



Item No: 12

Meeting Date: Wednesday 15th May 2024

Glasgow City Integration Joint Board

Report By: Karen Dyball, Assistant Chief Officer, Children's Services

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Scottish Government Funding for Improved Mental Health Services for Children and Young People 2024-25

Purpose of Report:

To advise the Integration Joint Board of the plan for the fourth year of investment in community mental health supports for children and young people by the Scottish Government; and to request approval of the expenditure.

Background/Engagement:

The Scottish Government has announced another year of funding for mental health support at tier 1 and 2 (non-clinical) community level, for service delivery and support costs associated with community mental health and wellbeing services for children and young people aged between 5 and 24, and their families and carers.

Governance Route:

The matters contained within this paper have been previously considered by the following group(s) as part of its development.

- HSCP Senior Management Team
- Council Corporate Management Team
- Health Board Corporate Management Team
- Council Committee
- Update requested by IJB
- Other
- Not Applicable

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Recommendations:	The Integration Joint Board is asked to: a) Note the contents of the report; b) Approve the plan for the fourth year of funding for community mental health and wellbeing supports; and c) Note the progress made, as noted in the Scottish Government progress report.
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Relevance to Integration Joint Board Strategic Plan:

Community Mental Health and Wellbeing Framework

The IJB Strategic Plan (2023 – 26) sets out the vision to “to support people to flourish and live healthier, more fulfilled lives, by having access to the right support, in the right place and at the right time” (p.29), with mental health support a key element of this holistic support. The Plan sets out the commitment to aim to “[c]ontinue to develop community mental health supports, including the Children and Young People’s Networking Team, to help children, young people and families to navigate the system of supports and to promote engagement.” (p.38)

This aligns to one of the driving priorities of the Integrated Children’s Services Plan to promote and improve children and young people’s health and wellbeing, with specific reference to the “[d]esign and commission [of] high-quality mental health services and supports which respond to the full range of needs of Glasgow’s children and young people, building on the learning from the Community Mental Health funded supports and services” (p.51).

This report outlines the plan for the fourth year of funding to continue to deliver the tier 1 and 2 community level mental health supports in order to meet children and young people’s mental health needs, particularly where these do not require targeted clinical intervention, in line with the Scottish Government’s framework. This ongoing investment will continue to complement and strengthen current service responses, reflecting the aspirations of Getting It Right For Every Child and the current HSCP reform and change agenda, to deliver the *right help at the right time*. Furthermore, this investment will continue to align the preventative spend in the City, ensuring that the whole system operates effectively deliver coordinated support to children, young people and their families, ensuring best value and maximising outcomes for children, young people and families.

Implications for Health and Social Care Partnership:

Reference to National Health & Wellbeing Outcome:	This funding will contribute to some of the key National outcomes. In particular; that young people are assisted to improve their own health; that their quality of life is improved; that the role of carers is enhanced and supported; and that the framework and funding reduces health and social inequalities through learning what works, and building on the feedback from lived experience. Such outcomes are aligned to the HSCP’s transformational agenda and the desire to shift the balance of care, and secure better outcomes for all children and young people living in the City. Good mental health and wellbeing is fundamental to this aspiration.
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Personnel:	<p>The non recurring funding arrangements necessarily require the use of fixed term contracts when appointing to these roles. This is problematic and creates challenges with recruitment and retention, staff engagement and workforce stability. In this service, some staff members are existing staff members with permanent substantive posts and some are new to the service on fixed term contracts. Appointments are on both Health and Council contracts and respective policies will apply to ending of any fixed term contracts. An exercise is underway to identify specific potential destinations for staff members in relation to their substantive roles, duration of contract and financial risks associated with potential redeployment.</p>
Carers:	<p>Carers will benefit from increased mental health support and more seamless pathways into support, particularly in relation to responses to children and young people's needs which do not require more specialist support (e.g. from CAMHS). The aim is to provide a range of services which respond to all levels of needs, and to support carers (as well as staff) with understanding the range of children and young people's needs, and to provide a range of approaches where a medical diagnosis is not appropriate/ required.</p> <p>In addition, the challenge is to ensure that both parents and carers are guided through the current maze of service provision. It is hoped that a more aligned and coordinated neighborhood approach in tandem with Joint Support Teams in schools and primary care teams will ensure that children get the help they need when they need it.</p> <p>The investment will also seek to support young carers and supplement the current work done in this area. Furthermore, this additional grant and investment is complementing the aspirations and objectives of the Family Support Strategy.</p>
Provider Organisations:	<p>It is estimated that 84 organisations in Glasgow City currently provide mental health support for children and young people. Detailed discussions are underway with GCVS to support the development of a 'whole system' of mental health supports and services, which promotes a shared understanding of needs, and a more consistent response across the range of providers who contribute to improving children and young people's mental health and wellbeing.</p>
Equalities:	<p>The range of supports being provided through this funding were considered as part of an EQIA that was undertaken in order to ensure services meet the diverse needs of children</p>

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	<p>and young people, and also the specific needs of LGBTQIA+ children, children with disabilities, children with Additional Support Needs and those with a range of neurodevelopmental needs. The Framework will also seek to promote access and support to cohorts of children with protected characteristics, and some funding has been channeled into direct service provision (e.g. to support LGBTQI+ children and young people) and scoping work to better understand the needs of children and young people (for example, Black and Ethnic Minority children and young people building on the recommendations of a recent report published by the HSCP (available at https://www.stor.scot.nhs.uk/handle/11289/580329).</p>
Fairer Scotland Compliance:	<p>The proposals in relation to investment to improve the mental health and wellbeing of children and young people will support meeting the wider strategic priorities of the IJB, particularly in relation to Priority 1 (prevention, early intervention and wellbeing), Priority 2 (supporting greater self-determination and informed choice), Priority 3 (supporting people in their communities), and Priority 6 (building a sustainable future).</p>
Financial:	<p>Scottish Government has allocated £1,709,000 for 2024/25 to continue to develop and expand community wellbeing and mental health supports. This report is seeking approval of the plan for the fourth year of funding.</p> <p>The existing HSCP workforce and our integrated Partners will provide additional resource in supporting and developing a whole system approach to meeting children and young people’s mental health needs, and in continuing to respond to the impact of the pandemic and the Cost of Living crisis.</p>
Legal:	<p>Normal legal processes and procedures for Glasgow City Council and the Health Board (e.g. in relation to commissioning processes and involvement of trade unions in the development of practitioners’ roles) will be followed in developing a whole system approach to meeting children and young people’s mental health and protection needs.</p>
Economic Impact:	<p>There will be positive economic impacts at a local neighbourhood level as services are expanded to meet children and young people’s mental health needs at tier one and tier two level, through preventing escalation to specialist services and addressing the delays caused by inappropriate referrals to more targeted services (often in the absence of other appropriate supports at community level).</p>

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Sustainability:	<p>This work fully aligns with the children’s transformational change programme, the principles of GIRFEC and the Christie Commission report, which emphasise the need to improve preventative and early intervention support for children and young people. Given that the key point of leverage to deliver the transformational change programme is to develop practice at the frontline – at the point of interaction with children, young people and their families – the current workforce represents a considerable resource in terms of its contribution to achieving sustainable change across all supports and services, including those addressing children, young people and families’ mental health needs.</p> <p>Fundamentally, a more effective and preventative approach towards children and young people’s mental health may also divert demand from more targeted supports, and Adult Mental Health and Adult Services generally.</p>
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Sustainable Procurement and Article 19:	The procurement process will meet all legislative requirements, and article 19 of the UNCRC.
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Risk Implications:	<p>Failure to approve and implement this plan risks not meeting the range of current, and emerging, mental health needs of children, young people and their families, particularly at Tier 1 and 2 early intervention level. Continuing challenges for families arising from the pandemic and Cost of Living crisis are likely to exacerbate mental health issues for a prolonged period, which will have an impact on broader wellbeing outcomes if appropriate supports, similar to those outlined in this plan, are not in place.</p> <p>Given the late confirmation of funding, there is a risk of some services being interrupted if there is a delay in approving this funding.</p>
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Implications for Glasgow City Council:	<p>This funding has the potential to develop a range of mental health and wellbeing supports for children and young people at tier one and two level, which will meet their needs earlier, and prevent escalation, thereby relieving pressure on more targeted supports, such as statutory Social Work Service (which is currently supporting around 9,000 children and young people, and their families), Specialist Children’s Services and CAMHS.</p> <p>This funding is also aligned to the £18 million invested by the City Council into services for children through the new Community Fund and the £2.2m invested through the Care Experience Fund with Education. It should be noted that Scottish Government has also invested a further £1.3million into School Counselling.</p>
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Implications for NHS Greater Glasgow & Clyde:	In line with the Greater Glasgow and Clyde Mental Health Framework and the Scottish Government framework, this funding aims to develop a whole system approach (aligned to Getting It Right For Every Child) to meeting mental health and wellbeing needs, with a focus on shifting the balance of care and improving transitions to adult services. The alignment across GGC and GCC highlights the potential for improved integration and partnership working and the increased likelihood of meeting children and young people's needs at a neighbourhood and community level. This should enable targeted supports to be directed at those most in need of specialist care and support. The aim is to reduce the number of inappropriate referrals and delays caused by waiting lists and to ensure a more seamless pathway to specialist care for the children and young people who require it.
Direction Required to Council, Health Board or Both	
Direction to:	
1. No Direction Required	<input type="checkbox"/>
2. Glasgow City Council	<input type="checkbox"/>
3. NHS Greater Glasgow & Clyde	<input type="checkbox"/>
4. Glasgow City Council and NHS Greater Glasgow & Clyde	<input checked="" type="checkbox"/>

1. Purpose

- 1.1. This report is a follow up to the reports presented to IJB in [January 2021](#), [March 2021](#), [May 2021](#), [September 2021](#), [March 2022](#), [April 2022](#), [March 2023](#) and [January 2024](#), which sought approval for the strategic direction, and the plan for the use of the Mental Health tier 1 and 2 funding, in the context of its alignment with the wider children's services transformational change programme. This report sets out the specific financial detail in relation to the plan and has been developed in partnership by the Assistant Chief Officer for Children's Services, the Senior Leadership team for Children's Services, the Tier 1 and 2 Mental Health Steering Group, and a range of partners.
- 1.2. To advise the Integration Joint Board of the plan for the fourth year of investment in community mental health supports for children and young people by the Scottish Government; and to request approval of the expenditure.

2. Background

- 2.1. This paper sets out the financial plan for the £1,709,000 which has been awarded for 2024/25 by the Scottish Government, and an overview of the progress with the spend so far. This funding was awarded "to deliver new and enhanced community based mental health and emotional wellbeing supports and services for children, young people, their

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families and carers”, in line with the Community Mental Health and Wellbeing Framework. The financial plan for this award is outlined in Table 1.

- 2.2. Given the short-term nature of this funding in that it continues to be a one-year allocation and not recurring funding, there have been some challenges in relation to the timescales for planning and procuring services, and recruitment. Therefore, appropriate methods continue to be explored to govern this funding. The HSCP will continue to utilise a variety of commissioning methods to ensure flexibility of service and maximum use of funding. All exercises will be undertaken in line with the relevant standing orders/ statutory financial instruments of the Council and the Health Board.

3. Financial Plan – Tier 1 and 2 Community Mental Health Support

- 3.1 This phase of funding will primarily be used to continue to deliver the supports and services outlined in previous reports. Additional funding has been allocated to the Youth Health Service in light of the current waiting list and increase in mental health concerns and complexity of need, as outlined in the most recent annual report.
- 3.2 The table below presents the full year spend from April 2024 to March 2025. Based on the current advice regarding this funding, the timescale is to 31 March 2025. The learning and outcomes will continue to be monitored, and the Children’s Services team will continue to look for opportunities to strengthen support to children, young people and families, and will update the IJB accordingly.

Table 1: Financial plan for the award of £1,709,000 to continue community wellbeing and mental health supports in 2024/25		
HSCP Supports and Services		
Service/ support	Description	Cost
Youth Health Service	One year of running costs associated with the delivery of the expanded model of Youth Health Services provision across the city.	£434,260
Children and Young People’s Networking Team 1 x Band 7 temporary Project Manager post (managed by Central Parenting Manager), 5 x Band 3 temporary Healthcare Support Workers	Support for children, young people and their families into the range of tier 1 and 2 mental health and wellbeing supports, and for professionals who are looking to identify appropriate supports to improve children’s mental wellbeing. As well as improving the connectedness of services, this work will also help to build an understanding of the range of children and young people’s neurodiversity	£247,624

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	needs across the partnership, which will help to further develop appropriate services, and is key to ensuring that children, young people and their families are routed to the right service, in line with the philosophy of GIRFEC.	
Targeted support for Roma/ Refugee/ Asylum communities - 2 x one-year fixed term WTE posts at Band 3 (NHS) level	Roma/Refugee/Asylum Primary/Community Connectors	£73,117
Community outreach support for pregnant young mothers – one year fixed term Social Care Worker post (Grade 6, SWS) and peer mentoring support (with flexible hours offered, equivalent to 1 FTE SWS Grade 4)	Community outreach and mentoring approach to support pregnant women under 24 (and under 26, if care experienced) whose children are at risk of accommodation/ have been removed from their care, and who are not currently involved in services.	£89,530
One-year fixed term Assistant Service Manager post (Grade 8)	To support redesign of aftercare, through partnership work with Registered Social Landlords, attending to the mental health needs of young people and the impact of the pandemic.	£77,467
Mental Health Services Evaluation and Coordination role (NHS Band 7; fixed term for one year)	To extend the initial start-up funding provided by SG for coordination and evaluation support for an additional year, in order to support development of coordinated support and seamless pathways and to provide evaluation support.	£53,501
Mental health and wellbeing support for Unaccompanied Asylum Seeking Young People (SWS Grade 4; fixed term for 1 year)	This post will support the orientation of newly arrived young asylum seeking people to Glasgow, ensuring that they are settled into their accommodation, and are supported to register with local services including GP	£36,795

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	and community mental health services etc. The post holder will support young people's orientation to the city and to the supports available to them in order to promote their mental health and wellbeing. The post will support young people's engagement with education supports, with faith communities, and with local recreational supports to ensure a robust network of community support given the significant challenges and trauma many young people will have experienced. The post will also support with orientation and inclusion issues such as cultural norms and practices, rights and entitlements, etc.	
Provided Supports and Services		
Service/ support	Description	Cost
Compassionate distress support	Cost of one year service to fund 4 Distress Response Workers to support young people aged 16 – 25 from 9am – 2am Monday to Friday and 5pm – 2am at weekends.	£158,335
Mental health support for LGBTQIA+ children and young people	Targeted third sector support to meet specific needs of children and young people	£180,000
Service/ support	Description	Cost
Extension of pilot project within the Youth Health Service aiming to extend support to parents/ carers	Third sector support to parents of children and young people referred to YHS	£70,000
Individual and group prevention and early intervention mental health programmes	Continuation of community children and young people's mental health model developed in North East Glasgow	£26,000
Improving mental health support for children, young people and families within	This funding will be utilised to support the implementation of the	£35,000

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Black and Minority Ethnic communities	recommendations published in the BME scoping report in order to improve approaches to addressing the mental health needs of children, young people and families from Black and Minority Ethnic communities.	
Online Mental Health Support	Online anonymised support platform to improve mental health and wellbeing, which is an open access forum for children and young people	£219,216
Reserve funding for inflation, additional costs and contingencies for all of the initiatives	Where known, staff pay uplifts have been built into the figures presented, however, given the cost of living crisis, inflation and increasing costs overall, a reserve fund is being built in.	£8,155
Total Spend		£1,709,000

4. Context

- 4.1 This funding is focusing on reducing distress and enhancing mental health and wellbeing, and feedback from children and young people is informing the ongoing design and evaluation of services. Approaches are being developed with Commissioning, Health Improvement and Education colleagues to involve young people in this process.
- 4.2 Reporting arrangements are determined by Scottish Government for monitoring in line with the Children and Young People’s Mental Health and Wellbeing Supports and Services Framework, and are now aligned to financial years, with the next report due at the end of April covering the period from July 2023 to March 2024. A progress report was submitted to Scottish Government in July 2023, covering the period from January to June 2023. In this period, over 2500 children and young people accessed the supports, and over 130 parents and carers were also supported. Over 700 young people reported improved outcomes following the community mental health support received, through this figure represents an underestimate as not all young people have participated in an evaluation, with many still participating in the programmes.

Qualitative feedback from young people highlights the value of these services in improving mental health and wellbeing:

“Being able to speak freely about what was on my mind, and the solutions given I found very useful.”

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“Like that it is close to my house. Where my dentist and doctors so familiar.”

“The privacy of my information, they used my correct name and pronouns”

Several case studies have been developed to highlight the impact of the support (see Appendix 1 for examples).

Parents have also commented on the value of the services:

“Now we are getting the help and support from the proper services which my daughter needs.”

“I liked how easy it was to access, how supportive the staff were and how we didn’t have to wait too long!!

“It helped her talk about things she wouldn’t have addressed”

Practitioners have also shared positive feedback about the impact of the community mental health supports:

“When I first met YP, he looked terrified, he froze, and I could see he was hiding behind his door... YP needed a trusted person to build a relationship with before he would open up. YP has now had that relationship, and it’s resulted in positive things happening.”

- 4.3 Further detail on the outcomes achieved for young people is contained in the Youth Health Service Annual Report (report available on request).
- 4.4 These developments are part of the wider whole system change work to develop an aligned and effective single system for children’s services across the Glasgow partnership, which requires radical improvement and effective collaboration from all services to ensure better outcomes for children and young people. It is recognised that a comprehensive, coordinated and aligned approach is necessary across all stakeholders in the partnership to ensure that the aspirations of GIRFEC are realised, in line with the integration agenda for Health and Social Care. Discussions are taking place with Community Planning Partners to coordinate this spend with other initiatives (including the Whole Family Wellbeing Fund and Child Poverty Pathfinder), to ensure more seamless pathways of support for children, young people and their families.

5. Recommendations

- 5.1 The Integration Joint Board is asked to:
 - a) Note the contents of the report;
 - b) Approve the plan for the fourth year of funding for community mental health and wellbeing supports; and
 - c) Note the progress made, as noted in the Scottish Government progress report.

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Direction from the Glasgow City Integration Joint Board

1	Reference number	150524-12
2	Report Title	Scottish Government Funding for Improved Mental Health Services and Supports for Children and Young People
3	Date direction issued by Integration Joint Board	15 May 2024
4	Date from which direction takes effect	15 May 2024
5	Direction to:	Glasgow City Council and NHS Greater Glasgow and Clyde jointly
6	Does this direction supersede, revise or revoke a previous direction – if yes, include the reference number(s)	No
7	Functions covered by direction	Children's Services, Mental Health Services, Adult Services
8	Full text of direction	The Integration Joint Board directs the Council and Health Board to utilise the 2024/25 Scottish Government funding to continue to develop, improve and expand mental health services for children and young people according to the plans for funding outlined in this paper, with a review of the outcomes achieved in the Scottish Government Activity Reports.
9	Budget allocated by Integration Joint Board to carry out direction	The total funding available for the development and expansion of tier 1 and 2 supports for 2024/25 is £1,709,000.
10	Performance monitoring arrangements	In line with the agreed Performance Management Framework of the Glasgow City Integration Joint Board and the Glasgow City Health and Social Care Partnership.
11	Date direction will be reviewed	May 2025

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Case studies – Compassionate Distress Support

- 1) Individual who had been trafficked as a child into this country was referred into YPCDRS. He had phoned police after experiencing intense suicidal ideation and flashbacks caused by previous trauma. He engaged well with CDRS whilst awaiting support from the Complex Trauma Team. During CDRS calls, the Distress Response Worker (DRW) talked through strategies and online resources to help individual manage distress.

Young person's feedback – "Thank you for all the support, this has helped me pass through the difficult time".

- 2) Young person experiencing stress, anxiety and low mood due to appeal being rejected for their asylum case. YP described struggles having moved from Egypt after witnessing civil unrest. YP was missing his family but feels safer in UK as he hopes for a better future. Seeking support from a lawyer to support with their case however they stated feeling stress, anxiety, pressure, and fear of being sent back. CDRS provided compassionate listening, grounding techniques and information about other services to support with wellbeing and asylum issues. This includes drop in hubs where the YP can go and meet other people experiencing similar issues.

Young person's feedback – 'I feel better after having a chat. Information has helped connect with other services that I was not aware of and knowing there

Case Studies – Walk and Talk Service, Youth Health Service

One young person accessing Walk & Talk has recently been diagnosed with Autism and both her and her family are struggling to deal with this. W&T practitioner was able to provide support to the young person and signpost the family to appropriate supports. The family has expressed how grateful they are to receive this support.

One young person was referred to Walk & Talk by the school due to Anxiety which was resulting in low attendance. The young person told the W&T practitioner that her mental health is massively improving and as a result of this she is attending school a lot more now. This young person now uses Walk & Talk as and when she needs it as she no longer feels she needs it on a weekly basis.