

# Maximising Independence Briefing

Issue 1  
February 2021

## 1. Purpose of this briefing

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To inform you about the Maximising Independence Programme which will transform our health and social care 'contract' with the public to ensure a sustainable health and care system that meets the needs of Glasgow's communities and is fit for the future. 'Maximising Independence' is a working title, and the name may change as we hear from you, from our communities and the people who use our services about what best describes this new way of working together for everyone.

## 2. Key messages

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- The way we traditionally deliver health and social care isn't keeping up with changes in the population and rising demand. By transforming the way we work to reflect these changes we will support people to maximise their opportunity to live independently and achieve their full potential.
- We are transforming the way we support older people and adults so they can safely maintain their independence for as long as possible.
- People will have a more active role in making decisions about the choices that affect them, and they will be supported in these decisions.
- We share responsibility and ownership with our communities.
- The change in approach will involve and support everyone who supports and cares for others, from families and individual carers to voluntary and statutory organisations across the city.
- Maximising Independence builds on work we have been doing for a number of years to support people to stay safely in their own homes.

### 3. What is Maximising Independence?

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Maximising Independence means supporting people, who can and want to remain living at home safely for as long as possible with the right support in place. We know that the best health and care outcomes happen when people can self-manage and enjoy their independence.

### 4. Why are we doing this?

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The city's population is changing – more people are living longer, and we want to support our people, and those who care for them, to live well for as long as possible. Although this long-term demand for health and social care services is growing, the budgets available to meet that demand are not.

By transforming the way we care for people, we will reflect the way they live now, balancing the need for care and support.

We've already been adapting our services over a number of years to meet changing demand, but our staff, our communities and our partners now all recognise the need for more significant change, creating an opportunity for one of the most progressive transformations of our city's health and social care provision for generations.

### 5. What are we doing/what's changing?

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We're working together with our partners in a new way, to transform Glasgow into a city where everyone can achieve their full potential for health, well being and independence.

To achieve this vision, everyone in the city will have an active role and responsibility in making decisions. People's aspirations and wishes need to be recognised so that everyone can lead the life that they want as far as they possibly can. We're moving on from caring **for** communities to caring together **with** communities.

We're learning from different examples of leading practice in Glasgow and elsewhere to support individuals, carers, families, communities and organisations to come together to share opportunities and decision making.

A Maximising Independence Programme Board has been set up to lead the work, you can read more about the Board and what it's been working on [here](#). Work was paused to focus on the COVID-19 response, but it has now resumed and lessons from our shared pandemic response are being built into how we approach the Maximising Independence Programme.

### 6. Who will be involved in Maximising Independence?

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Everyone who works to support adults and older people across the city will be involved, whether they work for GHSCP or in local communities, third sector, independent sector, housing sector or our community planning partners. We will all be working together with

people and organisations across the city to achieve this change in approach. We are also working with the five other HSCPs in the Greater Glasgow and Clyde area to consider opportunities for how we might address similar issues in a consistent way.

## 7. When is this happening?

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As highlighted earlier, the change has already started – over the past few years we’ve adapted the ways we work to support people to live at home safely as long as possible, and helping them to return home from hospital in a safe way.

Now, we’ll be moving on even further, marking a fundamental change to models of care. We are still at the early stages of the journey, but ultimately, this will be one of the most progressive changes in the way we look at care in generations.

## 8. Where can I find out more?

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We’ll be sharing information regularly about what’s happening, how you can find out more and get involved through your regular communications channels. The MI Programme Board will also be publishing regular briefings as the Programme develops.

## 9. Contact

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If you have any comments or questions, or need this document in an alternative format, please contact us at: [MaximisingIPT@glasgow.gov.uk](mailto:MaximisingIPT@glasgow.gov.uk)

## 10. Read more

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If you’re interested in finding out more about the background and context to Maximising Independence, there’s a lot of useful information around, both from Glasgow and other areas.

Our journey will be unique to Glasgow so that we reach the best solution for what works best here, but we are always learning from experience in other areas and from other organisations who are also transforming the way they work to support the changing needs among their communities.

We will highlight material you may be interested in as we move through our transformation journey, and in the meantime, you can see some examples from other areas that may be of interest at the links below

Links to useful info:

- [IJB Report](#)
- [Wigan Deal](#)