

#### **ADULT SERVICE'S PERFORMANCE**

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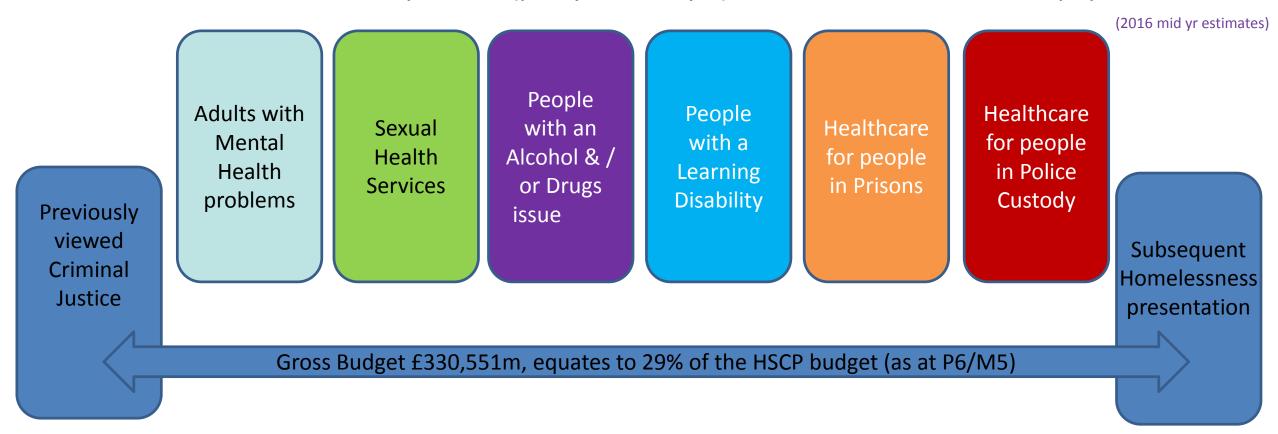






### **Overview of Adult Services Scope**

GC HSCP Adult Services Population (proxy 18 – 64 yrs) 421,041 circa 68% of total population









# **Adults: Some Key Statistics**

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- 25000 in touch with Adult Mental Health Services

Unmet need

- Services in touch with only 50% of serious drug users and just 12% of people with serious alcohol problems

Inequality

- people with severe mental illness die 15-20 years earlier
- people with mental health problems are 3 times more likely to have physical health problems

Performance

- Adult Mental Health in-patient services already at or better than UK benchmark

Pressures

- Adult Mental Health bed occupancy frequently at 100% and plus 30% rise in CMHT referrals







#### Positive Performance

- Consistent HEAT target delivery of Psychological Therapies and Low numbers of adults in acute admission mental health wards breaching discharge target
- Access to sexual health care appointments urgent care & average waiting times and access for males
- Clients commencing alcohol or drug treatment within three weeks of referral
- Impact of parental substance use completed within 30 days & Initiated recovery plans alcohol & drugs
- Healthcare in Police Custody pilot development of national data collection technology
- Learning Disability IT development will support KPIs for community waiting times





### **Challenging Performance:**

Adult Mental Health - major pressure on e.g. in-patient services as indicated by lengths of stay and very high occupancy levels

Sexual health - waiting times to improve access for young people and for gender identity

Healthcare in Prison – responding to national inspection reports

Police Custody - Volume of medical input to healthcare for people

Learning Disability - Impact of AWI on discharge







#### **Improvement Themes**

- Recovery and peer support with flourishing and resilient communities
- Reduction of future service demand contrasting current rising trend
- balancing the books
- aligning engagement & involvement in proposals with timescales for financial delivery
- less professional intervention, more facilitation & more assertive service users
- system wide change with altered balance of in-patient, community, specialist and informal care
- Applying core principles e.g. easy in, easy out; more than well







### **Key Improvements - Examples**

Mental Health – revised website

Computerised Cognitive Behavioural Therapy (cCBT); CORENet Clinical Outcome Measure; Physical Healthcare Policy; Interface with Accident & Emergency

Alcohol and Drugs - % of service users with an initiated recovery plan following assessment

Sexual Health - enhanced revised website, gender identity service to impact on waiting times; long acting reversible contraception waiting times

Police Custody - electronic system medicines management of risk and implementation of nurse prescribing to manage demand for medical input

Prison Health Care – Development of low intensity psychological interventions

Learning Disability - Sustainable personalised services







## **Ongoing Challenges**

- Adult Mental Health comprehensive review: maintaining safe primary, community, residential and inpatient care responses, significantly fewer beds
- Alcohol & Drugs single site inpatient capacity, new outreach models; reduce purchased services, residential rehabilitation redesign
- Learning Disability Examine Single City wide community team approach; Commissioning task developing a range of models for people with complex needs
- Prison Healthcare & Police Custody constrained options cost assimilation and absorption within existing resources
- Sexual Health further review to deliver improvements in access & service user flow;
  LARC

