



**North East Locality Focus Group
Thursday 23th March 1pm till 3pm 2023
Templeton Business Centre**

Present

Morag Skinner, Jim Skinner, John Ferguson. Susan Middleton.
Lorraine Kennedy, Ahlem Al Bashiri James Duncanson, Billy Kilpatrick.

Amy Holder Capacity Building Worker Mental Health Network
Tony Devine Community Engagement HSCP

Apologies

Ruth Matheson, Janette Whitelaw, Flo Collins, Agnes Brisbane
Marie Cairns, Alison Hay.

Item (1) Minute of Locality Engagement Forum meeting held on the
9th December 2022 moved by Morag Skinner seconded by John Ferguson

Item (2) Mental Health Network Service Provision in the
Northeast Presentation by Amy Holder Capacity Building Worker Mental Health
Network (Greater Glasgow).

The Mental Health Network is a charity which gives people with a lived experience of mental health an opportunity to participate in improving services. They are involved in several different workstreams, and are primarily funded by the NHSGGC to improve community and inpatient mental health care. All their members are involved on a voluntary basis; they are not a support service and do not offer mental health interventions.

Examples of some of the work members are involved in are listed below

Participating in research.

Developing mental health apps.

Viewing resources for different mental health services, ensuring materials are accessible.

Speaking to university students and trainee clinical psychologists.

Sitting on interview panels for senior NHS roles. Creating new materials and resources, supporting fundraising activities.





The Network recently received an award from GCVS Wellbeing Fund. The funding will be used to set up a Glasgow Young Adults Network, engaging with 18–30-year-olds in the interest of improving mental health provision for this age group.

There will be opportunities for young people to volunteer to co-facilitate this forum. The group will take place on Tuesday evenings and there will be opportunities to engage in focus groups, physical activities, art for wellbeing, among many others. The group will be running April–December 2023 with hopes to continue the work according to funding.

The meeting opened up to allow for questions.

Question.

LEF members asked if the recent refurbishment of the Networks premises had enabled them to improve service they were able to provide to their members.

Answer: Amy said that the refurbished offices created a much improved working environment for all the staff. Billy, a Network volunteer, said that all the members were pleased with the standard of the work and quality of the materials used. The refurbishment has created a pleasant and welcoming place for members to meet and support one another, and this has led to an increase in numbers attending the centre.

LEF members thanked Amy and Billy for their contribution.

If you would like more information, please contact: amy@mhngg.org.uk or the MHN office on 0141 550 8417.

Item 2 Parkhead Hub Update

Members were pleased with the progress of the work on the site and asked to be kept informed of future developments.

Meeting Dates for North East Locality Engagement Forum 2023

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| Thursday 9 th February | Time: 1pm till 3pm | Templeton Room 2 |
| Thursday 23 rd March | Time: 1pm till 3pm | Templeton Room 2 |
| Thursday 4 th May | Time: 1pm till 3pm | Templeton Room 2 |
| Thursday 8 th June | Time: 1pm till 3pm | Templeton Room 2 |
| Thursday 10 th August | Time: 1pm till 3pm | Templeton Room 2 |





Thursday 14th September

Time: 1pm till 3pm

Templeton Room 2

Thursday 19th October

Time: 1pm till 3pm

Templeton Room 2

Thursday 23rd November

Time: 1pm till 3pm

Templeton Room 2

**Venue Templeton Business Centre Templeton Building Two
62 Templeton Street Glasgow G40 1DA**

If you require any more information, please contact
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