



North West Locality Engagement Forum

Thursday 23 May 2019
10.00 – 12.30pm
in
Maryhill Health & Care Centre
Gairbraid Avenue, Glasgow

Agenda

Welcome and Introductions (Robert Smith, Chair)

1. **NW LEF Minutes – 18 April 2019** **10.00 – 10.10**
 - i. Matters arising
2. **Distress Collaboration Update**
(Fiona McMahon, HSCP Service Improvement Manager and
Joan Blackwood, HSCP)
10.10 – 11.00

Tea Break
3. **Children and Adolescence Mental Health Services (CAMHS)**
(Dougie Fraser or Donna Maclean, HSCP)
11.15 – 12.00
4. **Public Engagement Committee – 29 May 2019** **12.00- 12.15**
5. **AOCB** **12.15 – 12.30**

Date of Next Meeting – 27 June 2019 - Maryhill H & CC @ 10.00am

NW LEF Meetings – 2019

- 22 August 2019 – venue to be confirmed
- 3 October 2019 – venue to be confirmed
- 14 November 2019 – venue to be confirmed



Minutes of NW Locality Engagement Forum Meeting held on 18 April 2019

Attendance

Robert Smith	Alan McDonald	Ann Kilgour	Winnie McPhail
Roy Greatorex	Mary McShane	John McVicar	Alan Gow
Janice Walker	Lilian Woolfries	Nicky Neilson	Mr Jamil

Apologies

Rita Hepburn	Sadie Gordon	Jean Dougan	Muriel Anderson
Margaret Smith	Florence Alison	Mark McBay	Abdul Benjelloun
Jane Maguire	Gordon McInnes		

In Attendance

Lorna McIlreavy (Scottish Health Council),
 May Simpson (HSCP)

Robert Smith welcomed everyone to the NW Locality Engagement Forum meeting. Apologies noted.	
1	Report of NW LEF Event – 21 March 2019 – content noted i. Matters Arising - none
2	Recovery Services (Natalie Manly and Eddie Kearney, Recovery Communities, NW Locality) Natalie provided a summary of the background, priorities, number of groups organised and services provided by the NW Recovery Communities. She illustrated the Women’s Meditation, Women’s Network and Men’s Mindfulness sessions as well as the Alcohol Free events such as Hip Hop, Family Days etc. Natalie also described the ROSC – Recovery Orientated System of Care – family work, strengthening bonds with families, homework club strengthening connection to the community etc Eddie described his role as a Link Worker, peer support offered, developing relationships with other voluntary organisations operating in the area and the volunteer development programme– with clear pathways, supervised development plans, training opportunities, referrals and signposting and building up self esteem. Many volunteers go on into paid employment. A number of points were discussed – ‘the first step to recovery’, drinking too much, carers role, homelessness and links with mental health and wellbeing. Eddie described his liaison work with the Prison Service and Pharmacists to promote the recovery message and his first contact is ‘identifying with people with lived experience’, building

	<p>trust and supporting them take the first step.</p> <p>Lilian felt that the methadone programme was not a success and people were on it long term – swapping one addiction for another and not healthy for the individuals on the programme. The rise in HIV was also noted. Eddie agreed that that there had to be a supported ‘exit’ strategy for people. John felt that the Recovery Communities offered a lot of learning and pathway for people able to take it. It was felt that GP’s could play a bigger role on referral to the Recovery Communities services and Glasgow Council on Alcohol.</p>
3	<p>Marie Curie (Margaret Muir, Community Engagement Officer, Marie Curie) Margaret provided the members with an overview of Marie Curie’s vision and mission, teams and services, helper volunteer role and information on the Information and Support Line.</p> <p>The members discussed the cost of the advertising campaigns verses the amount raised, the day therapy provided by Marie Curie and the Feel Good Friday sessions in Stobhill. Margaret it was important to get the message and services out to the community, GP and service in order to encourage early referrals. John shared with members his disappointment and experience of Marie Curie services.</p>
4	<p>NW LEF Terms of Reference</p> <p>(i) Annual Review – no changes. It was noted that members who had not attended 3 or more meetings without apologies had been written to see if they wished to continue as a member. If there was no response it would be assume they were no longer a member on the NW LEF. The membership of the NW LEF would be renewed next year April 2020</p> <p>(ii) Election of Chair- Robert Smith nominated by Mr Jamil and seconded by Alan Gow – no other nominees. All agreed Robert Smith elected as chairperson</p> <p>Election of Vice Chair – Sadie Gordon nominated by Robert Smith and Roy Greaterox. Alan Gow declined to be nominated. All agreed Sadie Gordon elected as vice chair</p>
5	NW LEF Planning and 2019 – 20 Meeting Dates
6	AOCB Nil
	<p>- Date of Next meeting – 27 June 2019 - Maryhill H & CC @ 10.00am Speakers - Distress Collaboration and Young People’s access to Mental Health services</p>