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Item No: 20

Meeting Date: Wednesday 24th January 2024

Glasgow City Integration Joint Board

Report By: Mike Burns, Assistant Chief Officer for Children's Services

Contact: Dominique Harvey, Head of Planning for Children's Services

Phone: 07500 762840

Scottish Government Mental Health Services for Children and Young People – 2022/23 Carry Forward

Purpose of Report:	The purpose of this report is to update the IJB on progress with the Community Mental Health funding for 2023/34; and to note the approval by the Chief Officer and Chief Officer Finance and Resources of the plan for the underspend under delegated authority, on the ground of urgency.
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Background/Engagement:	<p>The Scottish Government has issued additional funding in-year for mental health support at tier 1 and 2 (non-clinical) community level, for service delivery and support costs associated with new and enhanced community mental health and wellbeing services for children and young people aged between 5 and 24, and their families and carers. This funding of £636,728 is an accumulation of underspend from previous years' allocations and must be fully utilised by 31st March 2024 or returned to Scottish Government.</p> <p>Options for utilisation for the funding have been generated via the Tier 1 and 2 Children's Mental Health Services Group chaired by the Head of Children's Services (North-East) as a sub-group of the Children's Wellbeing and Mental Health Strategy chaired by the Head of Health Improvement.</p>
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Governance Route:	The matters contained within this paper have been previously considered by the following group(s) as part of its development.
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	HSCP Senior Management Team <input type="checkbox"/> Council Corporate Management Team <input type="checkbox"/> Health Board Corporate Management Team <input type="checkbox"/> Council Committee <input type="checkbox"/> Update requested by IJB <input type="checkbox"/> Other <input type="checkbox"/> Not Applicable <input checked="" type="checkbox"/>
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Recommendations:	The Integration Joint Board is asked to: a) note approval by the Chief Officer and Chief Officer Finance and Resources under delegated authority of the plans for the underspend, on the ground of urgency: and b) note the approval was undertaken in consultation with the IJB Chair and Vice Chair.
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Relevance to Integration Joint Board Strategic Plan:

	This report outlines the plan for the accumulated underspend granted by SG in year to continue to deliver the tier 1 and 2 community level mental health supports in order to meet children and young people’s mental health needs, particularly where these do not require targeted clinical intervention, in line with the Scottish Government’s framework. This additional investment will continue to complement and strengthen current service responses, reflecting the aspirations of Getting It Right For Every Child (GIRFEC) and the current HSCP reform and change agenda, to deliver the <i>right help at the right time</i> . Furthermore, this investment will align the preventative spend in the City, ensuring that the whole system operates more efficiently so that support to children, young people and their families is coordinated and effective, ensuring best value and best outcomes for children, young people and families. The plan for the underspend of the Community Mental Health funding therefore directly addresses three of the Partnership priorities of the Strategic Plan relating to early intervention; supporting greater determination and informed choice; and supporting people in their communities.
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Implications for Health and Social Care Partnership:

Reference to National Health & Wellbeing Outcome(s):	This funding will contribute to some of the key National outcomes. In particular, that young people are assisted to improve their own health; that their quality of life is improved; that the role of carers is enhanced and supported; and that the framework and funding reduces health and social inequalities through learning from lived experience. Such outcomes are aligned to the HSCP’s transformational agenda and the desire to shift the balance of care, and secure better outcomes for all children and young people living in the City. Good mental health and wellbeing remains fundamental to that aspiration.
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Personnel:	Some staff will be directly impacted through the additional resource, as they may be asked to work differently to continue to support the services and approaches which are effective in meeting children and young people's mental health needs. The aim is to promote a high quality and consistent preventative and early intervention response in order to avoid escalation and long delays for support, which may be exacerbated by waiting lists for services.
Carers:	Carers will benefit from increased mental health support and more seamless pathways into support, particularly in relation to responses to children and young people's needs which do not require more specialist support (e.g. from CAMHS). The aim is to provide a range of services which respond to the range of children and young people's needs, providing a range of effective approaches where a medical diagnosis is not appropriate/ required.
Provider Organisations:	It is estimated that 84 organisations in Glasgow City provide mental health support for children and young people. Detailed discussions are underway with GCVS and a range of stakeholders, as well as Scottish Government, to support the development of a 'whole system' of supports and services, which promotes a shared understanding of needs, and a more consistent response across the range of providers that contribute to improving children and young people's mental health and wellbeing.
Equalities:	The EQIA on the Children's Services Transformation Programme includes the range of supports being provided through this funding to meet the diverse needs of children and young people, and also the individual needs of the population of LGBT+ children, children with disabilities, children with Additional Support Needs and those with a range of neurodevelopmental needs. The Framework will also seek to provide earlier support to cohorts of children with protected characteristics, and some funding has been channeled into direct service provision (e.g. to support LGBTQI+ children and young people) and scoping work to better understand the needs of children and young people (for example, Black and Ethnic Minority children and young people; https://www.stor.scot.nhs.uk/handle/11289/580329) in order to improve the range and reach of services.
Fairer Scotland Compliance:	The proposals to enhance services to improve the mental health and wellbeing of children and young people will meet the wider strategic priorities of the IJB, including assisting young people to improve their own health,

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	improving their quality of life and reducing health and social inequalities.
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Financial:	<p>Scottish Government has allocated £636,728 from previous years' underspend to develop and expand community wellbeing and mental health supports. This report is seeking approval of the plan for this underspend, which is to be utilised by 31st March 2024.</p> <p>The existing HSCP workforce and our integrated Partners will provide additional resource to continue to support and develop a whole system approach to meeting children and young people's mental health needs.</p>
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Legal:	None
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Economic Impact:	There will be positive economic impacts at a local neighbourhood level as services are expanded to meet children and young people's mental health needs at tier one and tier two level, through preventing escalation to specialist services and mitigating the delays caused by inappropriate referrals to more targeted services (often in the absence of other appropriate supports at community level).
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Sustainability:	<p>This work fully aligns with the children's transformational change programme, the principles of GIRFEC and the Christie Commission report, which emphasise the need to improve preventative and early intervention support for children and young people. Given that the key point of leverage to deliver the transformational change programme is to develop practice at the frontline – at the point of interaction with children, young people and their families – the current workforce represents a considerable resource in terms of its contribution to achieving sustainable change across all supports and services, including those addressing children, young people and families' mental health needs.</p> <p>Fundamentally, a more effective and preventative approach towards children and young people's mental health may also divert demand from more targeted supports, and Adult Mental Health and Adult Services generally.</p>
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Sustainable Procurement and Article 19:	None
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Risk Implications:	Failure to approve and implement this plan risks not utilising the full funding available which may impact on
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	meeting the range of current, and emerging, mental health needs of children, young people and their families, particularly at Tier 1 and 2 early intervention level. Continuing challenges associated with the current financial climate and cost of living crisis are likely to exacerbate mental health issues for a prolonged period, which will have an impact on broader wellbeing outcomes if appropriate supports, similar to those outlined in this plan, are not in place.
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Implications for Glasgow City Council:	<p>This funding has the potential to develop a range of mental health and wellbeing supports for children and young people at tier one and two level, which will meet their needs earlier, and prevent escalation, thereby relieving pressure on more targeted supports, such as statutory Social Work Service, Specialist Children’s Services and CAMHS.</p> <p>This funding is also aligned to the £18 million invested by the City Council into services for children through the Community Fund and the £2.2m invested through the Care Experience Fund with Education. It should be noted that Scottish Government has also invested a further £1.3million into School Counselling.</p>
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Implications for NHS Greater Glasgow & Clyde:	<p>In line with the Greater Glasgow and Clyde Mental Health Framework and the Scottish Government framework, this funding aims to develop a whole system approach (aligned to aspirations of Getting It Right For Every Child) to meeting mental health and wellbeing needs, with a focus on shifting the balance of care and improving transitions to adult services. The alignment across GGC and GCC highlights the potential for improved integration and partnership working and an increased likelihood of meeting children and young people’s needs at a neighbourhood and community level. This should enable targeted supports to be directed at those most in need of specialist care and support. The aim is to reduce the number of inappropriate referrals and delays caused by waiting lists and to ensure a more seamless pathway into specialist care for the children and young people who require it.</p>
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Direction Required to Council, Health Board or Both	
Direction to:	
1. No Direction Required	<input checked="" type="checkbox"/>
2. Glasgow City Council	<input type="checkbox"/>
3. NHS Greater Glasgow & Clyde	<input type="checkbox"/>
4. Glasgow City Council and NHS Greater Glasgow & Clyde	<input type="checkbox"/>

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1. Purpose

- 1.1. The purpose of this report is to update the IJB on progress with the Community Mental Health funding for 2023/34; and to note the approval by the Chief Officer and Chief Officer Finance and Resources of the plan for the underspend under delegated authority, on the ground of urgency.
- 1.2. As IJB approval could not be obtained within the required timescale, and in view of the urgent requirement to spend all allocated funding by 31st March 2024, these proposals were approved by the Chief Officer of Glasgow City IJB and Chief Officer, Finance and Resources under the delegated authority set out in the [IJB Scheme of Delegation](#) to officers. The costs outlined below will be fully met from the [Scottish Government Funding for Improved Mental Health Services for Children and Young People 2023-2024 allocations](#).

2. Background

- 2.1 The IJB approved the [Scottish Government Funding for Improved Mental Health Services for Children and Young People 2023-2024 allocations](#) on 22nd March 2023, and the work is progressing well, with £1,704,802 committed of the original £1,755,000 to the 31st March 2024. The small projected underspend of £50,198 is mainly due to recruitment delays and staff turnover. Permission is being sought to utilise £11,857 of this projected underspend, along with the £636,728 granted in year, to complement current services and supports being offered to children and young people.
- 2.2 The monitoring report produced for Scottish Government demonstrated that 2514 children and young people have benefitted from the supports and services provided through this funding stream in the period from January to June 2023. Good feedback has been received about the range of supports, with examples from young people, families and practitioners provided below:

“Thank you for all the support, this has helped me pass through the difficult time” (Young person)

“Now we are getting the help and support from the proper services which my daughter needs.” (Parent)

“When I first met YP, he looked terrified, he froze, and I could see he was hiding behind his door... YP needed a trusted person to build a relationship with before he would open up. YP has now had that relationship, and it's resulted in positive things happening.” (Practitioner)

- 2.3 An additional £636,728 was awarded in year from previous years' underspend, which needs to be utilised by 31st March 2024. The original plan was to fund an extension to the Emotionally Based School Non-Attendance project, and permission was sought from Scottish Government to extend the project beyond the current financial year, which was granted last year. However, this was not agreed by Scottish Government, with the following feedback provided by the link Officer:

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“As the previous Minister decided that no further carry-over of this funding stream would be permitted, all monies will have to be spent on services provided by March 2024 rather than anything running to October 2024. Please be assured however that I appreciate the difficulties posed by single-year funding and will continue to explore the possibilities of longer-term funding.”

- 2.4 The plan is therefore to utilise the underspend to expand initiatives that are working well, and to introduce a number of small projects to meet children and young people’s mental health and wellbeing needs, in addition to some training opportunities in order to maximise the potential of the funding to achieve good outcomes for children, young people and families. The plan has been informed by the learning about what works, and by identifying gaps in current provision.

The full plan for the £636,728 granted in year, and a small proportion of the projected underspend for the current year (£11,857) is presented in Table 1, below.

- 2.5 A report was presented to the Chief Officer and Chief Officer, Finance and Resources on 13th December 2023 for approval under delegated authority (see attached at Appendix 1) on the grounds of urgency.

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Table 1: Financial plan for the underspend of £636,728 confirmed in April 2023 and £11,857 of projected underspend from current year's allocation			
Service/ support	Description	Cost	Additional information
Emotionally Based School Avoidance (EBSNA) Project	Extension of EBSNA service	£351,846	Extension to 31 st March.
Mental health lead training for schools	Expansion of mental health lead training to all schools	£40,000	Previously approved by IJB, so this funding would be to expand training, taking total spend from £80,000 to date to £120,000.
Trauma informed support for young people who are trafficked or seeking asylum	Specialist, trauma-informed support to young unaccompanied asylum seekers	£40,632	3-month project to support young people living in Glasgow City
4 corners city centre youth work, supported by Third Sector Interface (TSI) and a range of partners (working title: Common Ground)	City centre youth work led by TSI in partnership with HSCP, Police Scotland & 3 rd sector to further expand consultation with vulnerable YP congregating in city centre and respond to their need for support and local provision in their own communities.	£80,000	Coordination of work to support young people's mental health and wellbeing to prevent some of the outcomes associated with visiting the 'four corners'.

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Service/ support	Description	Cost	Additional information
Bespoke sports-based community work with Black and Ethnic Minority families.	Three months of enhanced activities with families including female-only activities to build self-esteem and address isolation and depression; culturally aware, anti-racist counselling provision; and creative arts projects for young people for families about mental health.	£30,000	Aim is to provide culturally aware approaches to promote self-esteem and wellbeing among Black and Ethnic Minority children, young people and their families.
Addressing mental health needs of show people, who were represented at recent HSCP equalities event	Focus will be on community outreach and recruitment of young Mental Health Ambassadors from the show people community across Glasgow, including a series of youth wellbeing events; community research to address barriers to support; and partnership working to enhance understanding of, and promote better use of, the statutory referral and support system.	£30,000	Aim is to improve targeted support for this community

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Service/ support	Description	Cost	Additional information
Community based counselling provision in children's houses	Community-based counselling to address People Achieving Change (Children's Champions' Board) mental health report recommendation to offer care-experienced young people on-site mental health provision	£13,770	3 days per week in-house counselling at 3 Children's Houses, beginning with approx. 6 weeks counsellor on-site, getting to know the young people, followed by regular counselling slots. Provision of on-site counselling to remove need for travel to appointments which is a potential barrier to engagement for young people.
Delivery of bespoke anti-racist, culturally informed mental health interventions in Glasgow secondary schools	Targeted sessional support within secondary schools	£5,220	To augment current counselling provision
Training courses for families to support their understanding and management of Neurodiversity	Provision of targeted training to develop families' understanding of managing Neurodiversity; 1:1 support and alternative therapies for parents.	£4,960	To continue to support families to understand and respond to children and young people's individual needs.
Parenting training resource for practitioners	Evidence based parenting programme licenses for Central Parenting Team and partnership practitioners	£25,790	Training resources to support parenting programme given recent increase in referrals to Central Parenting Team.

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Service/ support	Description	Cost	Additional information
Parent peer support	Expansion of successful parent/carer peer support work, supporting engagement with 3rd sector and HSCP partners to co-ordinate family support hubs in each locality of the city.	£3,967	Costing for additional 5 hours per week for HI practitioner to coordinate family support hubs
Budget for parent peer support groups	Funds to resource peer support groups locally including occasional venue hire; refreshments; budget to bring in additional inputs, e.g. community artist, holistic therapies etc.	£1,000	Cost of group provision
Sleep training	Sleep training for Health and Social Work practitioners to support parents and carers with more complex sleep issues to enhance mental health and wellbeing.	£21,400	To support families' understanding of how to support sleep, particularly in context of neurodiverse needs, in order to improve families' wellbeing
Total		£648,585	

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2.6 The projects will be taken forward in line with normal commissioning and procurement arrangements.

3. Recommendations

3.1 The Integration Joint Board is asked to:

- a) note approval by the Chief Officer and Chief Officer Finance and Resources under delegated authority of the plans for the underspend, on the ground of urgency: and
- b) note the approval was undertaken in consultation with the IJB Chair and Vice Chair.



Glasgow City Integration Joint Board

Report By: Mike Burns, Assistant Chief Officer for Children's Services

Contact: Dominique Harvey, Head of Planning for Children's Services

Phone: 07500 762840

<p>Scottish Government Mental Health Services for Children and Young People – 2022/23 Carry Forward</p>
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Purpose of Report:	The purpose of this report is to update the Chief Officer and Chief Officer, Finance & Resources (on behalf of the Integration Joint Board) on progress with the Community Mental Health funding for 2023/34; and to request approval of the plan for the underspend under delegated authority, on the ground of urgency.
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Background/Engagement:	<p>The Scottish Government has issued additional funding in-year for mental health support at tier 1 and 2 (non-clinical) community level, for service delivery and support costs associated with new and enhanced community mental health and wellbeing services for children and young people aged between 5 and 24, and their families and carers. This funding of £636,728 is an accumulation of underspend from previous years' allocations and must be fully utilised by 31st March 2024 or returned to Scottish Government.</p> <p>Options for utilisation for the funding have been generated via the Tier 1 and 2 Children's Mental Health Services Group chaired by the Head of Children's Services (North-East) as a sub-group of the Children's Wellbeing and Mental Health Strategy chaired by the Head of Health Improvement.</p>
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Governance Route:	The matters contained within this paper have been previously considered by the following group(s) as part of its development.
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	HSCP Senior Management Team <input type="checkbox"/> Council Corporate Management Team <input type="checkbox"/> Health Board Corporate Management Team <input type="checkbox"/> Council Committee <input type="checkbox"/> Update requested by IJB <input type="checkbox"/> Other <input checked="" type="checkbox"/> Not Applicable <input type="checkbox"/>
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Recommendations:	The Chief Officer and Chief Officer, Finance & Resources (acting on behalf of the Integration Joint Board) are asked to: a) Approve the plan for the underspend under delegated authority; and b) Note progress with the funding and outcomes achieved.
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Relevance to Integration Joint Board Strategic Plan:

This report outlines the plan for the accumulated underspend granted by SG in year to continue to deliver the tier 1 and 2 community level mental health supports in order to meet children and young people’s mental health needs, particularly where these do not require targeted clinical intervention, in line with the Scottish Government’s framework. This additional investment will continue to complement and strengthen current service responses, reflecting the aspirations of Getting It Right For Every Child (GIRFEC) and the current HSCP reform and change agenda, to deliver the *right help at the right time*. Furthermore, this investment will align the preventative spend in the City, ensuring that the whole system operates more efficiently so that support to children, young people and their families is coordinated and effective, ensuring best value and best outcomes for children, young people and families. The plan for the underspend of the Community Mental Health funding therefore directly addresses three of the Partnership priorities of the Strategic Plan relating to early intervention; supporting greater determination and informed choice; and supporting people in their communities.

Implications for Health and Social Care Partnership:

Reference to National Health & Wellbeing Outcome(s):	This funding will contribute to some of the key National outcomes. In particular, that young people are assisted to improve their own health; that their quality of life is improved; that the role of carers is enhanced and supported; and that the framework and funding reduces health and social inequalities through learning from lived experience. Such outcomes are aligned to the HSCP’s transformational agenda and the desire to shift the balance of care, and secure better outcomes for all children and young people living in the City. Good mental health and wellbeing remains fundamental to that aspiration.
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Personnel:	Some staff will be directly impacted through the additional resource, as they may be asked to work differently to continue to support the services and approaches which are effective in meeting children and young people's mental health needs. The aim is to promote a high quality and consistent preventative and early intervention response in order to avoid escalation and long delays for support, which may be exacerbated by waiting lists for services.
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Provider Organisations:	It is estimated that 84 organisations in Glasgow City provide mental health support for children and young people. Detailed discussions are underway with GCVS and a range of stakeholders, as well as Scottish Government, to support the development of a 'whole system' of supports and services, which promotes a shared understanding of needs, and a more consistent response across the range of providers that contribute to improving children and young people's mental health and wellbeing.
Equalities:	The EQIA on the Children's Services Transformation Programme includes the range of supports being provided through this funding to meet the diverse needs of children and young people, and also the individual needs of the population of LGBT+ children, children with disabilities, children with Additional Support Needs and those with a range of neurodevelopmental needs. The Framework will also seek to provide earlier support to cohorts of children with protected characteristics, and some funding has been channeled into direct service provision (e.g. to support LGBTQI+ children and young people) and scoping work to better understand the needs of children and young people (for example, Black and Ethnic Minority children and young people; https://www.stor.scot.nhs.uk/handle/11289/580329) in order to improve the range and reach of services.
Fairer Scotland Compliance:	The proposals to enhance services to improve the mental health and wellbeing of children and young people will meet the wider strategic priorities of the IJB, including assisting young people to improve their own health,

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	improving their quality of life and reducing health and social inequalities.
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Financial:	<p>Scottish Government has allocated £636,728 from previous years' underspend to develop and expand community wellbeing and mental health supports.</p> <p>The existing HSCP workforce and our integrated Partners will provide additional resource to continue to support and develop a whole system approach to meeting children and young people's mental health needs.</p>
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Legal:	None
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Economic Impact:	There will be positive economic impacts at a local neighbourhood level as services are expanded to meet children and young people's mental health needs at tier one and tier two level, through preventing escalation to specialist services and mitigating the delays caused by inappropriate referrals to more targeted services (often in the absence of other appropriate supports at community level).
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Sustainability:	<p>This work fully aligns with the children's transformational change programme, the principles of GIRFEC and the Christie Commission report, which emphasise the need to improve preventative and early intervention support for children and young people. Given that the key point of leverage to deliver the transformational change programme is to develop practice at the frontline – at the point of interaction with children, young people and their families – the current workforce represents a considerable resource in terms of its contribution to achieving sustainable change across all supports and services, including those addressing children, young people and families' mental health needs.</p> <p>Fundamentally, a more effective and preventative approach towards children and young people's mental health may also divert demand from more targeted supports, and Adult Mental Health and Adult Services generally.</p>
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Sustainable Procurement and Article 19:	None
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Risk Implications:	Failure to approve and implement this plan risks not utilising the full funding available which may impact on meeting the range of current, and emerging, mental health
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	<p>needs of children, young people and their families, particularly at Tier 1 and 2 early intervention level. Continuing challenges associated with the current financial climate and cost of living crisis are likely to exacerbate mental health issues for a prolonged period, which will have an impact on broader wellbeing outcomes if appropriate supports, similar to those outlined in this plan, are not in place.</p>
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<p>Implications for Glasgow City Council:</p>	<p>This funding has the potential to develop a range of mental health and wellbeing supports for children and young people at tier one and two level, which will meet their needs earlier, and prevent escalation, thereby relieving pressure on more targeted supports, such as statutory Social Work Service, Specialist Children’s Services and CAMHS.</p> <p>This funding is also aligned to the £18 million invested by the City Council into services for children through the Community Fund and the £2.2m invested through the Care Experience Fund with Education. It should be noted that Scottish Government has also invested a further £1.3million into School Counselling.</p>
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<p>Implications for NHS Greater Glasgow & Clyde:</p>	<p>In line with the Greater Glasgow and Clyde Mental Health Framework and the Scottish Government framework, this funding aims to develop a whole system approach (aligned to aspirations of Getting It Right For Every Child) to meeting mental health and wellbeing needs, with a focus on shifting the balance of care and improving transitions to adult services. The alignment across GGC and GCC highlights the potential for improved integration and partnership working and an increased likelihood of meeting children and young people’s needs at a neighbourhood and community level. This should enable targeted supports to be directed at those most in need of specialist care and support. The aim is to reduce the number of inappropriate referrals and delays caused by waiting lists and to ensure a more seamless pathway into specialist care for the children and young people who require it.</p>
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Direction Required to Council, Health Board or Both	
Direction to:	
1. No Direction Required	<input type="checkbox"/>
2. Glasgow City Council	<input type="checkbox"/>
3. NHS Greater Glasgow & Clyde	<input type="checkbox"/>
4. Glasgow City Council and NHS Greater Glasgow & Clyde	<input checked="" type="checkbox"/>

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1. Purpose

- 1.1. The purpose of this report is to update the Chief Officer and Chief Officer, Finance & Resources (on behalf of the Integration Joint Board) on progress with the Community Mental Health funding; and to request approval for the underspend under delegated authority, on the grounds of urgency.
- 1.2. As IJB approval could not be obtained within the required timescale, and in view of the urgent requirement to spend all allocated funding by 31st March 2024, the Chief Officer of Glasgow City IJB and Chief Officer, Finance and Resources are asked to approve under the delegated authority set out in the [IJB Scheme of Delegation](#) to officers. The costs outlined below will be fully met from the [Scottish Government Funding for Improved Mental Health Services for Children and Young People 2023-2024 allocations](#) .

2. Background

- 2.1 The IJB approved the [Scottish Government Funding for Improved Mental Health Services for Children and Young People 2023-2024 allocations](#) on 22nd March 2023, and the work is progressing well, with £1,704,802 committed of the original £1,755,000 to the 31st March 2024. The small projected underspend of £50,198 is mainly due to recruitment delays and staff turnover. Permission is being sought to utilise £11,857 of this projected underspend, along with the £636,728 granted in year, to complement current services and supports being offered to children and young people.
- 2.2 The monitoring report produced for Scottish Government demonstrated that 2514 children and young people have benefitted from the supports and services provided through this funding stream in the period from January to June 2023. Good feedback has been received about the range of supports, with examples from young people, families and practitioners provided below:

“Thank you for all the support, this has helped me pass through the difficult time” (Young person)

“Now we are getting the help and support from the proper services which my daughter needs.” (Parent)

“When I first met YP, he looked terrified, he froze, and I could see he was hiding behind his door... YP needed a trusted person to build a relationship with before he would open up. YP has now had that relationship, and it’s resulted in positive things happening.” (Practitioner)
- 2.3 An additional £636,728 was awarded in year from previous years’ underspend, which needs to be utilised by 31st March 2024. The original plan was to fund an extension to the Emotionally Based School Non-Attendance project, and permission was sought from Scottish Government to extend the project beyond the current financial year, which was granted last year.

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However, this was not agreed by Scottish Government, with the following feedback provided by the link Officer:

“As the previous Minister decided that no further carry-over of this funding stream would be permitted, all monies will have to be spent on services provided by March 2024 rather than anything running to October 2024. Please be assured however that I appreciate the difficulties posed by single-year funding and will continue to explore the possibilities of longer-term funding.”

- 2.4 The plan is therefore to utilise the underspend to expand initiatives that are working well, and to introduce a number of small projects to meet children and young people’s mental health and wellbeing needs, in addition to some training opportunities in order to maximise the potential of the funding to achieve good outcomes for children, young people and families. The plan has been informed by the learning about what works, and by identifying gaps in current provision.

The full plan for the £636,728 granted in year, and a small proportion of the projected underspend for the current year (£11,857) is presented in Table 1, below.

- 2.5 If approved a report will be provided to the IJB in January to note the approval under delegated authority, with this report requesting approval attached.

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Table 1: Financial plan for the underspend of £636,728 confirmed in April 2023 and £11,857 of projected underspend from current year's allocation			
Service/ support	Description	Cost	Additional information
Emotionally Based School Avoidance (EBSNA) Project	Extension of EBSNA service	£351,846	Extension to 31 st March.
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Trauma informed support for young people who are trafficked or seeking asylum	Specialist, trauma-informed support to young unaccompanied asylum seekers	£40,632	3-month project to support young people living in Glasgow City
4 corners city centre youth work, supported by Third Sector Interface (TSI) and a range of partners (working title: Common Ground)	City centre youth work led by TSI in partnership with HSCP, Police Scotland & 3 rd sector to further expand consultation with vulnerable YP congregating in city centre and respond to their need for support and local provision in their own communities.	£80,000	Coordination of work to support young people's mental health and wellbeing to prevent some of the outcomes associated with visiting the 'four corners'.

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Service/ support	Description	Cost	Additional information
Bespoke sports-based community work with Black and Ethnic Minority families.	Three months of enhanced activities with families including female-only activities to build self-esteem and address isolation and depression; culturally aware, anti-racist counselling provision; and creative arts projects for young people for families about mental health.	£30,000	Aim is to provide culturally aware approaches to promote self-esteem and wellbeing among Black and Ethnic Minority children, young people and their families.
Addressing mental health needs of show people, who were represented at recent HSCP equalities event	Focus will be on community outreach and recruitment of young Mental Health Ambassadors from the show people community across Glasgow, including a series of youth wellbeing events; community research to address barriers to support; and partnership working to enhance understanding of, and promote better use of, the statutory referral and support system.	£30,000	Aim is to improve targeted support for this community

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Service/ support	Description	Cost	Additional information
Community based counselling provision in children's houses	Community-based counselling to address People Achieving Change (Children's Champions' Board) mental health report recommendation to offer care-experienced young people on-site mental health provision	£13,770	3 days per week in-house counselling at 3 Children's Houses, beginning with approx. 6 weeks counsellor on-site, getting to know the young people, followed by regular counselling slots. Provision of on-site counselling to remove need for travel to appointments which is a potential barrier to engagement for young people.
Delivery of bespoke anti-racist, culturally informed mental health interventions in Glasgow secondary schools	Targeted sessional support within secondary schools	£5,220	To augment current counselling provision
Training courses for families to support their understanding and management of Neurodiversity	Provision of targeted training to develop families' understanding of managing Neurodiversity; 1:1 support and alternative therapies for parents.	£4,960	To continue to support families to understand and respond to children and young people's individual needs.
Parenting training resource for practitioners	Evidence based parenting programme licenses for Central Parenting Team and partnership practitioners	£25,790	Training resources to support parenting programme given recent increase in referrals to Central Parenting Team.

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Service/ support	Description	Cost	Additional information
Parent peer support	Expansion of successful parent/carer peer support work, supporting engagement with 3rd sector and HSCP partners to co-ordinate family support hubs in each locality of the city.	£3,967	Costing for additional 5 hours per week for HI practitioner to coordinate family support hubs
Budget for parent peer support groups	Funds to resource peer support groups locally including occasional venue hire; refreshments; budget to bring in additional inputs, e.g. community artist, holistic therapies etc.	£1,000	Cost of group provision
Sleep training	Sleep training for Health and Social Work practitioners to support parents and carers with more complex sleep issues to enhance mental health and wellbeing.	£21,400	To support families' understanding of how to support sleep, particularly in context of neurodiverse needs, in order to improve families' wellbeing
Total		£648,585	

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2.5 The projects will be taken forward in line with normal commissioning and procurement arrangements.

3. Recommendations

3.1 The Chief Officer and Chief Officer, Finance & Resources (acting on behalf of the Integration Joint Board) are asked to:

- a) Approve the plan for the underspend; and
- b) Note progress with the funding and outcomes achieved

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Direction from the Glasgow City Integration Joint Board

1	Reference number	DA131223
2	Report Title	Scottish Government Mental Health Services for Children and Young People – 2022/23 Carry Forward
3	Date direction issued by Integration Joint Board	13 December 2023
4	Date from which direction takes effect	13 December 2023
5	Direction to:	Glasgow City Council and NHS Greater Glasgow and Clyde jointly
6	Does this direction supersede, revise or revoke a previous direction – if yes, include the reference number(s)	Yes (reference number: 220323-9) Revises
7	Functions covered by direction	Children’s Services, Mental Health Services, Adult Services
8	Full text of direction	Glasgow City Council and NHS Greater Glasgow and Clyde are Directed to utilise the projected underspend of the 2023/24 Scottish Government funding and the projected underspend of the in-year funding allocation to continue to develop, improve and expand mental health services for children and young people according to the plans for funding outlined in this paper.
9	Budget allocated by Integration Joint Board to carry out direction	The funding allocated for completion of the Direction is comprised of £11,857 of projected underspend of the 2023/24 funding allocation, plans for which are being completed via Direction 220323-9, and £636,728 granted in-year.
10	Performance monitoring arrangements	In line with the agreed Performance Management Framework of the Glasgow City Integration Joint Board and the Glasgow City Health and Social Care Partnership.
11	Date direction will be reviewed	December 2024

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