as noted in Scottish Government progress report; and
 - d) Seek a further progress report to IJB in March 2023, ensuring that the views of young people are incorporated, and the outcomes evidenced.

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Direction from the Glasgow City Integration Joint Board

1	Reference number	230322-11
2	Report Title	Scottish Government Funding for Improved Mental Health Services and Supports for Children and Young People
3	Date direction issued by Integration Joint Board	23 March 2022
4	Date from which direction takes effect	23 March 2022
5	Direction to:	Glasgow City Council and NHS Greater Glasgow and Clyde jointly
6	Does this direction supersede, revise or revoke a previous direction – if yes, include the reference number(s)	No
7	Functions covered by direction	Children's Services, Mental Health Services, Adult Services
8	Full text of direction	The Integration Joint Board directs the Council and Health Board to utilise the 2022/23 Scottish Government funding to continue to develop, improve and expand mental health services for children and young people according to the plans for funding outlined in this paper, with a review of the outcomes achieved in March 2023.
9	Budget allocated by Integration Joint Board to carry out direction	The total funding available for the development and expansion of tier 1 and 2 supports for 2022/23 is £1,759,000.
10	Performance monitoring arrangements	In line with the agreed Performance Management Framework of the Glasgow City Integration Joint Board and the Glasgow City Health and Social Care Partnership.
11	Date direction will be reviewed	March 2023

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