



**Locality Engagement Forum Meeting
Thursday 15th November 2018
Glasgow Kelvin College Haghill
Glasgow G31-3SR**

Present

Morag Skinner, Mary Macpherson, Ruth Matheson, Jim Skinner, Janette Whitelaw, James Duncanson, Allison Lawson, Lorraine Kennedy, Marie Cairns, Jacqueline Murphy, Stephen McGuire Mental Health Network, Billy Volunteer Mental Health Network.

Tony Devine Community Engagement Officer.
Gary Dover Head of Planning and Strategy Children and Families

Apologies

Agnes Brisbane, George McGuinness, Flo Kennedy, Mary Ann Webster, Charlotte Levy, Nancy Humphries, John Ferguson, J. Bell, Ann Souter.

Minutes of the Locality Engagement Forum 6th September 2018

Minute moved Morag Skinner seconded by Janette Whitelaw.

Item (2) Matters Arising Glasgow Life Increase Charges response from Bob Peck Commercial Development Manager Glasgow Life

Forum members expressed their disappointment that Glasgow Life had so far not replied. They asked for a letter to be sent to the Chief Executive seeking a response to the points raised at their October meeting.



Item (3) North East Health and Social Care Hub - Gary Dover Head of Planning and Strategy Children and Families

Gary explained that the proposals will now be discussed at the Board meeting in December and if approved work would begin on preparing the Out Line Business Case. One member suggested sending information to the Lightburn Medical Centre. Gary agreed to add them to the distribution list.

Item (4) The Work of the Mental Health Network (M.H.N.) - Stephen McGuire

Stephen explained that the purpose of the Network is to influence NHS services, policies and to promote social inclusion for members of the Network by discussing issues that affect service users who wanted a greater say on how services and their treatment were.

The M.H.N. work with people with a lived experience of mental ill health to improve their treatment by helping them to become involved in the strategic planning and evaluation of mental health services.

They also engage with people receiving treatment and support for their mental ill health in order to allow them to comment on such services.

Friday Focus Group

The purpose of this group is to influence NHS services, Scottish Government policies and to promote social inclusion for members of the Network by discussing issues that affect service users who wanted a greater say on how services and their treatment were delivered.

Conversation Café

Conversation Cafe continues to run in partnership with Dennistoun Baptist Church every Monday from 1pm-4pm. Billy spoke about the willingness of volunteers to become involved in providing community based services. He felt that volunteers had a lot to offer based on their own personnel experience.

Write to Recovery

This is an eight week creative writing and self management course. Participants are encouraged to focus on their resilience and write and share about this.

Wellness Recovery Action Planning.

This is a two day course that many members of the focus group have completed. During these two days, a service user is asked to look at their lived experience of mental ill health.

Conclusions that came from discussions at the focus groups.

NHS and GP's seem to react better to crisis; therefore it is easier to get referred to a service when in crisis.

It is much easier to access help if you have just been in hospital.

Referrals seem to be linked better at this point and this can create a positive pathway for a service user.

No preventative programmes or processes that NHS workers or GP's can refer to.

Social Prescribing

An overall theme running through this series of focus groups was the lack of social prescribing. Along with it being viewed that medication was the first reaction of GPs, it is thought that if social prescribing was part of the initial reaction to any mental health issue then problems could be solved without such a long term reliance on medication.

Talking therapies seemed to always have a waiting list and it is thought that GP surgeries did not have the links or information necessary for social prescribing.

Members thanked Stephen and Billy for taking the time from their busy schedule to come along and explain the work of the Network and the local services being provided in the North East.

Item (5) Strategic Plan.

Consultation Events will be held in the Royal Concert Hall covering four different areas of service provision;

23rd November (AM) Children's Services

29th of November (PM) Older Peoples Services

6th December (AM) Adult Services.

Next Locality Engagement Forum meeting 13th December 2018

If you require any more information, please contact Tony Devine.

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