

### NW Locality Engagement Forum (LEF)

### NW Locality: Focus on Learning Disability Services Engagement Session on 31 August 2021 @ 2.00pm



### Introduction

Jackie Kerr, Assistant Chief Officer Adult Services and North West Locality, welcomed members of Locality Engagement Forums and the wider NW Locality partner and stakeholders to the online engagement session focusing on Learning Disability services and developments.

### Learning Disability Team: an Integrated Approach

Yvonne Johnstone, NW Service Manager, described the Locality Disability Teams multidisciplinary team's integrated approach which is person centred and aims to meet the needs of individuals in order to promote choice and independent living. There is 18 staff in the NW Team including social workers, psychologists, social care staff etc carrying out support needs assessments and working with carers exploring support options in the community.

### **Day Services**

Angela McHendry, NW Service Manager with responsibility for Day Centre services described the services provided from Riddrie and Carlton Day Centres, which both closed due to restrictions, during the pandemic. During that time staff provided outreach home visits or phone calls to support and provide access to services such as food delivery, Glasgow Helps services, online resources etc. Maintaining the link with day centre staff, a trusted friendly face, was vital and reassuring for service users during this often frightening, confusing and isolating time.

Connecting Scotland Funding allowed the HSCP to supply ipads to service users and carers in order to stay connected and access online resources.

The community based team normally worked with service users in community halls, swimming pools etc so they changed activities to outdoor activities such as golf, walks in the park and hill walking which proved to be very popular. Outreach and outdoor community supports will continue after restrictions are lifted as it proved very popular with service users, carers and families.



Both Day Centres have now re-opened offering 15 places per day but as restriction ease and the infection rate declines it is hoped to increase daily numbers attending. Day centre places are allocated on a needs based assessment using a traffic light system Red – high needs, Amber – medium priority and Green - low priority. It was noted that some service users were reluctant to leave home and return to the day centres so these service users will continue to receive home visits.

Another new development in the Day Centres is that two rooms have been set aside to enable visiting services such as OT, physio services, podiatry, nursing services etc to provide services.

**Q.** Is the visiting services open to anyone living in the community with a learning disability? (Colin Menabnay, Enable)

**A.** Presently this service is only available to daycentre service users but hoping to open up to the wider learning disability population as restrictions ease.

### Modernisation of Day Services

Angela advised that prior to the pandemic the HSCP had begun to look at modernising day services. The initial ideas and discussions looked at replacing the 2 existing day centres with two new centres – one 40 place unit and one 60 place unit - however the due to the learning and experience from delivering services during the pandemic the HSCP has decided to revisit the initial 'scoping out' exercise.

Our day centres had to close due to restrictions during the pandemic with services and supports delivered online, through outreach and community supports. The HSCP has decided to engage and consult with services user and wider learning disability community to find out what are the priorities and needs service users, carers and families. Should the building be more flexible – offering services like hydro therapy pools, be more of a community hub providing accommodation for health, counselling and visiting services etc? Just now the daycentres tend to provide services for people with high care needs - should the new centres provide services for a range of care needs?

### Q. How many people use the service? (Gordon McInnes, MHN)

**A.** We currently provide 90 places from the two Day Care centres and roughly 3,500 individual care packages across the 3 Localities.

Q. What steps are being taken to ensure service users are safe in our day centres? (Cllr Kerr)A. The HSCP followed Guidance from Healthcare Scotland such as reduced numbers, safe distance rules, staff double vaccinated, PPE in place, twice weekly staff testing etc

### **Central Review Team**

Lynn MacPherson, Service Manager advised the Central Review Team was created in 2019 to carrying out a structured programme of over 1600 service users care reviews. There are now plans to create Locality Review Teams which would continue to be managed centrally but will work closely with Locality Teams to continue to work through service user care reviews.

### Technology Enabled Care and Support (TECS)

Lynn advised that all care reviews will consider the use of Technology Enabled Care and Support (TECS) to enhance both day and night service provision. Initially TECS was being considered as an alternative to 'sleepovers' but the ethos has moved on to look at enhancing peoples' quality of life through the use technology.

In early 2019 two Connecting Neighbourhood pilot areas (in Castlemilk and Shettleston) were established to explore the use and potential of TECS to replace 'sleepovers'. Between the two pilot areas over 100 service users, their carers and guardians, families, local Care Providers, Advocacy project, SOL Connects (3<sup>rd</sup> sector TECS provider) worked in partnership to explore the potential of using TECS. A huge amount of learning has been gained through individual, family and group information and engagement sessions, completing care needs assessments and TECS risk assessments resulting in the development of a care assessment pathway, referral process and in May 2021 the SOL Overnight Responder Team went live. Three people went 'to trail' using TECS and now 2 people have changed to TECS overnight. Lynn assured participants that services users overnight staff remain in place during the TECS trial periods, A comment from one of the service users who has now transferred to overnight TECS was 'you believed in me'.

### **Q.** What does the change to TECS sleepover entail? (Kathleen Robertson, Cope)

**A.** It's very much a collaborative approach – empowering people. The assessments involves all relevant people in a person's life - the individual themselves, carers, guardians, family members, care providers and advocacy services. The Support Needs Assessment (SNA) begins with a discussion looking at personal priorities, goals and needs, then the Just Checking tool is used to build up a picture of a person care needs and if recommended a TECS risk assessment will be carried. Sol Connect submit a report to all the parties involved and discuss the findings before moving to trail period if recommended.

**Comment:** John Ferguson (NE LEF) was very impressed with the work going on in Learning Disability services and hoped the pilot could be concluded and rolled out across the city.

### Maximising Independence Programme.

Lynn MacPherson also spoke about the Maximising Independence programme which is changing the nature of care by looking at how to help people to stay in their own homes and communities, building capacity, supporting carers, early intervention and investing in preventative type of support. Shifting from responding to crisis to planned reviews and support. This programme requires a cultural change for both staff and service users. There are five work streams in the Maximising Independence programme

- Changing the way we design, commission and deliver care around/for the people we care for.
- Communities focusing on their assets as well as their needs.
- Workforce and Culture supporting changes in ways of working and culture.
- Health and Equality maximising wellbeing for independent living.
- Communications and Engagement focusing on communicating and involving people in this change process.

### Family Group Decision Making

This way of working started in Children and Families work - putting the child/children at the centre of the family and developing a care plan and support around the child/children. This way of working is at the early stages of being introduced into Adult services work.

### Carers Services

The Carers Centres have continued to operate throughout pandemic – adapting services to support carers and families. At the beginning of the pandemic some families were reluctant to allow staff into their homes and the HSCP responded by arranging visits/doorstep contact in the garden, external services to provide respite, signposting, telephone support etc There is plans to set up a carers support group in each locality and open a weekly help line in each of the Localities. Jackie Kerr reassured the audience that "we are now stepping up the number of carers assessments and young carers statement". It was noted that some carers don't recognise themselves as carer so don't access services or support groups.

**Q** What feedback has been gathered from carers on what that they gone through? It has been very difficult time for carers coping with increased caring responsibilities for over 18 months resulting in many carers being physically and mentally exhausted? (Gordon McInnes, MHN) **A** Jackie Kerr said that this was a good point and suggested contacting Fred Becket to find out if carers had been asked what the impact the pandemic has had on them and how we move forward with the service recovery.

Action: contact Fred Becket and circulated response to participants.

Q. Is the needs and priorities changing for younger carers?

**A.** Many children with additional needs go to main stream schools and a young person does not automatically go to a day centre. There are more options now available - employability opportunities, college courses, one to one support etc – it is no longer 'one model suits all'.

Angela advised the HSCP working in partnership with Glasgow Life tackling inequalities by exploring the possibility of introducing a new holiday service that would provide places at sports and leisure facilities for service users during the summer and holiday periods

### Supported Employment

Angie Black, HSCP Service Manager – Glasgow Supported Employment Services spoke about services available to assist young people transition from Youth to Adult Services. Many who have mild to moderate needs are attending local colleges or are accessing supported employment opportunities such as Project Search which is an NHS work experience initiative for young people. An example of the success of Project Search is that 40 graduates have found permeant employment within the NHS. But there is uncertainty with future funding due to Brexit, as some of these initiatives are 40% funded by European Social Fund which ends in 2023. Angie is also working on a one year business led transition programme for young people with a learning disability or autism.

**Comment:** Gordon said he knew from his own experience the challenges of finding employment opportunities for young people with learning difficulties or autism and he appreciated the passion Angie had for her work.

### Fortune Works – Enable

Anne Ainsworth, Manager – Fortune Works spoke about their service how it had responded to the challenges brought by the pandemic. They had very little time to organise the change from a face to face service to a virtual service model but they were able to achieve the transition online due to support they received from Communities Scotland who provided IPads and other I.T. equipment.

Fortune Works have gradually introduced more outdoor activities such as the 20 new allotments and created common outdoor spaces in order to run a programme that offers diverse training opportunities with a focus on personal and social development. Fortune Works presently provides a service to 104 service users and it is hoped to be at full capacity with 117 places in the very near future.

Jackie Kerr spoke about the importance of giving service users a voice and invited Fortune Work and Enable to capture and contribute to the HSCPs Strategic Plan engagement and consultation which is due to begin later this year.

### **Final Comments**

Jackie Kerr spoke about the benefits and proposal of introducing an integrated service model of care for Learning Disability – a multi-disciplinary joint team of both health and social care/worker staff. A report outlining the proposal would be going to the HSCP Integrated Joint Board for approval in the near future.

Jackie thanked all the presenters and participants for a very informative exchange of information and discussion.



Glasgow Supported Employment Service

The Glasgow Supported Employment Service is a team of job coaches who can support people with learning disabilities and/or autistic spectrum conditions move into full time paid jobs. We know that getting a job is important for people with a learning disability and/or autistic spectrum conditions but that finding and keeping a job can be difficult to do on your own. Our job coaches can support you with this.

### THE SERVICE WILL HELP YOU:

- get a job
- develop skills
- be more independent
- gain more confidence
- prepare for your future



#### Who should use this service?

- adults, aged 16 years or over
- with a learning disability and/or autistic spectrum condition
- living in Glasgow City Council area
- who would like a paid job over 16 hours/week





# Before you start work the job coach will:

- work with you and others who know you to build up a picture of what you can do and what job you really want
- give you the chance to try out different types of work so that you have a better idea of what you would like to do
- help prepare and accompany you to job interviews
- work with you and employers to get the right match for you
- support you to access any benefits advice relating to employment so that you know how getting a job will affect your benefits

# When you start work the job coach will:

- provide job coach support to you on site until you and your employer are confident that you can do the job on your own
- be able to provide support if there are problems at work

### **Glasgow Supported Employment Service Contact Details**

If you require this information in another format or language, please contact the service using the details above.





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# DFN Project | SEARCH

A business-led, one-year transition to employment programme for young people with learning disabilities and autism.

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# **Transforming Lives**

Sixty per cent of our graduates secure a paid job of over 16 hours per week, creating life changing opportunities and transforming outcomes for young people with additional learning needs.

We offer an evidence based model and professional resources that delivers results through developing great local relationships with high aiming and committed partners.

## To find out more contact:

### www.dfnprojectsearch.org

supportedemployment@glasgow.gov.uk

### **DFN Project SEARCH**

Bridge House, 181 Queen Victoria Street, London, EC1V 4EG

+44 (0)203 955 5280

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# DFN Project | SEARCH 💝

DFN Project SEARCH believes that everyone deserves the right to aspire to the very best future, yet nationally only 5.9 per cent of people with a learning disability who are known to local authorities go on to secure full time paid employment. Our vision is to ensure that everyone with a learning disability or autism can attain high-quality employment in their local area. Our approach is so much more than work experience or a supported internship. It's education at its very best as students get to use and apply their learning every day, ensuring that they are ready to move seamlessly into the workplace as skilled and effective employees.

### Learning at its Very Best

DFN Project SEARCH students throughout the country are already seeing the benefits of the innovative learning experience and the opportunity to fully immerse themselves in the host business. Our unique programme is changing lives for the better, bringing students:

- Competitive, transferable and marketable job skills
- Increased independence, confidence, and self-esteem
- 800 hours of structured support from instructors, work coaches, host business managers and mentors

### Accessing a new Talent Pool

Our programme is bringing tangible benefits to employers across the UK.

- Access to a new, diverse, talent workforce with skills that match labour needs
- Improving performance and retention in high-turnover or hard-to-fill posts
- Transforming the life chances of young people with additional needs

## To find out more contact:

### www.dfnprojectsearch.org

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### IMPROVING MODERN APPRENTICESHIPS



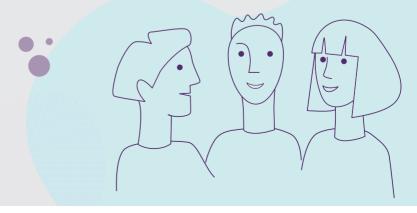
a supported work experience programme for young people with autism

This Young Person's Guarantee funded programme has been designed by Glasgow Supported Employment Service and delivered in partnership with Glasgow City Council. The aim is to help young people with autistic spectrum conditions who are almost ready to begin employment but need some extra support and training before getting there. It will allow young people the opportunity to gain valuable work experience and develop the skills and confidence they need to apply for an apprenticeship.

Participants will be placed into a work placement within Glasgow City Council for between 18 - 30 weeks and will be supported by a dedicated job coach who will help them learn new tasks, settle into the work place, introduce them to a work place buddy and support them to apply for a Modern Apprenticeship when they become available.

### Before a participant starts a placement, the job coach will:

- work with them and others who know them to build up a picture of what they can do
- work with departments to try and get the right work placement for each individual
- support them to access any benefits advice
- pre placement training



### Where will participants be placed?

The job coach will try and ensure a good match in the work placement but this is dependent on where modern apprenticeship vacancies are likely to become available the following year.

### Eligibility

The programme is for young people aged between **16 -24 years** who live within the Glasgow City Council geographic boundary. Applicants must make a commitment to the programme, be willing to travel independently, sustain excellent attendance on placement and be educated to **SCQF 4 (Nat 4) English or Core Skills level 4.** 

### Will participants get paid?

Participants will receive out of pocket expenses to cover travel and lunch money.

# Can participants still apply for apprenticeship vacancies whilst on the programme?

If any young person is progressing well and a suitable Modern Apprenticeship (MA) is advertised, they will be supported to apply if they wish to do so. For those who do not secure an apprenticeship, ongoing support will be provided by Glasgow Supported Employment Service.

### Start date: August 2021

Janice Quinn 07717 362 234 Janice.Quinn2@glasgow.gov.uk

### Glasgow Supported Employment Service

Martyrs' School, 17 Parson Street, Glasgow G4 0PX





